

Learning a new language involves mental activity, cultural awareness and a lot of fun.

Starting with French, you will discover that some words should be used only within a particular context because they create 'social convention'.

This is the case with the very simple word 'you'...

Yes, when you start with French, you very quickly discover the existence of 'tu' and 'vous'. These two words mean 'you' but are not used in the same context.

In fact, a misuse of 'tu' and 'vous' doesn't affect the meaning of your sentence but instead creates familiarity with the talker/speaker, which could, in some cases, be considered inappropriate.

Usually Anglophones

tend to only use 'tu', which generates a more friendly way to interact with someone; however, in some circumstances, I have to admit I feel the 'tu' is somewhat funny, not to say uncomfortable to deal with... let me explain!

We French people use 'tu' for 'you' when we speak to persons we are close to in an informal context: family members, friends and children. You would not use 'tu' to interact with your boss or someone you have never met while asking for directions.

So basically, if you don't know the person you are talking to, you would use 'vous'. It is a way to be polite, to show your respect for someone because the person



French Corner by Aurelie Billot

is older or because of social position. It is also a way to create a formal context and therefore you are not entering the private psychological space of your speaker.

If you are a tourist visiting France, just use the 'vous' to anyone you talk to, unless you hear the person you interact

with is using 'tu'.

With that said, a bit of subjectivity also applies, depending on how social you are and your age group too. Who do you consider being close to?

Sometimes, the relationship with a neighbour you see every day is not considered 'close'; for instance, you have never invited this person to your place, nor do you have many shared experiences together such as leisure activities, holidays... Discussions are therefore formal and you will use the 'vous' when greeting them.

Teenagers and young people will definitely use 'tu' when interacting with same aged persons regardless of whether or not they know each other. Indeed, at this age, we enjoy

interacting with peers and 'vous' would be seen as too weirdly formal.

However, teens and youth are expected to show respect and thus use 'vous' when talking to an older person they don't know personally (teacher, neighbour...).

Even in some families, we use 'vous'. It is common in aristocratic families for kids to use 'vous' to talk to their parents. More generally, French people interact with mother/father in laws using 'vous'... a way to show respect.

When it comes to kids, an adult will always use 'tu'. There is no formal context here (unless they are members of the royal family...). Once, someone said to my 10-year old son,

"Comment allez-vous?" His reaction said it all... he stared at the lady and then looked behind him, just to check if there was an adult there.

In fact, using the 'vous', he did not feel he was the one being talked to; it was too formal and it surprised him to be considered as an adult whereas he was just a kid!

Finally, if you are talking to a group of people, just use 'vous' at all times, whatever age, whatever the context.

Douce France, French Language Centre offers private/small group tuition, conversation classes and Immersion programs to adults, HSC students and homeschoolers. Visit: www.douce-france.com.au or email: douce-france@yahoo.com.au

ASTRO FORECASTS

by Tina Mews

WHAT'S HAPPENING IN THE HEAVENS?

Aries

This is a period where you might want to dig a bit deeper in your relationships as unresolved issues may suddenly surface. There could be break-throughs or break-downs caused by painful experiences. Do not get stuck in negative feelings but heal the past so that your present partnership can grow and be transformed.

Taurus

This is a time where you may have to make a conscious choice to come from an attitude of either co-operation or competition in your dealings with others. You may find that you have made too many sacrifices for the sake of peace and harmony. Be clear about your needs and find a way of re-negotiating your written and unwritten contracts with others.

Gemini

This is a great time for re-evaluating your relationship with your body. Do you love and appreciate your body enough? Have you been living too much in the head instead of the heart? You may be ready for a deep cleanse or nourishing massage. Look after yourself and find a new balance between body, mind and soul.

Cancer

This is a brilliant time for really getting involved in your creative work and finishing projects that have been patiently waiting in the background. Also make sure that you have time for some fun activities with your children or grand-children. Balance your needs with theirs to avoid feeling resentful for not having enough time for focusing on your own endeavors.

Leo

This is a great time for re-decorating your home, but avoid excessive spending on some luxury goods. Your taste and sense for beauty might change during this period. Try to avoid rich food because your digestive system might be more sensitive than usual. On another note, you might want to delve into your own past and clean out stagnant energy regarding old hurts and painful experiences.

Virgo

This is a period where it is essential to re-evaluate your priorities based on your values. They might be going through changes; things that were once important don't seem to have the same attraction anymore while others have moved into the foreground. Try to change your routines, if you feel low in energy or experience a lack in enthusiasm.

October

Since the last equinox (September 23), the Sun has travelled through Libra, the sign concerned with establishing balance, harmony and beauty. Libra is very social and has a natural talent for mediating between opposing views until a fair assessment is established. However, restoring peaceful equilibrium, may it be between people, groups of people, or between self and others, is a tricky task. The downside is indecisiveness and procrastination because of Libra's inability to face conflicts in a straight forward way. However, this evasiveness can lead to more stress and tension which is against Libra's developmental aim of attaining peace. Their high tolerance for ambiguity can be taken by others as unreliability and weakness. Librans set high ideals for themselves and others; they like to be seen as civilised and refined human beings. They have strong views about justice and fairness. However, they become uncomfortable when emotional issues are stirred because emotions can be confusing and unpredictable. Although they are great harmonisers and excellent managers of group activities, they might try 'to be all things to all people and offensive to none', thus losing themselves in an attempt to fit in with what others expect of them. The opposing sign is Aries, the archetype of independent and spontaneous decision making, which complements the Libra type well.

Venus, the planet of value, beauty and attraction and ruling planet of Libra, moves in 'retrograde motion' on October 6 (until Nov 15). Venus turns retrograde every 18 months and will appear travelling backwards for about 40 days along the path she has recently covered. For the first 20 days she is 'Innana the evening star' as she goes into the shadow of the Sun and we no longer can see her in the evening sky. She is the archetype of love and beauty, material resources, possessions and values, as well as our ability to create harmony and balance. These are then also the areas in our lives that are under review, meaning that we may be less tolerant in our partnerships and may want to find a new balance, or renegotiate our written and unwritten contracts. We also need to observe spending habits during this entire retrograde cycle, as our ability to perceive and determine value is hindered in some way. After her



conjunction with the Sun on October 3, she becomes Ishtar, the Morning Star and can be seen again in the morning sky from November 6 onwards.

The New Moon on October 9

reveals a testing square between the relationship planets Venus, Mars and the Black Moon Lilith. We are asked to take back our projections and heal unresolved self-worth-issues. In this way we can establish more honest relationships that are based on emotional connection, a respect of personal space, as well as a mutual giving and taking. During the entire month of October, Venus will be in Scorpio while Mars and Lilith remain in Aquarius. Themes of intimacy and trust, as well as perceived personal limitations, weaknesses and vulnerabilities will be triggered. It could be a powerful time for honest depth investigation, emotional clearing and healing, if we choose openness over defensiveness and understanding over impatience. Gender equality issues will be at the centre of our attention. Venus will be in her own empowering sign of Libra during November, which will be helpful with restoring equilibrium in relationships and balancing financial affairs. However, until then, we will be going through a period of depth investigation of what really matters to us. After all, Venus activates the heart centre! It is a great time to feel into ourselves and reflect on what we love and value.

The Full Moon on October 25 is in earthy Taurus conjunct Uranus and opposite the Sun/Venus conjunction in Scorpio, while squaring the Lunar Nodes; all points/planets are in fixed signs. We can expect a huge change in values, may they be of material, emotional or spiritual nature. So, prepare for an emotionally intense month ahead!

Weekly Classes: 'Astrology for Beginners: Planetary Themes and Aspect Patterns', Tuesday evenings 5.30pm – 8pm, at the Lillifield Community Centre. For bookings and info, email: star-loom@hotmail.com or contact 0457-903-957.

One-day Workshops: 'Astrology and Karma'; 27th October, 10am – 4pm, at Lillifield Community Centre; for bookings and info, email: star-loom@hotmail.com or contact 0457-903-957

Special C*TA Astrology Retreat: 'Celestial Secrets- Empowering Evolution'; 11th – 15th October, Uki; contact 0457-903-957 for more information.

Libra

Your approach to possessions, resources and values is under review at the moment. What are your heart's desires and what makes you feel happy and appreciated? Venus, your ruler is in retrograde motion, making it a perfect time for working through unfinished self-worth and self-love issues. In order to attract love and acknowledgment from others, we have to give it first to ourselves!

Scorpio

This is an extremely important period for you during which you must evaluate your deepest wishes, passion and desires. Maybe it is time to release some attachments to things or even people, because they do not reflect who you are or have become anymore. Maybe you need more freedom and distance to follow your path of truth? Remember, "if you love somebody, set them free".

Sagittarius

This is a moment in time where you need to do some soul-searching and decide what is important to you. What are your unshakable values and beliefs and in which areas of life are you open for change and new growth? This is not a good time for making important decisions as things are a bit unclear. Just be patient as new horizons will soon be opening.

Capricorn

This is a period where you want to catch up with old friends. On the other hand, you might be figuring out who your friend is and who is not. Listen to your heart and you know who really matters to you. There is no time to waste on people or projects that go against your inner value system. Be honest with yourself and avoid compromises that do not align with your inner truth.

Aquarius

How much closeness and how much distance feels right to you? This is a period where you are figuring out the boundaries of your personal space. You need room to move to follow through with your goals and to refine your public image. Clarify expectations that others might have on you. Thus you can avoid misunderstandings or disappointments.

Pisces

During this period you need to evaluate what you desire from the deepest parts of your soul. What is your grand vision and where do you see yourself in 12 months time? Listen to your heart when in doubt. Maybe you could do some more work on your level of self-confidence? This would help with releasing old fears of self-doubt or your fear of being misunderstood.



Emerging

by Marilyn Devlin

I need space – lotsa space – quiet uninterrupted offering. I need to feel life dancing around me. I need to know what's real and what's not. I need to find my place within it all.

I need kindness to flow – like a gentle sweet mountain stream, tickling over mossy rocks... swirling in pools, glittering in sunlight. Caressing the Earth – honouring that golden ball, held in time and space... in the deep blue of expansive nothingness.

I need freedom to walk – uncluttered, unchained. I need memories to lull me asleep at night. I need purpose, belonging, love and acceptance.

I need to feel the heartbeat in every living thing. I need to know my place in it all. I need to love... feel it flow from my cells. Through my body, blood and bones... shining in my skin. I need to feel it all... I need to know I'm okay just as I am.

I need to forgive – most urgently myself. I've made mistakes... I've stumbled and fallen. I need to shine that love fully on my being. I feel the remnants of war, of pain, of suffering... they weigh heavy in my chest. Weigh me down like a heavy stone.

I carry all that went before – mingled in multiple strands. Yet I'm me – unique within the crowd. I'm a wonder, I'm a dream. I'm a creation so unique. There'll never be another... no matter how long all is.

I'm a child, I'm a woman, I'm a mother, I'm a student. I'm a friend, I'm a beloved, I'm a lover, I'm a teacher. I'm everything inside me. I'm love, I'm confusion, I'm both lost and found. I'm happy, I'm sad... my chest feels soggy with grief. Mine or others – I do not know.

What a year it's been... as we meander, skip or crawl to the finish. Time continues – we're here for a while. We seek and search to find meaning in it all. Yet simple things caress our concern... a smile, a twinkling eye, a radiant heart, kind words. A warm hug.

We walk our path alone... no matter how many surround. Sometimes it feels lonely... amid all the comings and goings. I feel heaviness in my chest... making its way to my throat. How much have we carried that doesn't belong to us?

Like the phoenix – we emerge from the black ashes of the fire. The flames of transformation... alchemy, from pure intention. I stand in-between what was and what's about to be. It's a strange place to be... even if the outside looks the same.

I'm in a cocoon – membranes getting ready to release. It feels big, it feels enormous... it's both scary and exciting. Part of me wants to run and hide... oh so familiar I am with that route.

Another is impelled to stand tall and glow – full in her radiance, her true original essence. Hidden under layers of mulch... it was needed to stay safe. The risk of exposure was far too great.

Like a butterfly preparing to emerge from her safe cocoon... the process cannot be stopped. It's either emerge or die. Die to your light, your radiance... your true power. The passion that drums in your centre... its waves becoming more and more insistent.

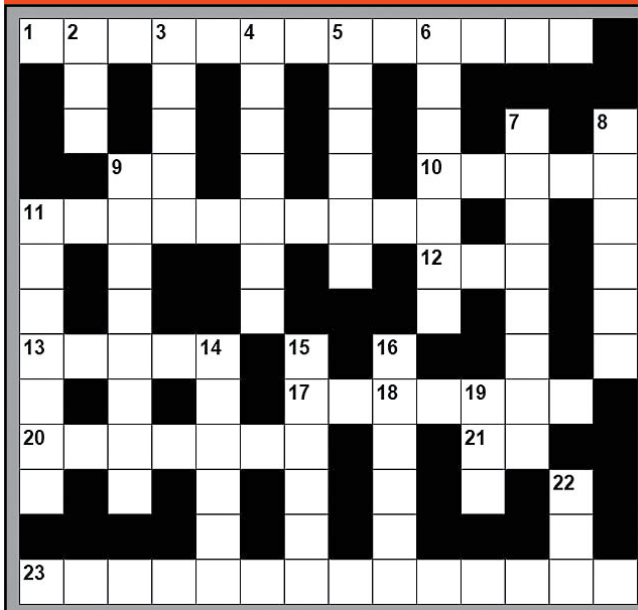
There's a birthing going on and we're all involved. Can you hear the voice calling you? 'Come out, come out... it's time you claimed your crown'. The royal ruler of your domain... remember only one of you ever made. The circle is incomplete without your presence and your purpose.

It takes courage, faith, hope and belief... trusting the emergence of this amazing being birthing before you. It's a strange place to be... in between what was and what's becoming.

It's tender and fragile... both known and unknown. It's a brand new self emerging from the skin of the old. Standing on the precipice – do I jump or fly? The decision – only ours to make.

Nimbin Crossword

2018-10
by 5ynic



Across

- Monet, Renoir, Manet...
- Social media acknowledgement? Hat Tip! (init.)
- Sacred rock stack
- Edge of "acceptable" poverty?
- Grandma
- Peoples? Turf events
- Say? Quick
- Block (orbitally)
- Crap
- Inflexible

Down

- Glove? Massachusetts university
- Follower of Haile Selassie and Leonard Howell
- Struck (e.g. toe)
- Contrary to expectations?
- Being born
- She-Titan
- Unpaid junior
- Sinus infection (4,4)
- Blockade?
- Popular face piercing
- Quidditch position
- Spit
- _____ and flow
- Juniper liquor

Solution: Page 37

Nimbin Trivia Time

by Eclectus

Questions

- What is lagan?
- How much is an arab?
- To what weight do humpback whales grow?
- What is the 'cab-rank rule' in law?
- What do you do with a Mangle-wurzel?

1. Lagan, as in hotsam, jetsam, lagan and wreck in salvage, means any goods or wreckage lying on the seabed. Flozam is that which is floating or washed up on land, jetsam refers to unwanted material thrown overboard, especially to lighten the vessel and wreck means wreckage of the vessel brought ashore by the sea.
2. It depends what you want them to do. (Sorry, wrong publication.) One arab, in the Indian numbering system, is the name for one billion (109) and is written 100,000,000,000. It is also referred to as 100 crore. One crore is ten million (107) and is written 1,00,00,000. Humpback whales can gain popularity in the kitchen in more recent times. The leaves are edible, as well as the swollen taproot which can grow to 20kg in cool climates.
3. Humpback whales can grow to 45 tonnes. You can pick up a kilo in downtown Tokyo fish markets for about 700 Yen.
4. The cab-rank rule' ensures that anyone appearing before a Court has the right to professional counsel, regardless of how distasteful or heinous their alleged offence. Taken for granted nowadays, this important legal principle was established in large part, by John Cooke during the English Civil War when, in 1649 as Solicitor General, he led the prosecution of Charles I who was subsequently convicted of high treason and beheaded. After the English Restoration, Cooke was convicted of regicide and hanged, in 1660.
5. Ear it! Mangle-wurzel is a member of the beet family (Beta vulgaris). Historically grown as animal fodder, it has gained popularity in the kitchen in more recent times. The leaves are edible, as well as the swollen taproot which can grow to 20kg in cool climates.

Answers

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Normal Mon-Fri Week		School Holidays	
Leaving	Arriving	Leaving	Arriving
Lismore Transit Centre 7.00am	Nimbin – Main St. (Park) 7.30am	Lismore Transit Centre 8.00am	Nimbin – Main St. (Park) 8.30am
8.00am	8.45am	12.00pm	12.35pm *
12.00pm	12.35pm *	2.35pm	3.10pm
2.35pm	3.10pm	5.30pm	6.00pm
3.20pm	4.15pm		
5.30pm	6.00pm		
Leaving	Arriving	Leaving	Arriving
Nimbin – Main St. (Park) 7.52am	Lismore Transit Centre 8.50am	Nimbin – Main St. (Park) 9.00am	Lismore Transit Centre 9.35am
9.00am	9.35am	12.45pm	1.15pm *
12.45pm	4.10pm	3.25pm	4.10pm
3.25pm	5.15pm	6.05pm	6.35pm
4.25pm	5.15pm		
6.05pm	6.35pm		

* Mondays & Thursdays Only

No Public Holiday Service
Wheelchair access available
Some buses connect in Nimbin for operators to Murwillumbah

You're invited to the annual

TUNTABLE FALLS

PRIMARY SCHOOL AND PRESCHOOL

FETE AND OPEN DAY

FOOD * ART * MUSIC * FUN

10 am - 3 pm

SATURDAY 27th OF OCT

Speak up!

by Julie McTaggart

As many of you would be aware, speaking in front of an audience is a most challenging experience, and most adults would rather avoid it if they can.

Public speaking often tops the lists of major fears along with snakes and spiders, and it can be a very daunting task. So, want to learn how to overcome your fears? Come and join the COLOURSS group and find out. COLOURSS stands for Community of Learners of the Upper Richmond Small Schools and includes children, parents and staff from Afterlee, Barkers Vale, Collins Creek, Rukenvale, The Risk and Wiangaree small schools. If you've never heard of these schools, try Google maps and treat yourself to a pleasant drive in the country and check them out.

On Thursday 20th September, the annual Interspeak public speaking event was held at Barkers Vale Public School Hall. This competition involves many schools in the Northern Rivers, and the COLOURSS Interspeak is just one part of the bigger event.

Contestants were drawn from Stage Two (years three and four) and Stage Three (years five and six). Each stage was offered a choice of seven topics. Topics included - 'Students need longer holidays', 'Should boys and girls have separate classrooms?', 'Money can't buy love and happiness' and 'Zoos are worse than human prisons'.



Barkers Vale's Interspeak winners

We were lucky enough to have the support and skills of Leila Gray and Peter Lanyon as judges for the event. Leila is an English teacher at Kyogle High School and Peter is the former principal of Barkers Vale School.

The students were required to meet certain criteria as they gave their speech, such as providing a speech which had a logical sequence, engaging the audience, using eye contact and being creative and original.

The children in our competition were amazingly skilled, composed and informative. Comments noted by the judges included: "Much theatre and drama and expression offered throughout," "Clever and convincing with creative ideas," "Brilliant use of dramatic irony" and "Very engaging speaker... Funny and ethical content."

As usual it was a difficult job for the judges, as the standard of all

these primary school speakers was just amazing. In the end, Barkers Vale students took out all the major prizes with Blossom taking out first and Oscar second in Stage Three, and Mallee first and Fergus second in Stage Two. We all felt immensely proud of them and all the competitors.

On the day we were also assisted by Darius, Liz and Anna as hosts and Matilda and Imagen as accurate timekeepers.

The next step for our speakers is in Term Four at the Lismore City Hall, where the contestants move onto the next level, competing against children from the whole Northern Rivers area. We wish them all the best at the next level.

A great day for COLOURSS and a true showcase of the wonderful opportunities offered in our local small schools.

Nimbin Community Preschool

Competent Collaborative Community

Enrolments available now

Preschool: Nimbin A&I Showgrounds, Cecil St.
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Email: nimbinpreschool.director@gmail.com

Creative fun for preschoolers

by Carina, Annalyce, May, Isabella and Charlotte educators of Nimbin Early Learning Centre

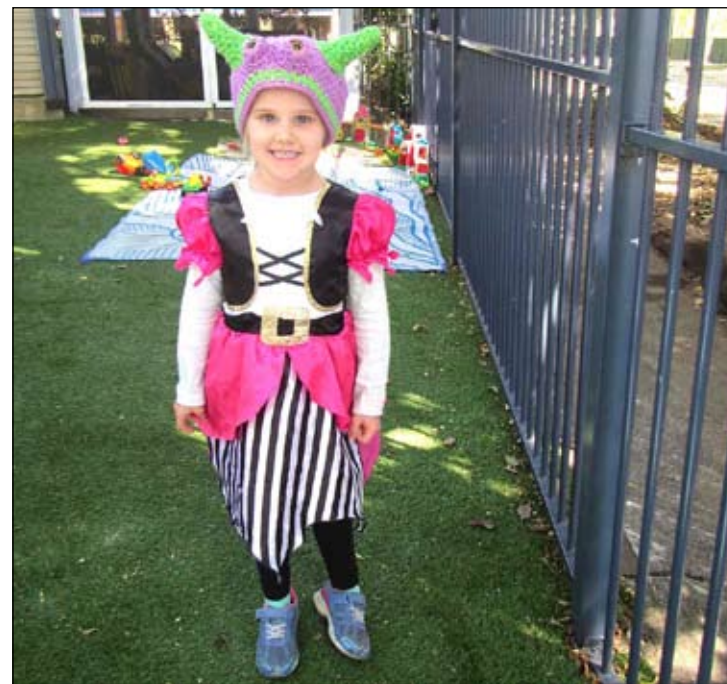
Wednesday 19th September was Talk Like a Pirate Day, so at Nimbin Early Learning Centre we dressed in our favourite pirate outfits and spoke like a pirate.

We made our very own captain pirate sword and treasure map, and went on an adventure around the playground searching for gold and our treasure chest that was full of coins and even a little treat.

We entered two displays in the Nimbin Show, one being an 'Under the Ocean' wall display with lots of creatures that live in the sea. The pre-schoolers made a self-portrait display by looking at themselves in the mirror and then drawing what they could see.

We are also going on two excursions to the Nimbin Central School for a fruit morning tea and to visit the library. We also went on an excursion to the Nimbin Peace Park and had lots of fun climbing and walking the bright snake.

Please feel free to call the Nimbin Early Learning Centre on 6689-0142. We are open Monday to Friday, 8.30am-5pm.



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Making a softie

by Silvia Bustos, educator

For two terms at Tuntable Falls Preschool, we have been working on a project where the children make their own soft toy or doll of their design.

This very creative project is a culmination of skills that the children have learnt and developed throughout their time with us at Tuntable Preschool.

The children first drew their imagined designs onto paper, then enlarged it to a size they desired, then cut out the pattern, transferring it onto fabric, sewing (machine and hand sewing), stuffing, and

finally sewing all the parts together.

Threading needles and hand sewing has developed their pincer grip, reaching, cutting, stuffing and using sewing machines (this year's new skill) has challenged their fine and gross motor skills.

Along the way there have been challenges and problems to solve, such as: how to get the fabric to stay still when cutting; how to control the speed of the sewing machine; and how to enlarge the pattern.

These are all skills that will assist the children as they move into the primary school setting.



Did you know?

All our links are clickable in the web edition. Visit www.nimbingoodtimes.com and click away!

A year at Tuntable Community School

by Jessica McCaul
Year 1, 2 and 3 teacher

It was late last winter when I found Tuntable Falls Community School. Since then I have become intrigued by this unique community of learners.

Forest walks and story-telling go together so well. Cooling down in the trickling creek helps us all to gel. Vegetarian meals are enjoyed throughout the week.

When you're camping out under the stars, you feel so complete. Way up in the garden is where connections are made – we design our own gardens and collect eggs that are laid.

And that's not all of it! Thank you to the students, parents and staff who have guided me on my way.

Our bi-annual Performance Night and Circus Display was held in September.

There was Wombat Stew, an Oil Spill and a lot of moving and shaking as the students showcased their learning. Admirable and inspiring.

Come and experience Tuntable Falls Community



School for yourself – make the drive out to our school fete on Saturday 27th October.

If you are a teacher or know a teacher who would like to join our team, visit

our website for employment opportunities.

TFCS would like to express gratitude to the Nimbin Village Pharmacy for their kind donation.



Circus chaos and Sydney soccer

by Mandi Raval

As another jam packed term finishes, the kids, and most definitely the teachers, at Coffee Camp Primary School are looking forward to a well-earned break.

The whole school performance at the end of September was a lovely tale about the clowns running away from the circus to pursue more serious and satisfying careers. The witty script was by Mr. Crane, and included mime, song, dance, acrobatics, juggling and of course a pie in the face.

The P&C provided a delicious veggie curry meal as well as local coffee and cakes. It was a great night, the hall was packed and the performance was spectacular.

In the Kindy/Year 1 class, Ms. Vos has enjoyed filling in for Ms. Banks who is on long service leave this term. The kids have been studying a Geography unit looking at maps, from their own bedrooms in their houses, to their houses on a town map, a state map and even a world map.

Every Monday the class starts with a positive affirmation about respecting each other and the land. They have also learned juggling and the hula hoop in preparation for the school play.

The focus on Term 4 is tending to our beautiful veggie garden. The K/1 class is such a nurturing and gentle introduction to school life. The dates for the Kindy Orientation are Fridays 16th, 23rd and 30th November from 9am-12pm. All prospective students and their parents are warmly welcome.

As a parent, I really like that our school has an excellent balance of academic work and a lot of fun activities that make school life so enjoyable. There are often Sports Days with other schools in the area, as well as ukulele/choir/circus/tennis/art/interesting excursions and camps.

The School community is immensely proud of our team of kids who competed in the NSW PSSA Small Schools Soccer Knockout Competition. These wonderful kids reached the last four and made it to the finals in Sydney. They flew down overnight with Mr Crane and seven parents and had a great adventure.

They faced a very good Rosebank team in the semis, and despite an excellent effort they lost 7-nil. They went on to play Tilba for third place and won 1-nil. Well done to Hunter who scored early in the first half. Congratulations to Rosebank and Somersby who battled it out for 1st and 2nd place.

Big school gets ready for little people



Nimbin Central School is preparing their Kindy Transition Programme for children who are starting school in 2019.

There are four days for parents and carers to bring their children along to get to know the school, the teachers and the other students. These days are:

1. Thursday 1st. November, 9.30 to 11.15;
2. Thursday 8th November, 9.30 to 11.15;
3. Thursday 15th November, 9.30 to 11.15;
4. Thursday 22nd November, 9.30 to 11.15.

Each day has a range of fun activities to keep the children focused on learning while making new friends. The final day concludes with information for parents and a Teddy Bear's Picnic.

This has shown to be a great way to get to know some of the routines of the school and also to find where some of the most important places are.

Parents and carers will enjoy the time as a way to get to know others who will be sharing the same journey over a number of years. The saying that your children make friends for you is so true.

So put these dates in your diary and know that there will be a very warm welcome for you and your child waiting for you at Nimbin Central School on November 1st.

For more information phone the school on 6689-1355.



Regional athletics

On Friday, 14th September, three Nimbin Central students successfully represented both the Northern Rivers zone and Nimbin Central School at the highest level of primary school athletics north of Sydney, at the North Coast Regional Athletics Championships held in Lismore.

Felix Kraft ran a fast 100m sprint heat in the 10 year boys, narrowly missing the final.

Daniel Frey finished 5th in Discus and a narrow second in Shot Put, throwing a big 10.16m.

Mikayla Frey ran a personal best time to win the Junior Girls (8-10years) 800m – outstanding as the only 9 year old in the field. She went on to finish a really close 3rd in the Junior Girls 200m sprint final (by 1/100th of a second!).

Mikayla also ran a personal best time of 14 seconds in the 9 year old Girls 100m sprint final, finishing a close 2nd to the winner (who broke the 22 year old Regional record).

As a result of her excellent performance in all three of her events, she was awarded the 2018 North Coast Junior Girls Athletics Champion medal.

Both Daniel and Mikayla (pictured) have been selected in the North Coast PSSA Athletics Team to compete at the NSW State Championships in Sydney from 31st October to 1st November.

Thank you and farewell

Nimbin Community Preschool would like to extend many thanks to those local businesses and families who supported the preschool to hold its annual Preschool Café at the Nimbin Show on Saturday 22nd September.

Mountain Top Coffee supplied the café with coffee to serve fantastic coffee to the families who visited, relaxed and enjoyed the preschool surrounds on the day. Many thanks to Bernard Rooney for organising this donation and for supplying a coffee machine for the day.

Nimbin Valley Dairy supplied the café with milk for the day, and we extend our gratitude for this support. Once again, local business has helped our preschool – a mark of great community spirit.

The preschool Parent Committee also extends thanks and gratitude to the staff and families for their support with baking cakes for the café, helping to serve at the café, and for the enormous preparation behind the scenes to make the café such a success. Events like this are not possible without such support.

As we say thank you, we are also saying farewell to one of our long-term staff members. Diane Wilder, who has been



Early childhood teacher Diane Wilder working with children in the design studio in 2014.

a key pivotal staff member at our preschool for the past nine years, has decided to resign from her position as director and early childhood teacher to begin teaching more permanently in the NSW public school system.

Diane was instrumental in helping to guide the preschool curriculum into new territory, implementing a social constructivist perspective where children's learning is based upon social connection, dialogue, conversations and extended investigations.

Testament to this approach to early childhood education was the introduction of a design studio practice between children and their teachers across the preschool environment.

Diane was also a key staff

member in the construction of the new preschool building and reconstruction of the preschool yard during 2012-2014.

Nimbin Preschool Parent Committee will be holding an afternoon tea to honour Diane's years as our key early childhood teacher and to express our gratitude for her energy, commitment, professionalism and exceptional teaching of our children.

The afternoon tea will be held on Wednesday 24th October from 3-4pm at the preschool in Cecil Street. Past children and their families who have attended the preschool during Diane's time with us from 2010 are welcome to come along to wish her every success in her future endeavours.