

Tuntable Falls Community School



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This term our Tuntable Falls pre-schoolers have been tending two vegie patches in the Stephanie Alexander Kitchen Garden, next door at the primary school.

We started from the beginning, having to first pull out nut grass and balloon vine that had started to grow over the summer break.

"The grass is easy to pull out, but the vine is hard because it's all tangled up," Sofia said.

Then we prepared the soil by turning it over and adding worm castings from the worm farm.

The following week we planted lots of lettuces, bok choy, beans and cherry tomatoes. We added mulch around them and gave them nice healthy drinks of water.

"Mulch helps the ground stay wet then the plants grow better," Escher explained.

Since then we have been visiting weekly to see how the plants are growing and adding more herbs and



Tending two vegie patches

vegies if we find that there is room for them. We have added some beetroot and cauliflower to fill some gaps and learning to take more care with planting our

seedlings.

We are all looking forward to having a nice fresh salad with our lunch before the end of term. And we will continue to tend to our

gardens throughout the year and use the produce in our kitchen.

"They're growing so fast maybe next week," Zephyr said hopefully.



BUILDING ON RELATIONSHIPS

by Leanne Logan

'Relationships' was the natural theme to base our Term 1 curriculum on at Cawongla Playhouse. It's proved to be a subject of rich learning.

From exploring our own families and homes, we've extended our scope to our preschool, our community and our wider environment. The possibilities have seemed almost infinite.

We've examined our preschool building - its history, where we go in an emergency, what it's made from.

This took us to reusable materials, and what that means. "I reused wood from Kyogle," Charlie explained as he drew a picture of his home.

We gathered a multitude of recycled cardboard boxes and sticks to create homes and a community, within our community.

Andi and Sage built connecting roads,

and made egg-carton inhabitants. Crepe paper flowers and trees sprouted. So did conversation.

"I feel safe at home," Andi said.

"No!" said Zara, "there are wild dogs!"

Putting the lens on our community has helped us focus on the bigger picture - our relationship with everything that calls Cawongla Playhouse "home". Native bees, autumn fungi, pecan trees...

Ola noticed that some fungi "smell bad" - sensory perceptions.

Sage's thoughts took her to scientific connections: "It (fungi) grows when it rains on dirt."

During a visit to preschool by a native bee specialist, Noah theorised that: "Bees eat each other to save their babies."

In the end our relationships, in all their broad terms and meanings, boil down to respect and gratitude - keys to our philosophy at Cawongla Playhouse.

Fostering environmental responsibility

by Polly van der Glas

It has been another fun and dynamic month at Tuntable Falls Community School. Being positioned in such a stunning natural rainforest and within the Tuntable Falls Community with strong core values around appreciating and protecting our natural environment, our kids are provided with a solid backdrop for developing responsible environmental ethics. As a parent passionate about the environment and how climate change could affect subsequent generations, I am grateful that these attributes are being fostered in my child, and I have often found myself wanting to attend the interesting learning opportunities our children are receiving!

This month our children welcomed Jo Low Impact - an informative guest who shared with us her creative, resourceful and environmentally considerate way of life. Jo Low Impact (aka Jo Nemeth) is passionate about reducing her environmental footprint, and her determination led her to begin a journey in 2015 to live a low-impact life without using money. Her fascinating and beautiful commitment has enabled her to develop and forge a strong community around her enhanced by exchanging gifts and sharing resources, she has also reduced much of her waste - living off the rubbish of others so she doesn't need to consume as many



new resources. Along the way she has also discovered that this new way of life has reduced her level of stress, and has enabled her to help others more.

Having access to the creative and responsible insights of people like Jo is a fabulous way for kids to reset the frameworks they are likely absorbing of what our broader mainstream culture encourages us all to aspire to, and holds up as examples of 'success'. The children interviewed Jo and recorded her answers on video camera. Some questions were "do you like being poor?" and "do you live without chocolate?". Jo explained that she didn't actually consider herself poor as she has everything she needs. And she has kind friends around her who occasionally gift her chocolate!

Another recent exciting addition to our

school is The Makers Space. Designed to increase the children's engagement with science, technology, engineering and mathematics, it also creates a space for constant reflection and discussion of environmental ethics. In this fun, hands on space, the children have access to tools and a range of discarded mechanical and electronic items to deconstruct. This is growing into a creative learning space where kids can develop an understanding of how working mechanical parts go together, speculate about why the object was discarded or where it broke, find out about the resources and materials that were required to make it, and how they can be repurposed, recycled, or made into art. These learning opportunities encourage contemplation and discussion about technology, its uses and benefits, its environmental and social costs, sustainability and consumption. These discussions fit into the broader themes of Jo's visit.

It is inspiring and essential that this new generation we are growing is nourished and guided by invigorating, responsible learning about sustainability and appropriate technology, and I am proud that these opportunities are being offered in abundance at Tuntable Falls Community School. If you have any tools or broken mechanical or electronic items you would like to donate to the school, please get in touch.

Student leader inductions



Nimbin Central's Student Representative Council 2018 with SRC co-ordinator Mr Anthony Neenan



Left: Primary captains and school captains cut the cake

School Representative Council Members

Year 7
Tama Warran-Poad
Savannah Trezise

Year 8
Khatia Kovac
Luka Kovac
Hamish World
Tyler World

Year 9
Evy Mitchell
Ethan Poteils
Julian Rooney
Bonnie Whitney

Year 10
Grace Bellamy
Kai Prikulis

Year 11
Jaliah Carlyle-Harris
Sammaya Okan
Caydan Douglas
Jaiden Bell

School Captains

Secondary
Lakiesha King
William Beddoes

Vice Captains Secondary
Kiara Johnson
Banyan Freeborn

School Captains Primary
Nikita Rogers
Ceejay Whitney

Vice Captains Primary
India Tapp
Jett Martin

In March, the student leadership team at Nimbin Central School was officially inducted.

To a packed assembly of parents, students and teachers, the School Captains and Student Representative Council (SRC) representatives pledged their dedication to the role.

The SRC meets weekly to discuss issues that affect the student body and how the School can be enhanced. Projects already planned by these school leaders include improved recycling, installation of water filters and some exciting fundraising.



The swimming carnival was a brilliant day for Nimbin Central School

Secondary Swimming Carnival 2018

by Brad Clarke

NCS secondary students had the opportunity to compete at the annual swimming carnival in March. We were lucky to have a break in the

weather to enjoy the day.

The carnival began with students completing a water competence assessment, followed by the warm up activity, which was the popular inflatable rocket run!

Competitive events followed with all freestyle, breaststroke, backstroke, butterfly and relay races being completed, along with a fun inflatable flamingo relay to finish off the day.

Results Category	Student Name	Points
Year Champions:	Ellen Adlington	24
	Ashja Ter Maten	18
	Luka Kovac	30
	Tjala Nguyen	15
	Grace Bellamy	7
	Cooper Jobson	20
	Bennett Horsefield	33
Novelty Rocket Champion:	Gwyn Bjaaland	11
	Year 7	192
Highest Point Tally	Year 12	4.5
Highest Average Points Per Swim	Year 7	6.9



By Oscar Myles

Lots of decorations at Learning centre



As Easter was approaching, the educators of Nimbin Early Learning Centre have been busy making lots of decorations to place around the centre like Easter egg collage craft, and making baskets out of recycled milk bottles.

The 4-5yrs group made grass heads by using grass seeds, potting mixture and a photo of themselves. The children would water them daily, to then watch the grass grow before trimming them as they became too long.

The children loved to watch them grow as

the grass began to look like their hair.

We also have started a family wall which is a family photo of the children and their families. This is a great way to introduce family involvement and allow the children to feel more belonging in their environment.

Our educators are Carina, Annalyce, May and Isabella. Please feel free to call the Nimbin Early Learning Centre, which is open Monday to Friday 8.30am – 5pm, on 6689-0142.



Car wash fundraiser

Coffee Camp Public School is having a car wash fundraiser on Friday 6th April, between 1.30-3.30pm. \$5 for a spotless car. Real coffee and homemade cakes available. Please come and support the students.

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BARKERS VALE PUBLIC SCHOOL

Kyogle Road, Wadeville Kath Johnston, Principal

Phone: 66897202 or Email: barkersval-p.school@det.nsw.edu.au



by Rebecca Ryall

We are fast approaching the start of another season of football at the Nimbin Headers Sports Club, and it's shaping up to be a great one!

We have over 170 registered players so far, and are fielding six teams in the MiniRoos (under 12 comp), four in the Junior League (12-16 years) and five senior teams – two womens and three in the mens.

Training has begun down at the fields on Thursday afternoons from 4pm for MiniRoos, and 4.30pm for Junior teams, and the turnout so far has been great. It's wonderful to see such enthusiasm in the kids, and the awesome efforts of our coaches and Coach Coordinators, all of whom are volunteers.

On Thursday 22nd March we

held our 'Bring a friend and have a go' social training session and despite the rain the field was full of enthusiastic youngsters joining with friends old and new to kick off the season.

This was an opportunity for younger kids who may have wanted to see what this soccer gig is all about – a low stress introduction into the game – and we were happy to see a healthy number of new registrations result.

While we have already nominated our junior and senior teams, there is still time to register, and we are actively seeking players for the U15 junior side. New or experienced players born 2002 and 2003 are encouraged to join.

This is a mixed team, so boys and girls are both eligible to play, and

they're playing in the first division for their age group, so it looks to be an exciting season for this team.

Games for this league begin on the weekend of 7th-8th April so don't delay!

All Junior and Senior competitions begin the first weekend in April and we have huge weekends scheduled down at the club for the first two weekends in April, with 13 games scheduled over the four days.

The canteen will be operating and we invite everyone to come down in support of our players.

Games for MiniRoos commence on the first weekend in May and we would like to increase our player numbers in these teams before then.

We are specifically seeking players born in 2012, 2013 for the U5's and 2008-2010 for the U9's and U10's so

we can fill these teams prior to the season commencement.

Commitment is one training session per week and one Saturday game. The benefits include increased social connection and self-confidence and a healthier lifestyle.

Volunteers are working hard behind the scenes to make this the best season yet for our club. There are big changes afoot at the canteen, with a dedicated team committed to making ours the best and healthiest canteen on the North Coast. Make sure to check it out next time you're there.

We have launched our new inclusion program, and adopted our inclusion policy, aimed at embedding equity of access across all levels of our club:

"Nimbin Headers values and supports diversity and actively encourages participation across all aspects of our club (players, families, coaches and volunteers), regardless of age, race, gender, religious affiliation, sexual identity and ability. We are committed to providing a healthy sporting environment which is safe, equitable and inclusive."

Our coaches are focusing on fun and skill development as a way of ensuring the football experience benefits all players. We acknowledge that team sport is an important contributor to a healthy childhood and increased sense of belonging.

Everyone has something to

contribute, and our coaches would like to help our players learn about themselves, and develop their own unique skills and attributes. We look forward to watching the kids develop over the course of the season.

The grounds are looking well-loved thanks to the efforts of our hard-working volunteers. We have new stands and player shelters as well as a new and enormous net to protect the house and yard of the neighbours from errant balls.

We did, unfortunately, suffer TWO break-ins during the month of March, which is distressing for those of us who give up our time to keep everything running smoothly.

As a result, we have been forced to ramp up our security and join the CCTV revolution. We thought heavy padlocks would do the trick, but it seems there is no padlock heavy enough to stand between a thief and their potato chips.

We are a community club, we are of and for this community. We implore you to help us keep our club safe from intruders. Don't be afraid to step in if you see or hear something unusual. Call the cops if need be.

As usual, a big thank you goes out to our sponsors and supporters, and we extend a warm invitation to the whole community to join us down at the Headers sports field for the first games of the season on Saturday 7th April. Go the mighty Headers!

Local runner wins medals at State Championships

by Michael Frey

Nimbin's own champion young athletes Daniel and Mikayla Frey recently travelled to Sydney to represent their club and our North Coast region at the NSW Little Athletics State Championships, held at Olympic Park Athletic Stadium on 23rd-25th March.

It was a successful trip, with Daniel beating his personal best shot put throw, and Mikayla improving her personal best sprint times on six occasions, as well as winning two medals. The State Championships are the culmination of the Little Athletics NSW 2017-18 season that began last September.

The siblings are members of the Lismore Little Athletics Centre and have excelled in only their second season of track and field, enjoying a season of success, greatly improving their personal bests, and winning numerous medals.

Their love of athletics was shown in dedication to hard work in regular training and demonstrated in competition results, firstly in winning seven medals between them at the Northern Rivers Zone Championships held at Nambucca Heads in December 2017.

From this, they were selected in the Zone team to compete at the Regional Championships that were held in Tamworth in early February 2018 – a prerequisite to qualify for the State titles.

There, Daniel won gold the Under 11 boys shot put, and bronze in the 1100m walk; Mikayla won gold in the 70m, 100m, 200m, and 400m sprints (setting new Regional records in the 200m and 400m events).

In Sydney, the youngsters enjoyed the



big crowds of spectators and high level of competition, coming up against some of the best athletes in the country. Daniel threw a personal best of 10.01m in the Under 11 boys shot put, narrowly missing the final and placing 15th in the State.

Mikayla made the final of all four running events she entered in the Under 9 girls, setting new personal best times in each event, and won silver in the 400m, and bronze

in the 200m sprint.

Her 400m final was an outstanding race, with Mikayla leading for about 390m of the race with the winner Keira Toohey just getting past her on the finish line.

Only 15 hundredths of a second separated them, and they recorded the two fastest U/9 girls 400m times run in Australia in the last few years (69.40 and 69.55secs respectively).

It was absolutely thrilling to see such an exciting finish from two athletes who have trained hard and shown discipline and determination beyond their years to achieve so high at such a young age! Inspirational to all who witnessed it.

To stand children in good stead not just in fitness and other sports but throughout their life, Little Athletics contributes to the development of the fundamental skills in running, throwing and jumping by personal improvement and participation and, at the same time, emphasises family values and enjoyment.

Karate heads to the beach



by Sensei Rachel Whiting

The month of March saw our karatekas head to the beach for some traditional nature training. Nine Senior Class and nine Junior Class students made it along for the morning at Brunswick Heads dog beach.

Senior students trained in the sand, striking into it, sliding feet through it, and learning founder Sensei Miyagi's eye exercises, before heading into the water to learn how to train in 'moving sands'. This meant holding your ground when there was none! And keeping your centre, learning to 'flow' with the movements of the ocean, practising timing with the waves, and finding our voices so we could be heard loud and clear over the tumbling waters around us.

Juniors joined us after an hour and Seniors partnered up with them – a rare opportunity for our little

members to meet humble, respectful, kind, strong mentors. After going over basics in a circle on the sand, Juniors worked on blocking and striking with their big Senior opponents. What a difference in their focus and determination when met with such a challenge!

Then the real fun began, entering into the waves with kicks and strikes, facing a sense of fear at the looming ocean waves, moving forward in solidarity together, older students supporting and encouraging the smaller ones. Onlookers were mesmerised!

Soon we split again, and Seniors worked with Seniors, sparring in various forms in the waves, with take-downs, holds and strikes amongst the ocean waves. We stayed nice and cool, very refreshing training from the dojo saunas we've experienced lately.

Everyone came out with big smiles, and one young boy quietly overcame his fear of the ocean that day. Before he would never enter the water beyond his ankles. Now he goes regularly with his mother and jumps straight into the depths with his bodyboard.

We at Nimbin's Traditional Okinawan Goju-ryu Karate-do (the way of hard and soft, yin and yang) love our quarterly nature trainings ('Gasshuku'), whether at the beach, a nearby creek, or running amongst the hills during Winter. It's an essential aspect of real-world training.

We throw off our belts, all equals in nature, and develop a kinship and respectful care for one another, like a second family. We become 'alive', alert to the ever-changing environment, to our own bodies, our breath, one another, to all the senses – the sound of waves coming as we train facing away from them, to the feel of rocks or moving sands, to the sun, the cool air or heat, to our intuition and inner voices saying 'move'!

We finished the day with a shared picnic in the shade, and shared our favourite moments from the morning's training. Parents met and chatted, and there was time to relax and enjoy one another's company. Well done to each and every student, Seniors and Juniors. Osu!



Revenge of the Loon

by Laurie Axtens

So the kiddies got caught tampering with the jaffas in the jaffa jar in contravention of the MCC laws on jaffa fiddling – big bad news. The Australian government continues to contravene the International Convention on Refugees – no news there.

The banking royal commission uncovers so many contraventions of the *Banking and Securities Act* that it will have to lengthen its enquiry – can't even find mention of it in the papers. The banks and the government understand what it is to be Australian – to be beyond reproach.

Australians have been cheating on their tax, cheating on their partners and cheating in even social sports since some toff pocked a British flag into our

coast line. The real horror, the disgust is that these kids in baggy green hats got caught – that they were bad at cheating!!!

Australians are really really good at cheating; careful, cunning and quiet. Our convict past and Rum Corps beginnings have made us criminals of the highest degree. We don't dob in the leadership groups. WE DON'T DOB.

Australians know how to cover their butts; to take out insurance, to find scapegoats. We're a respectable culture; all our injustices are thoroughly and completely swept under our immaculately kept carpets.

I'm mortified by the naivety of our cricketering kids. They just don't get it. A year ban – they should have had their citizenship revoked.

Dance, fun and fitness classes for youth

by Cassandra Jefferys

Nimbin's Discover Fitness is excited to welcome Gail Pierce, the newest member of the Discover Fitness team.

Gail has completed her Gym Instructor, Personal Training and Group Fitness Certificates.

Gail's passion, knowledge and understanding of childhood development brings a fresh exciting opportunity for the young people of our community.

Discover Fitness is introducing a new class Dance, Fun and Fitness, led by Gail. It will combine games, aerobic dance moves, dance-based strength skills and flexibility. The games component will focus on supporting social interaction, cardiovascular health, problem solving and team collaboration.

The aerobics dance component will consist of combinations of dance movements, both skill-based and choreographed. This component aims to assist your child in developing co-ordination, muscle control and confidence in following choreography. Additionally, they will obtain a library of dance moves, allowing them to design their own choreography in class and at home.

The strength component will complement the aerobic dance moves and focus on both upper, and lower body, abdominal and core strength. Flexibility is an important part of all children's health and can often be overlooked. Both static and dynamic flexibility will be practised. Our overall aim is to ensure your child has fun, develops friendships and builds a



Cassandra with her daughter Shakira

confident healthy self-esteem.

As this is a new direction for us, we welcome your support and a quick response to securing a place for your child, so numbers can be finalised and classes confirmed. We are suggesting two classes, on a Thursday afternoon, one for ages approximately 5 to 8, and the other for 9 to 13-year olds. Age groupings and consideration for individual childhood development are of course considered and negotiable.

Times will be 4pm for the younger group, and 4.40pm for the older group. Both sessions will run for 40 minutes. Upfront payment of \$90 will be required for the 10-week term, starting term 2, Thursday 3rd May. Classes will be held at the Physical Activities Centre, Cecil Street in the Nimbin Showground. Please phone 0428-439-526 for placement and enquiries.

Discover Fitness prides itself on providing quality training by highly

qualified staff. We are excited to announce that we will also be seeking interest from parents to attend their own small group, personal training session, running at the same time as your child's class. It would be held in our gym area, and led by our highly experienced personal trainer Chrissy Schyff.

You will have the opportunity to focus on your own physical fitness goals. Groups will be kept small and with a slight reduction in normal fees to support your budget.

With five years' experience in leading group fitness classes and working closely one-on-one with clients in the personal training environment, Chrissy will skilfully design your sessions with supportive consideration for each of your individual fitness levels and experiences.

Please enquire and book your place when securing placement for your child.

There's still time to get wet at the pool

by Sue Edmonds

The daylight hours are gradually getting shorter now autumn is here. But the very good news is the Nimbin pool is the same length, depth and warmish, and is still open all day. Our pool closes on Wednesday 25th

April – lest we remember the day of the last free swim until September.

It's been a great season of swimming and paddling, with the pool being beautifully maintained by John, our resident pool manager, who tests the water every day to keep it clean and safe for all.

He opens the pool each morning at 7am for the early birds who like to do their laps before the crowds arrive.

The Friends of the Pool are preparing a submission to the Lismore City Council Sport and Recreation plan which is to be reviewed "shortly". (How long is a piece of string?)

We are hoping the Nimbin Pool will receive more attention, similar to the Lismore Memorial Baths, which has great toilet facilities, changing rooms and disabled access.

Those folk who like to exercise in their own time and at their own pace will be pleased to learn that at last a small set of outdoor exercise equipment will be installed near the children's playground "soon".

Four years of lobbying finally paid off and Nimbin folk will be able to stretch and strengthen whenever they feel the urge. See you at the stretch station.



Marathon floating at this year's Pool Olympics

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Nimbin Crossword
Solution
 From Page 31

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I feel that my husband loves the dog more than me. How do I handle this?

– Lassie Barker, Kenilworth, Qld

Send your relationship problems to Norm and Magenta

normanappel@westnet.com.au



She says

If you can live without caffeine, if you can be cheerful, ignoring aches and pains, if you can understand when your loved ones are too busy to give you any time, if you can take criticism and blame without resentment, if you can face the world without lies and deceit, if you can conquer tension without medical help, relax without liquor, and sleep without the aid of drugs...

If you can honestly say that you have no prejudice against creed, color, religion, gender preference, or politics, then you have almost reached the same level of spiritual development as your dog!

Dog spelled backwards is god. The Buddhist monks believed that when the master of the Lhasa Apso dog died, the master's soul reincarnated into the body of the dog if he was not quite ready for Nirvana. So how can we mere humans compete with these cute, fluffy, semi-enlightened beings?

You try locking your man and your dog in the shed all day and see who gives you the better reception when you get home. However, in my case, Uncle Norm enjoys being in his shed so much, especially with the dog for company, that he probably wouldn't even notice I'd gone.

Human relations are much trickier. All the dog has got to do is lie around waiting for attention, walkies and food. What's not to be happy about? Even though dogs whine, bark, be uncooperative, downright disobedient and sometimes even give you the evil eye, somehow no-one holds that against them.

Why is it that people can be so generous with their love, affection, words and time with their dogs, but not give anywhere near as much to their human loved ones? I told Uncle Norm that if he could give me even half the words of love, "You're so beautiful, I love you, who's my darling?" that he gives our dog every day, I'd be a happy woman.

Ask your husband to try and give you at least as much loving attention that he gives the dog. Is that really too much to ask? If he does this, he's going to have a much happier wife and remember, happy wife, happy life. However, if it is a guide dog, then you

haven't got a hope.

If he won't come to the party, perhaps you should go downtown and spread your scent around and maybe sniff someone else's butt. *If I throw a stick, will you leave?*

He says

You're probably right. The problem is that you're up against a far superior being. All that unconditional love and unstinting loyalty, combined with a bubbly, playful personality, topped off with a cute, furry face that's just irresistible, means you are well and truly behind the eight ball.

The dog doesn't care that its master is porking on the weight, or that he smokes and drinks too much. It doesn't give a shit if he's left a mess or forgotten to do a household chore. Fido is non-judgmental if you haven't washed or shaved for a few days and look and smell like a billy goat. In fact, dogs like that sort of thing. Fact is, your husband probably has more in common with the dog than with you in that they share similar values and lifestyles.

It all goes back to ancient times when men would take their dogs with them to hunt for food or to round up livestock. Dogs and man spent so much time together they've taken on each others' characteristics.

My little she-wolf has often said she lives with a pig and a dog. If you try to compete with the dog for your husband's affections you're wasting your time. You'll look pretty silly rolling around on the floor with your arms and legs akimbo. Although I do like those soft, fluffy jumpers my wifey wears in winter.

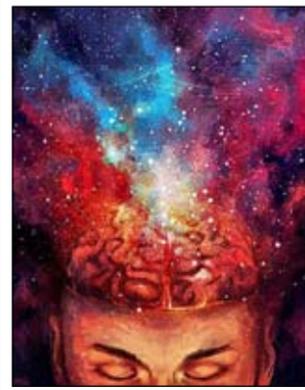
No, you've got to remember you're a human, and a woman at that. You've got to remind him that he's human too in ways that only a woman knows how.

Above all, you shouldn't worry too much about it. These shenanigans are just silly blokey/doggy stuff and I'm sure deep down they both know who the true alpha dog is in your house. Woof!

I had to get rid of my wife. The dog was allergic.

Vale Stephen Hawking

8/1/1942 – 14/3/2018



The world according to Magenta Appel-Pye

I shed a tear when Professor Stephen Hawking died last month for he was the greatest mentor of my life.

I embraced his statement "self-pity is a pathetic waste of life."

Having a chronic illness myself for many years, he inspired me to make the absolute most of what I do have, to not be disabled in spirit as well as physically.

He also inspired me to keep asking questions. For when you stop asking questions, you stop growing, and that is the start of dying.

It may well have been the power of his mind that kept him alive 50 years longer than doctors predicted.

How ironic that the smartest man on the planet had the worst body. Maybe there was a grand design. Who knows?

Even though he made amazing advances about our understanding of the universe, he did not seem to have a grasp on our soul.

But I understand the loss

of prestige and credibility a scientist, especially a famous one, would have if they were to seriously study psychic phenomena and those who were gifted in this field.

When I ask myself questions, with my limited intelligence, they are all about the soul, for this feels more fascinating, and meaningful to me than anything else.

I think the most interesting question is how we came to be, and where we go after we die.

One day, quantum mechanics will be able to measure, and thus able to scientifically prove, the very nature of our existence, but that could be a real worry.

Wherever Stephen Hawking is, I'm sure it's extremely interesting, even if it is in a black hole waiting to come back to life in another form, eventually.

"Intelligence is the ability to adapt to change." – Stephen Hawking

Thoroughly enjoyable bushwalks



25th February – Goanna Headland and Dirrawong Reserve, Evans Head

by Linda Hill

On a stunningly beautiful warm day, a group of 13 enthusiastic walkers set out.

A walk along Chinaman's Beach accessed Goanna Headland and a hike up a track lead to the headland covered in beautiful coastal heath with Banksias among many others in full flower.

The birdlife was exceptional as were the views of the coast from atop the headland.

After traversing the headland, our group headed along the foreshores at the bottom on the headland back along Chinaman's beach, gazing into crystal clear rock pools full of fascinating marine life.

After a lunch break, Dirrawong Reserve beckoned us – yet another breathtaking part of the coast.

A pair of ospreys posed on the cliffs for photographs, and a snake was spotted slithering quickly across the walkway.

The variety of birdlife was fantastic and made up for having to be on alert and dodge the

jumping ants that appeared to be a little grumpy after recent rains.

Everyone had a thoroughly enjoyable day with all looking forward to the next outing with the Bushwalkers.

10th to 12th March – Girraween National Park via Tenterfield

by David Holston

Nine walkers/campers attended the Girraween weekend. Bald Rock Creek campsite is an excellent campsite with great amenities including hot showers.

On Saturday morning the group took a casual walk to The Junction and back. With plenty of water in the creek, we were forced to venture further downstream to cross before returning on the opposite bank back to our campsite and lunch.

Later we headed towards the First Pyramid; not all tackled the final pinch, the others enjoying the light squalls sweeping through the valley below.

On Sunday morning we headed to Dr. Robert's Waterhole and the Underground Creek before all going our separate ways home.

Walks Programme

Sunday 29th April

Flat Rock to Lennox Head

Leader: Megan Myers 0415-063-302
Grade: 3 A variety of surfaces, some sealed with boardwalks, but some parts maybe slippery and muddy, caution needed at drop-offs and cliff faces.

Start: 9.30am at Flat Rock Camp Ground carpark just north of Ballina. This is a beautiful coastal walk along stunning beaches with small rock outcrops before the Lennox Headland. An optional break at a café is available before retracing our journey. 12km, about 4 hours.

Bring: water, lunch and a hat.

Friday 11th to Sunday 13th May

Woody Head near Iluka

Leader: Peter Moyle 0412-656-498 peterdmoyle@optusnet.com.au
Grade: 1 A weekend back at Woody Head near Iluka in the Bundjalung NP, staying at the private group site.

This is a great place to camp with our own camp kitchen and fireplace. On the Saturday we will be taking a short shuttle along the beach to Black Rocks and then doing the Jerusalem Creek circuit walk. Beach and coastal heathland walking, on sandy trails. 9.30am start from Woody. 12km walk. **Meet:** Friday from 2pm at Woody Head. Camping fee of \$17 per person per night and if you do not have a NP vehicle pass, plus \$8 per day.

The real estate has been extremely busy lately, as a result we're running low on stock, so we're looking high and low for listings!
For a free appraisal on your property call Uri on 0423-280-278 or Peter on 0428-890-373.



3 Bed, 1 Bath, 66.5 acres approx.



REDUCED PRICE

377 PINCHIN RD, GOOLMANGAR
\$595,000

2 bed, 1 bath, 89.7 acres approx.



NEW LISTING

312 GUNGAS RD, NIMBIN
\$660,000

2 bed, 1 bath, 1.2 acres approx.



INVESTMENT OPPORTUNITY

88 BASIL RD, NIMBIN
\$430,000

2 houses: 4 bed, 2 bath + 2 bed,
1 bath, 180 acres approx.



INCOME POTENTIAL

140 STEAD RD, JIGGI
\$950,000

4 BED, 2 BATH, 108 ACRES APPROX.



LUXURY ECO RETREAT

486 DAVIS RD, NIMBIN
\$850,000

Vacant land, 70 acres approx.



NEW LISTING

7/365 LINDSAY RD, LARNOOK
\$330,000

3 bed, 2 bath, 641m2 approx.



ONLY AVAILABLE HOUSE IN TOWN

5 TAREEDA WAY, NIMBIN
\$444,000

3 bed, 1 bath, 1.3 acres approx.



RENOVATOR'S DELIGHT

25 BASIL RD, NIMBIN
\$450,000

4 Bed, 3 Bath, 143 acres approx.



PRESTIGE PROPERTY

48 HUTCHINSON RD, NIMBIN
\$1,370,000

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 YVONNE CAMPBELL 0432 996 914 | KLAUS WALTER 0490 001 701 | SAMARA BURCHER 0429 806 288
 E-MAILS: john@nimbinhills.com.au | jacqui@nimbinhills.com.au | grant@nimbinhills.com.au
 yvonne@nimbinhills.com.au | klaus@nimbinhills.com.au | samara@nimbinhills.com.au

WHY YOU SHOULD LIST WITH US...

 9 Cecil Street, Nimbin	 36 Thorburn St, Nimbin	 12/136 Davis Rd, Jiggi	 924 Blue Knob Rd, Nimbin	 5401 Kyogle Rd, Cawongla	 37 Morton Rd, Nimbin	 4 Tareeda Way, Nimbin
 839 Blue Knob Rd, Nimbin	 7 High Street, Nimbin	 265 Tuntable Falls Rd, Nimbin	 Lot 3 "Nightcap Vistas"	 23/265 Martin Rd, Larnook	 154 Gungas Rd, Nimbin	 6/78 Cecil St, Nimbin
 63 Martin Rd, Larnook	 26 Nimbin St, The Channon	 50 Gungas Rd, Nimbin	 7 Tulsi Lane, Nimbin	 99 Crofton Rd, Nimbin	 1133 Tuntable Ck Rd, Nimbin	 144 Bertoli Road, Jiggi
 4/818 Blue Knob Rd, Nimbin	 20a Irwin Street, Kyogle	 114 Maso Rd, Repentance Ck	 246 Billion Rd, Georgica	 Lot 1 "Nightcap Vistas"	 106/265 Martin Rd, Larnook	 7/1157 Stony Chute Rd
 710 Terania Ck Rd, The Channon	 397 Lindsay Rd, Larnook	 40/265 Martin Rd, Larnook	 43 McClelland Rd, Barkers Vale	 17 Cullen St, Nimbin	 300 Stanger Rd, Stony Chute	 7a Cecil St, Nimbin
 23/1157 Stony Chute Rd	 114a Maso Rd, Repentance Ck	 1281a Jiggi Rd, Jiggi	 4336 Kyogle Rd, Wadeville	 170 Oxbow Rd, Cawongla	 14/461 Boundary Ck Rd, Bentley	 1245 Jiggi Rd, Jiggi
 483 Davis Rd, Jiggi	 176 Gungas Rd, Nimbin	 289 Crofton Rd, Nimbin	 31/94 Symonds Rd, Nimbin	 17a Cullen St, Nimbin	 26 Cullen St, Nimbin	 240 Stanger Rd, Stony Chute
 Cecil Street	 108 Doohans Rd, Boorabie Park	 74 Rose Road, Nimbin	 19 Basil Road, Nimbin	 25 Siddha Farm, Nimbin	 109/265 Martin Rd, Larnook	 33/265 Martin Rd, Larnook

SOLD IN 15 MONTHS

SEE PAGE 13 FOR NEW LISTINGS

For more information, see www.nimbinhills.com.au

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