

# Generous bequest helps Nepal Relief Fund

by Helen Simpson

Much appreciation and gratitude is owed to Nimbin identity, the late Terry Monk who passed away last year.

He kindly left from his estate some funds which will enable the Nimbin Nepal Relief Fund to build another earthbag house in Bolgaon.

This village is still recovering from the 2015 earthquake.

Terry would have loved to come to the village to help, eagerly requesting updates from the start of our project.

Unfortunately, ill-health prevented him coming over, so we would love to build another house as a memorial to this generous man, adding



to the 11 already completed and occupied.

One man in the village, a subsistent farmer named Mirke, lost his wife and baby son in the earthquake. He has three other daughters.

Before the earthquake he borrowed money from his extended family in another region to build a house for his growing family. This house was flattened.

He did receive the Government subsidy, the first instalment of \$500, but because the road was not open due to landslides for 18 months, rebuilding could not start.

With the subsidy, families are expected to start rebuilding within a



timeframe, using Government modules, regardless of road conditions, literacy and the financial status of the affected villages.

This man repaid his family instead, and now he and his daughters are living in a tin humpy and expected to repay the Government. I would love to build this family a house.

If interested in volunteering or helping on the project, contact me at: [helensim7@gmail.com](mailto:helensim7@gmail.com) or 6689-1417.

Donations to Nimbin Nepal Relief Fund, BSB: 728-728 Summerland Credit Union, A/C: 22305642, are not tax deductible but all funds go directly into the houses.

## ASTRO FORECASTS by Tina Mews

## WHAT'S HAPPENING IN THE HEAVENS?

### Aries

The New Moon in Aries on April 5 is a great moment in time for the seeding of new ideas. Nevertheless, before the new can really start to blossom, unfinished business from the past has to be addressed. Focus on the bigger picture, and develop a strategy how to get there. Be open to other people's ideas and use the coming weeks for gathering all the information that you need for developing your plans.

### Taurus

The weeks before your birthday are great for finishing old projects and reflecting on the year just gone by. What worked well, what didn't? What is worth keeping and what needs to be released? Create extra space for doing your inner work. This is an important time of reflection and contemplation where you can renew your strength and prepare for the approaching new solar cycle.

### Gemini

This is potentially a very busy time for you, especially in regards to writing, the spreading of information and the undertaking of short journeys. It is important not to run out of breath; give yourself sufficient time for resting, processing and digesting. Also, think things over twice before making decisions. Avoid jumping to conclusions because you are in a rush!

### Cancer

This is an important period where you will be working on a new balance between the past and a new future direction. Imagine yourself as pioneering something extraordinary. See yourself in the limelight, a leader who shows others the way ahead. This is an important time for living your full potential. No hiding in the background, you can do it!

### Leo

Our beliefs shape our lives, our bodies and minds. Reflect on your beliefs and their cultural conditioning. Is it time for a new set of values, for new types of inspiration and experiences? Make space and invite the new energy into your life. Creative projects are likely to do well, and you could possibly receive recognition for your work.

### Virgo

This is a period where you might request more autonomy and independence as you are keen to find your spot in the greater world. What role do you like to play on the big stage out there? At the same time, it is essential to share your ideas and with your partner to make sure that you both can cooperate and are pulling in the same direction.

## April

The New Moon in Aries on April 5 is a great moment in time for initiating something new.

Aries is the archetype of emergence and new beginnings. It symbolises the energy of breaking new ground and birthing new forms in search for an individual identity. The Aries quest is to develop courage and start the journey into the unknown. However, with Mercury, the messenger planet still in close proximity with Neptune, we might feel undecided about how to move forward or solve problems. It is essential to take time, consider all options and make a plan.

The New Moon is also square Saturn, the nodal axis and Pluto, emphasising feelings of uncertainty. The message is to deal with the past before embracing the future. Otherwise new impulses might get lost in old patterns and structures which then inhibits the development of real changes.

The lunar nodes shifted on the Cancer/Capricorn axis last November. With this nodal axis, our connection to family, ancestry, country and tribal roots is emphasised. The South Node in Capricorn shows us where our collective lessons have to be learnt and where we reorganise our relationship to tradition, authority and responsibility on a personal as well as collective level. The task is to advance towards the transiting North Node in Cancer and honour the expression of feelings, care for others and respect the Earth as our mother.

During the end of March until the end of June, the karmic South Node conjoins with Saturn and Pluto. We are challenged to let go of those attachments that do not belong to our true essence. This can be a scary process, especially when we are too identified with our roles, positions, ideas or material things. This is also a time when governments are reminded that real leadership has to be motivated by humanitarian and environmental values (Cancer) instead of being driven by personal ambition, monetary gain and feelings of entitlement (Capricorn).

The Full Moon on April 19 on the last degree of Aries/Libra is a Blue Moon. It is the second Full Moon in a row that focuses our attention on the quality of our relationships. Libra teaches co-operation



and compromise while Aries seeks autonomy and independence.

It describes the inherent tension that exists in all relationships: the struggle to find a balance between personal freedom and autonomy on the one hand, and the support, approval and appreciation we all need from others on the other hand.

This Full Moon reminds us to reconcile and integrate conflicting aspects of ourselves and own our projections. Otherwise, we might be caught in old patterns, overreact and make impulsive decisions, indicated by a conjunction between the Aries Sun and unpredictable Uranus.

At its worst, it signifies an unwillingness to compromise and cooperate; at its best it can inspire creative problem solving. We can make the changes in our partnerships and relationships that take us to the next level if we combine honesty with compassion and being mindful of how our choices affect others.

Jupiter starts its four-month retrograde journey through Sagittarius on April 11 inviting us to reflect on our beliefs and perceptions. Jupiter retrograde inspires spiritual growth and a deepening of our personal vision quest. So, it is a great period for growing in wisdom and finding out the underlying truths that concern current difficulties (until August 11).

*Navigation by the Stars: Personal and/or Relationship Astrology; Life Cycles and Your Year Ahead: Plans, Directions, Concerns for 2019/20; contact Tina on 6689-7413 or 0457-903-957, or email: [star-loom@hotmail.com](mailto:star-loom@hotmail.com)*

*Weekly Classes in 2019: "Astrology for Beginners Part 2",*

*Tuesday evenings 5.30-8pm at the Lillifield Community Centre; starts on April 9; for bookings and info contact 0457-903-957 or email: [star-loom@hotmail.com](mailto:star-loom@hotmail.com)*

*One-day Workshops:*

*The Art of Forecasting, Part 2: Working with Transits; April 13, 10am-4pm, Lillifield Community Centre, 4505 Kyogle Road; costs: \$70, conc. \$60. For info & bookings, phone 0457-90-957 or email: [star-loom@hotmail.com](mailto:star-loom@hotmail.com)*

*The 12 Astrological Houses and Their Rulers; April 27, 10am-4pm*

*Living Yoga Sanga, 63 Stuart Street, Mullumbimby; cost: \$80; \$70 conc; bookings essential. Tina: 0457-903-957 or email: [star-loom@hotmail.com](mailto:star-loom@hotmail.com)*

### Libra

Finding independence in your personal relationships as well as a good balance between giving and taking is one of Libra's greatest quest. Be aware that nobody can read your thoughts unless you share them openly. Sometimes it is helpful to imagine how life would look like if you were as fierce as a fiery Aries! Of course you can speak your mind in style, but say what you have to say.

### Scorpio

Your health, your work and your daily routine are in the spotlight at the moment. Maybe it is a good moment in time to start with a special diet or exercise program. Maybe your body needs a relaxing massage and some nurturing care. Don't neglect your body's needs and aim for establishing a new equilibrium between your head and your heart.

### Sagittarius

This is potentially a very creative time where new inspirational ideas emerge easily. It is important for you to have some fun and that you do things that you really enjoy. Make extra time for your special hobbies or transform your hobbies into your day job. Take an eagle's eye view on life and its possibilities, reflect on your long-term goals and work towards them slowly but surely.

### Capricorn

Home and domestic affairs are at the center of your attention. There is always a lot to do when it comes to establishing a sound foundation for yourself and those dependent on you. You might have to take on extra responsibilities or start a new project around the home. However, try not to take on too much as you might exhaust your energy reservoirs.

### Aquarius

This is a good moment in time for gathering information, resourcing yourself and learning new things which then can be used to build a stronger foundation. Test your plans first and refine what doesn't yet add up. Then you are able to commit to your projects full-heartedly.

### Pisces

When you are aligned with the universe, you can easily attract what you need. Strengthen your intuition and trust; the flow of energy is moving you in the right direction. This is not an easy time for making clear boundaries, however, it is a great for dreaming and getting involved in inspirational activities.

# Power and resource



by Marilyn Devlin

The last time Saturn and Pluto met in Capricorn was 1518 when Martin Luther began the Protestant Revolution.

Pluto and Saturn - planets residing in our middle and outer solar system are coming together, joining their energies... combining forces. Their focus - to pave and redefine our road ahead. And reconstruct the world around us. The meeting of these two planets is a significantly major event. The last time these major players joined and influenced our worlds was in 1982 (in Libra). 1982 was significant. It certainly was for me.

When these two major players combine their talents... major reconstruction lies ahead. In particular, all structures that've been constructed since their last joining in 1982 will be put to the test. The testing will be rigorous and thorough. A lot of shaking, whittling down to the core. Whatever's rotten at the base will be dismantled, not always gently. And of course these happen on social, personal and collective levels.

We don't need astrology, or to understand the movement and cyclic influence of the planets to be aware we live in defining times. Major times in need of significant reconstruction. And they're building to a crescendo. Us humans have such amazing potential and promise and yet are capable of so much chaos and destruction. We're masters at domination and control. And of avoidance.

Pluto in astrological lore represents pure atomic Power... pure transformational energy. The super Power of the unconscious. Saturn's influence is about making real, building solid foundations... structures made to last. Creations inspired by core values. No shortcuts or bodgy jobs will get a look in. Saturn's also known as Lord of Karma... i.e. what we sew we reap. He's also Lord of Time.

The Saturn and Pluto cycle is linked to the creation and destruction of nations and societies. 2020 has been described as the 'Life before 2020 and life after 2020'. These are major

cycles we're walking through.

I feel deeply for the environment and Earth's creatures. We humans are only a part of this magnificently complex community of Earth. Yet we dominate it. It hurts to witness our carelessness and inattention. Cycling through the Brunswick Heads Nature Reserve one morning, a stunning Pied Heron flew to a branch right in front of me. As quietly as I could I stopped and stood taking in the beauty of the scene. I became aware of the energy and presence all around me. The myriad of life forms that were present yet invisible to the eye.

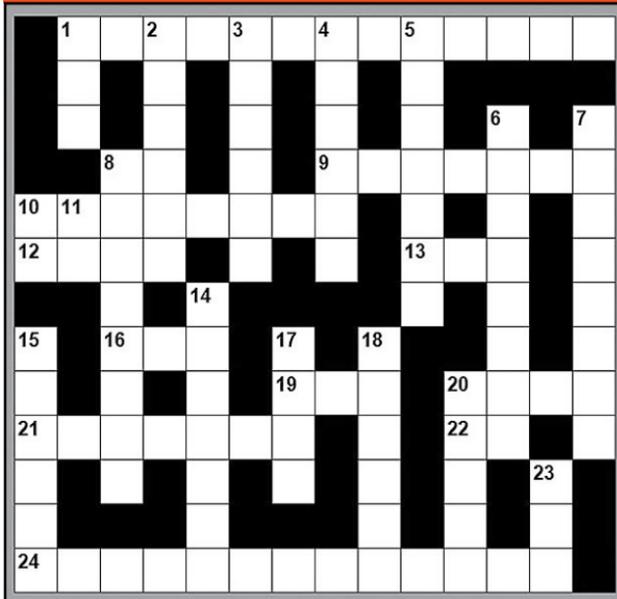
We need to find our place in the natural order of things. We've dominated Earth's community for far too long. Decisions and choices are made to further social growth and progress. What we want, what we demand. How we want to live and prosper. It can't go on. We need to live in accordance, in harmony with everything else. There's only so long we can work against natural laws without everything falling apart.

Saturn can also be likened to an hourglass. Time's up! It's been slipping away and it'll never return. Pluto ignites a raging fire at our core, neither tend to have gentle bedside manners. Coming together in the cardinal sign of Capricorn - cardinal meaning initiated action and direction, motivation and focus - and Capricorn representing our major social structures like big business, governments and banks; the foundational structures that keep our systems running. There could be a whole lot of shaking on the horizon.

On a personal level Saturn and Pluto penetrate the heart of our shadow. Those parts of us that lie deep down away from view. That operate from underground, below the surface, beyond our conscious awareness. At least most of the time. Until some event or awakening brings them into conscious presence. Brought into conscious awareness we have the opportunity to work with them. We get to see what's guiding our actions and motivations. We then have a choice... we can change, we can transform.

# Nimbin Crossword

2019-04  
by 5ynic



### Across

- Planting trees
- Small memory card
- Required nutrient
- Fatty acid chain with single bonds
- Double reed woodwind
- Anger
- Number two
- 1980s Norwegian pop group
- Absorb a book
- British philosopher - founded utilitarianism
- Righter of writer's wrongs?
- Human-caused

### Down

- Horny sheep
- Cheesy dish
- Cover again?
- Answers
- Slaughterhouse
- Changed
- Immune system defender?
- Crushing with boots?
- Life partner (init.)
- Tummy muscle
- Riding trouser
- Gas cloud
- Conserves? Tunes!
- Not waxing
- Hashish
- Nervous facial movement

Solution: Page 23



# Nimbin Trivia Time

by Eclectus

### Questions

- In the 1930s, Australia boasted three world beating sports champions who were universally recognised as masters of their respective fields of endeavour, performing at a level unmatched by any other. Who were they?
- What is the world's only scaled mammal?
- What plant shares its Linnaean name?
- Which musical instrument requires no physical contact from the player?
- What is the oldest surviving electric musical instrument?

- Answers**
- Don Bradman (cricket), Walter Lindrum (billiards), Phar Lap (racing).
  - The pangolin (order built by Delaborde is the original model Baptiste Delaborde and scientist Jean-Baptiste Lamarck invented in 1761 by Jesuit priest harpsichord was
  - Pholidota* (sp.)
  - The theremin is an electronic instrument played by moving one's hands between antennae without touching anything. Also known as the etherphone, it was invented by Leon Theremin in 1920.
  - The electric harpsichord was invented after his death.

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7.00am	7.30am	8.00am	8.30am
8.00am	8.45am	12.00pm	12.35pm*
12.00pm	12.35pm*	2.35pm	3.10pm
2.35pm	3.10pm	5.30pm	6.00pm
3.20pm	4.15pm		
5.30pm	6.00pm		
		Leaving	Arriving
		Nimbin - Main St. (Park)	Lismore Transit Centre
		9.00am	9.35am
		12.45pm	1.15pm*
		3.25pm	4.10pm
		4.25pm	5.15pm
		6.05pm	6.35pm

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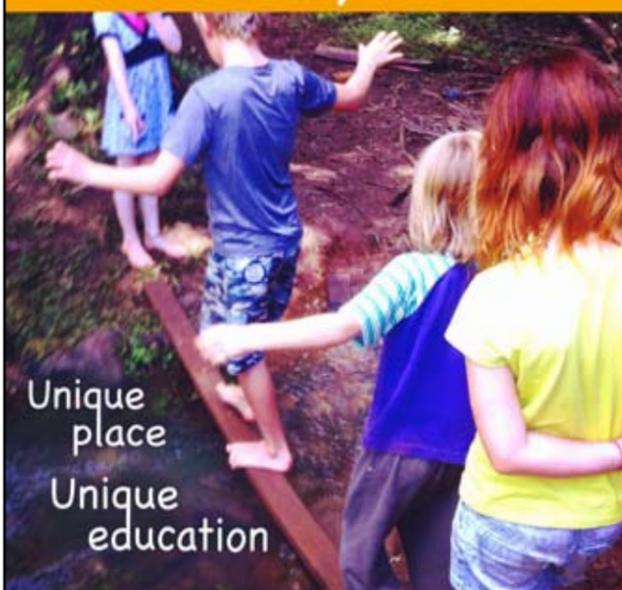
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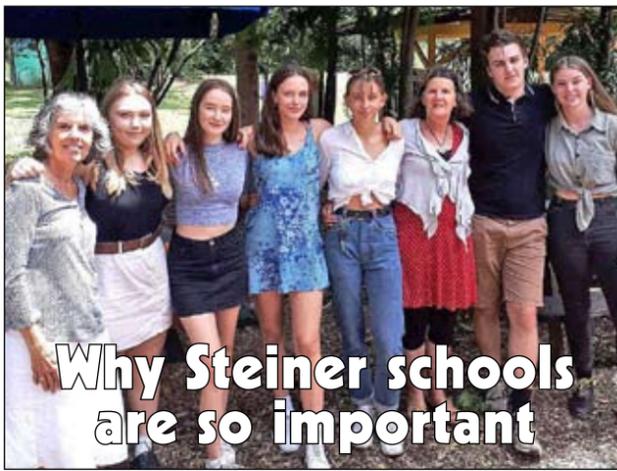
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### Did you know?

All our links are clickable in the web edition.  
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## Why Steiner schools are so important

Marga Helms the teacher (3rd from right) and Sonja Kindermann (far left) the class assistant with their 'old' students, most of them started in Kindy and went all the way through to year 6

by Marga Helms,  
Educational administrator

In 1919 Rudolf Steiner was asked to develop a school for the workers in the Astoria factory of Emil Molte, and the Foundation Stone was laid in that year; the first Waldorf/Steiner School was opened in Germany in Stuttgart.

This year we are celebrating 100 years of Waldorf/Steiner Education all over the world. As part of this, students from all Steiner Schools wrote and received cards to and from other Steiner Schools around the globe. We displayed them at school, sorted them by countries and put up a World map at the School entrance, so the students could find the countries. How does this Education contribute to the changing world we are living in today?

As I just met with ex-students of my last class, that I taught from year 1 to year 6, and who are now in year 11/12, I will give you examples of their answers to the following question: "What do you think the Primary Steiner School experience has given you?"

Something outstanding is the supportive environment they experienced through the building relationship of their class teacher and support teachers over that period. The relationship can be described as loving authority. They valued that they called their teachers by their first name and that the teacher was guiding them with respect and open communication, and they were accepted as who they are. They believe that this helped them with good relationship building, having acquired people skills.

They value the creativity they gained and mentioned how the story-telling and retelling has given them listening skills,

as well as a well-developed memory. The many stories and lessons on Cultural History gave them varied cultural insights and experiences.

They are confident and think that they are wholesome young people because of the many other skills they learned, which the continuous craft lessons were an important part of.

But what about the academic skills? Here we had different experiences. Several students said that they were ahead in English and maths which helped them with the transition, and they are still excelling, while others struggled because of their difficulties in these areas, which were mostly related to dyslexia.

While they felt supported in the Steiner system, I would say that some students experienced hardship and didn't get the recognition and support they needed until later (Nimbin Central School being mentioned positively).

They still feel a strong bond, even though they are at different schools, some having moved away. They believe that the students coming from the Steiner School have a good reputation. And of course, the many excursions and class camps will stay in their memory forever.

I was amazed how well they had reflected on their experiences. And interestingly, now they understand the values behind the curriculum which they not always embraced wholeheartedly at the time.

Imagine how much more can happen in their development if they could attend a Steiner High School in the area! We are offering Middle School, year 7/8, which allows more growth and maturity before making the change.

And the vision of a High School lives on.

## Tabulam fundraiser



Students of Nimbin Central School were concerned about those affected by the Tabulam bushfires earlier this year and decided to do something about it.

The Student Representative Council got together and organised a sausage sizzle event. On Thursday they set up at school and on Friday they occupied the main street of Nimbin. There was even music provided to draw in the punters.

The Nimbin Central P&C supplied the sausages, Nimbin Bakery supplied the bread and the students supplied the enthusiasm and effort.

Thanks to the generosity of the community and students, over \$600 was raised which will go to the Jubullum community of Tabulam to help out those that have lost everything.

## Different to any other

by Alison Southeyl, parent

I consider myself blessed to have found Tuntable Falls Early Childhood. Our youngest three children have revelled in attending their "home away from home".

From the moment I first walked into the entrance I knew this preschool was different to any I had encountered previously.

Over the years the educators and administration staff have become like family. We have met some of the most wonderful grounded people and our children have made life-long friends.

The early childhood educators are so understanding with the children, You know your child will be nurtured and educated more than just the basics.

The educators show such professionalism, compassion and love, it is easy to fall in love with the pre-school.

Our youngest currently attends all three days the school is open (Tuesday – Thursday) and it is difficult to say what would be her favourite experience.

As the pre-school is situated in a beautiful rainforest setting the children have regular opportunities to enjoy time at our ankle-deep creek

The children have ample opportunity to experience and learn about nature and the



changing seasons.

Tuntable Falls Early Childhood has such a vast variety of experiences to offer the children, from circus, mud pit play, vegetable gardening and Landcare.

They regularly walk to the community orchards and have forest walks. They also do lots of music and dance. The list is endless!

They currently have vacancies as they have been impacted by the mandatory vaccination legislation, meaning essentially that unvaccinated children cannot attend any licenced children's service

I would recommend Tuntable Falls Early Childhood to any parent that wants something out of the ordinary for their child. It will always be a special place to our children, and also to us!

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# Kindergarten cop



by the educators of  
Nimbin Early Learning Centre

This month we went on an excursion to the Nimbin Police station where Constable Michael showed us around the premises.

We explored inside the police station and saw where the cell is. Constable Michael then showed us all the equipment he wears on his body and the children got to have a go at using the handcuffs and baton.

We then got to sit in the police vehicle where

the children all got a photo in the driver seat and got to press the siren button before jumping into the back all together where all the children were small enough to stand up.

The children had an absolute ball with some of them wanting to be police officers when they grow up.

We thank Constable Michael for taking the time away from his busy day to show us around.

Please feel free to call the Centre on 6689-0142. We are open Monday to Friday, 8.30am-5pm.



by Lucy White

The football season is upon us, and in Round 1 of the competition, six games were scheduled to be played at the Headers fields over the weekend of 30th and 31st March.

The Nimbin Headers Sports Club has eight competitive football teams this year. Senior teams include two women's teams (3rd and 4th division) and two men's teams (2nd and 7th division) and the Juniors are made up of Grade 16s (2nd division), mixed Grade 14s (2nd division) and another Grade 14s (2nd division) "All Blacks" team.

All teams across the club have commenced training, and with the competitive teams finalised we now turn our attention to recruiting more players for our Miniroos teams – Grade 6s to Grade 11s.

Kids who are enrolled in school are eligible for the \$100 Active Kids Voucher, so be sure to apply for this through Service NSW before you register. Registration takes place online through the MyFootball website.

The training days have changed a little with the mixed Under 14s training from 4pm Wednesdays, as well as the men's teams and Grade 16s, from 6pm. The "All Blacks" and our Miniroos teams all train on Thursdays from 4.15pm, as do the women's teams, from 5.30pm.

Miniroos parents are encouraged to come down to the fields on training days. All of our coaches would really appreciate help from the parents with running drills to keep the kids motivated, encouraged and focused. Don't be shy to offer some help and you may learn a few coaching techniques.

All players' parents/partners/guardians will be helping out in the canteen this season when home games are scheduled. The view from the canteen is one of the best places to watch the game, so come help out when you are asked – volunteers are the lifeblood of our club and

the funds raised from the canteen are greatly needed.

Getting involved with local community groups is a rewarding experience; you have the opportunity to gain new skills, meet new people and be actively involved with your child's passion for soccer.

The Nimbin Headers provide valuable sporting activities for our local community, so please think about how you can help to support the club to do this.

Important details about upcoming matches, wet weather information and changes to training will be posted on our Facebook page – please like and follow the Nimbin Headers Sports Club on Facebook to stay up to date.

Match days at home will again be alive with activity so make sure you come to watch the games, buy some delicious food from our canteen and enter one of our raffles.

Great prizes have been donated by some of our wonderful local businesses, including The Green Bank, The Nimbin Candle Factory, The Emporium, Nimbin Apothecary, Nimbin Newsagency, OzKat Clothing, Happy High Herbs and Nimbin Lovebites.

The ongoing generosity of the Nimbin Hotel as the club's major sponsor has enabled the Headers to grow as a club, with sponsorship dollars going towards purchases such as junior goals, team shirts, balls and other vital training equipment.

Rainbow Power Company maintain strong Headers support, with sponsorship for many projects, the most recent being the installation of the Tesla Powerwall2 battery at the club.

We are also very pleased to announce that Nimbin Hills Real Estate have again sponsored the club, with a new strip for our 4th division women's team. The support given to the club by local businesses is greatly appreciated.

Hope to see you all down at the fields throughout the 2019 season.



## Engaging with environment

Phil Dudman with a group of engaged students; Maximus (left) and Aragorn (right)

by Ginja O'Brien, teacher

Tunable Falls community school believes in an educational approach where the children learn that the environment is inseparable from themselves: they are the environment and the environment is them.

Our objective is to 'grow green' children, equipped with the tools, knowledge and the passion to pursue a sustainable future.

To walk to talk of Sustainable and Environmental Education (SEE) we at Tuntable Falls Community School follow three simple steps to grow 'green children.' Firstly, we 'engage' with the environment. The children are involved in the holistic process of growing their own food.

From the tiny seed, the children learn to organically farm an enormous range of seasonal vegetables in our abundant school garden.

They harvest the food in preparation for seasonal communal meals as well as producing jams and sauerkraut.

We are planning an orchard and also building bird boxes throughout our school to encourage birds to safely nest in our school grounds.

We have chickens that we care for each day, and recently learnt how to build a biodynamic compost heap with Phil Dudman.

The second objective that we consider to be an essential ingredient in the SEE program is 'exposure' to local communities. We achieve this by tailoring frequent camps and excursions.

By exploring the wider community, the children are given opportunities to interact with the assets of our community, the natural environment, its inhabitants and their outstanding initiatives.

We live in such a culturally rich region and it's very beneficial for the children to discover these community projects to fully experience history in the making.

The third ingredient is our ability to 'link' the environment and local community to the curriculum.

Although we adhere to the NSW primary curriculum, we program it in a way that tailors for our children's unique interests and the school's deep environmental ethos.

When we as teachers do this effectively, it enables the children to link their real-life experiences to the expected academic outcomes in an authentic learning program.

## Young and creative

The artwork at right is by Sibella, a student at Nimbin Community Preschool, at Nimbin Showground.

Enquiries are welcome. Phone 6689-1203 or email: [nimbinpreschool.director@gmail.com](mailto:nimbinpreschool.director@gmail.com)



**NIMBIN'S SUSTAINABLE LIVING HUB**  
7 Sibley Street

April workshops:  
**Functional Arts**  
\$10/hour unless otherwise noted  
Bookings: text 0475-135-764

**Mondays – Fibre Arts**  
(starts 10.30am)

- **8th April:** WILD WEAVERS – Every 2nd Monday of the month. Weaving with recycled materials and e-waste.
- **15th April:** SPINNING – Every 3rd Monday of the month. Drop spindles and spinning wheels available, or bring your own.
- **29th April:** SLOW CLOTH CLUB – 4th Monday of the month. Knitting machines. Bring your own or practise on ours.

**Tuesdays – Waste Wise**  
(starts 10.30am)

- **9th April:** Make your own net shopping bag: crochet, macramé or island style.
- **16th April:** Lantern making with recycled 2-litre milk containers – bring clean containers and make fluttering butterflies!
- **23rd April:** Papier maché: help create giant mushrooms for the magic garden market at MardiGrass. Bring newspapers.

GARMENT MENDING with Atelier Smith – every 2nd and 4th Wednesday, 2-4pm: drop off your old favourites while shopping at Nimbin's Farmers Market.  
WASTE WISE NIMBIN PROJECT – Meeting Monday 29th and Tuesday 30th April to set up recycling stations for MardiGrass