



# THE NIMBIN GOOD TIMES

Festive and FREE

Pandanus Edition  
January 2019

81 Cullen Street  
Nimbin 2480  
Phone 6689-1148  
nimbin.goodtimes@gmail.com

## Easy eco-friendly New Year's resolutions



So, Christmas and New Year's Eve are done, and it's time to set your resolutions for the year, so here are some super-easy-to-follow resolutions from WWF that are guaranteed to help save the planet.

### 1. Reduce Your Use

Plastic has become such an essential part of our lives, but the statistics on plastic pollution are terrifying. Australians produce three million tonnes of plastic each year on average, and only 12% of that is recycled. Make a pledge to #ReduceYourUse

### 2. Playing for keeps

It's estimated that Australians use one billion disposable coffee cups each year, which is a lot! If you're a coffee addict, using a Keep Cup will save hundreds of non-recyclable, non-biodegradable coffee cups from ending up in landfill every year.

### 3. The last straw

By turning down a straw next time you order a drink, you'll help cut down on the millions of disposable plastic straws that are used in

Australia every day. There's now a wide range of metal straws that offer an eco-friendly solution.

### 4. It's in the bag

With the big supermarkets' plastic bag ban, reusable shopping bags are all the rage. You can even take it a step further by taking reusable produce bags along with you to really minimise your plastic bag use.

### 5. Break it down

An easy, eco-friendly way to dispose of your food waste is to compost it! Each year every Australian household throws away \$1,036 worth of food that ends up in landfill. When disposed of this way, the scraps break down and release methane. By composting your scraps instead of throwing them you'll be helping to lower greenhouse gas emissions.

### 6. Look for labels

This year, commit to buying certified sustainable products like MSC and ASC seafood, FSC paper products and RSPO sustainable palm oil products.

Remember, you are part of the solution.

# HAPPY NEW YEAR!



by Bob Dooley

Once again, Woodford has shown its class, with a week of top-flight performances and spectacular events.

With 150,000 other revellers on-site, it would be hard not to enjoy the celebrations of Christmas week.

Any excuse for a party, I reckon, but why is this New Year thing such a big deal?

Obviously, marking the passage of time is important, a time to reflect on the past and make plans for the future, but isn't the New Year observance just an embodiment of our compartmentalised Western lifestyle?

Jan 1 sort of looks like any other random day of the year, but it's not.

It's a tricky thing, organising a calendar, and it took a while to get it right.

In 46 BC, Julius Caesar created the Julian calendar, which set the new year when it is celebrated today, but miscalculated the length of the solar year by 11 minutes so the calendar fell out of sync with the seasons.

The Julian Calendar was replaced



A taste of Woodford  
Photos: Elly Bird

in October 1582 by the Gregorian Calendar, named after Pope Gregory XIII, which changed the formula for calculating leap years.

To complete the tweaking, 11 days were dropped from the month of September 1752. There were riots.

The Chinese opted for a lunar

calendar, and no tweaking has been needed.

The Year of the Pig, year 4717 will start with the Lunar New Year on 5th February, and end on 24th January 2020.

It is predicted to be a year of fortune and luck. Let's hope so.



# HAPPY 2019 FROM RAINBOW



Call the renewable energy specialists on 02 6689 1430

visit [www.rpc.com.au](http://www.rpc.com.au)