

## Astrology for 2025: Crossing the threshold

#### **Overview of 2025**

2025/26 will be remembered as the watershed years of the decade when we manifest the epochal shift from the old materialistic and stable Earth Age to the fast-paced unpredictable Air Age.

The year begins with Mars retrograding through the early degrees of Leo and in opposition to Pluto in Aquarius calling for our determination and courage to give power to the spirit of innovation and renewal. Mars retrogrades back to Cancer on January 6 and will remain in the sign ruled by the Moon until April 17. The Mars retrograde period ends on February 23 making the start of 2025 perfect for slowing down, observing our emotional reactions, and reviewing how we deal with tension and stress in our bodies, home life and relationships with others. Having strong inner foundations give the balance to move through times of transition and epochal change.

The first major shift of the year takes place on January 12, when the Lunar Nodes of fate and destiny change from Aries/Libra to Virgo/Pisces. For the next 18-19 months the polarity between chaos and order is highlighted. The lunar nodes are the GPS of collective focus. We can anticipate a greater collective effort in managing the refugee crisis, homelessness and supporting those in need. The state of the oceans, climate change and the environment are also top priority. The Lunar North Node is conjunct Neptune until the end of March emphasising the transpersonal, the visionary and creative, pointing to the implementation of a spiritual practice. The Pisces-Virgo axis calls us toward dedicating our skills to a higher purpose, finding peace of mind through helping others to find happiness. When we surrender, we will become stronger.

The solar and lunar eclipse seasons in 2025 occur in March and September. Each eclipse season comprises two eclipses, one solar and one lunar, a couple of weeks apart. Very often, these are the most active and hectic times of the year. Solar and lunar eclipses are powerful new and full moons near the nodal axis and mark times of rapid change. We are forced to face important issues in a way that might be uncomfortable at first, but that ultimately can lead to evolutionary growth.

#### **Outer Planet Transits**

In astrology, we study the cycles of the three slow-moving outer transpersonal planets as the key markers of our collective experience through history. These outer planets have long orbits: Pluto 248 years, Neptune 164 years and Uranus 84 years. It is an extremely rare event when all three outer planets change signs in between 2023/4-2026. They are the significators for our collective evolution and

#### The Saturn-Neptune Conjunction 2025-2027: Dissolution vs Birthing **New Visions**

During 2025, Neptune and Saturn journey back and forth between the last and first degrees of the zodiac, preparing for their next major conjunction on February 20, 2026, at the zero-degree Aries point. It marks the birth of a new era.

The conjunction is near exact already in July/August 2025. Together, they call in a new time with new images and visions while completing their 36-year synodic cycle. We can perceive it as a courageous push to move forward into a brand-new world of possibility alongside with grieving over the loss of unfulfilled dreams.

Saturn/Neptune alignments are complex. Saturn and Neptune contradict each other in many ways. Saturn represents the limitations of reality, the factual, the boundary between the known and the unknown. Neptune represents our hopes, dreams, inspirations and imagination, but also illusions and deceit.

Neptune, ruler of the oceans, has no boundaries. Neptune erodes the strict laws and structures of Saturn and Saturn scrutinises Neptunian fantasies. Reality itself becomes uncertain. And at the same time, it can also be a process of giving form to our ideas and ideals, bringing our vision down to earth.

The cycle now ending started in 1989-90 with the fall of the Berlin Wall and the dissolution of the USSR. Previously existing boundaries and divisions (Saturn) were eroded and dissolved (Neptune). In many ways, these were transitional times with lots of confusion and uncertainty.

On a personal level, we can ask ourselves which boundaries, limitations or responsibilities need dissolving in preparation for the new incoming energies?

The upcoming conjunction is informed by a helpful Uranus-Pluto trine, being the apex of an unusually supportive alignment involving all the three transpersonal planets.

#### The Uranus-Pluto Trine 2025-2029: **Revolution and Evolution**

Once Uranus enters Gemini on July 8, the cosmic awakener will be forming a longlasting trine aspect with Pluto in Aquarius. Pluto in Aquarius is symbolic for people's power, decentralisation and grass root movements.

Historically, it has been a period when great new discoveries were made that changed the way humanity perceives the world. During the Renaissance (1532-1555) Copernicus put forth the theory of Heliocentricity, and Paracelsus brought on the medical revolution. During the Age of Enlightenment (1777 -1798) Uranus was discovered, coinciding with the start of the Industrial and French

years later, we are facing a progressive new world, driven by Artificial Intelligence that promotes a new definition of consciousness and what it means to be human. The Quantum Paradigm suggests consciousness is an integral part of the cosmos and not limited to the human mind. As the outer planets align in an extremely rare harmonious configuration, they communicate to us that all things in the universe are interdependent and interconnected. What we think, feel, and do does matter.

#### Uranus in Gemini: 84-year cycle – The Communication and Technology **Revolution 2025 – 2032/3**

Uranus enters the sign of the twins July 8 through to November 9 and then retrogrades back to Taurus. Uranus returns to Gemini in April 2026 (until 2032).

Uranus represents change, freedom, and originality representing the archetype of the rebel who breaks through conventions. The energy is sudden, exciting, unexpected, unpredictable. Uranus rules innovative technologies, new discoveries, electricity as well as air and space travel.

Last time when Uranus visited Gemini in 1942-1948, the USA entered WWII, and two nuclear bombs were dropped on Japan. The UN was founded, and the Declaration of Human Rights issued. Inventions included rockets, sonar, radar and the transistor as well as LPs and vinyl records. With Uranus in the mental sign of Gemini for the next seven years, we can anticipate radical new transport and communication systems, new developments in space travel as well as radical changes to social networks, education and numerous innovations driven by AI. Uranus has its final stay in Taurus between November 2025 and April 2026.

#### Neptune in Aries: 165-year cycle – Spiritual Renaissance and Spiritual **Empowerment 2025 – 2039**

Neptune is in the last degree of Pisces at the start of the year. Neptune crosses the zerodegree Aries point on March 30, birthing a new cycle, a new beginning. Last time it transitioned from Pisces to Aries was February 1861. This coincided with the start of the American Civil War and the abolition of slavery.

In Australia, the National Gallery of Victoria was founded, and the first Melbourne Cup was held. Neptune will be in Aries until 2039. Neptune is the ruler of horses but also of the welfare of all beings. It will be interesting to witness new developments in this area.

Neptune represents our imagination, collective and personal. It is the planet of the spiritual and emotional realms symbolising the ideals and dreams that inspire us to transcend boundaries and fuse with a greater whole.

towards glorifying populist leaders and fighting for a cause that stimulates religious or ideological dogmatism. Neptune has its final 3 months in Pisces from the end of October 2025 until the end of January 2026.

#### Saturn in Aries: Breaking Through Boundaries - May 2025 - April 2028

Saturn enters Aries on 25th May and retrogrades back to Pisces on 1st September for a few months, returning to Aries in February 2026.

Saturn is in the sign of its fall when in Aries, demanding maturity and accountability of the youthful pioneer who storms ahead according to their own desires and needs. Aries likes to conquer new territory in search for their own ego-identity, the "Golden Fleece". The emphasis is on getting moving and doing it without thinking about possible consequences.

Saturn teaches Aries valuable lessons in persistence, calling for reality checks, responsible action, and prioritising what to focus on and fight for (or defend against) to get results. On an elemental level, Saturn is cold, and Aries is hot. This can give rise to feelings of frustration but also the desire to break through boundaries and confines that restrict one's autonomy and independence.

#### Jupiter in Cancer June 10, 2025 – July 1, 2026

Jupiter, planet of good fortune and wisdom, enters Cancer on June 10, 2025 and remains until July 2026. Jupiter is well placed in the sign of the Moon, its sign of exaltation. Jupiter expands whatever sign it is journeying through.

In Cancer, Jupiter brings abundance, growth and fresh opportunities to all things to do with home, family, children, mothers and education. In Cancer, Jupiter motivates us to honour our emotions and inner needs and build on what nurtures us. This includes the food we eat. On the downside, we have to be careful not to overeat or pamper ourselves and others too much.

Jupiter forms stressful square aspects to Saturn and Neptune, exact June 15 (Saturn) and 19 (Neptune). This is a reminder to nurture the seeds we plant now with care and devotion to make them grow and blossom in the future.

#### **Retrograde dates**

- Mercury retrogrades: March 15 April 7: Mercury retrogrades from Aries to Pisces
- July 18 August 11: Mercury retrograde in Leo
- November 9 November 29: Mercury retrogrades from Sagittarius to Scorpio
- Venus retrograde: March 2 – April 13: Venus retrogrades

#### processes.

Additionally, during 2025 to 2028, Uranus, Neptune and Pluto align in a supportive Minor Grand trine, transiting from more passive water and earth signs to energetically active and outward directed air and fire signs. Just to get an idea about the length of cycles, the last triple conjunction of these slow movers occurred in 578 BCE, the time when our modern era civilisations were born. Now 2500 years later, they align again with Neptune at the midpoint marking a watershed moment in history, a breaking point for us all. The possibility of war and destruction competes with the possibility of world peace and the awakening of a global consciousness.

#### Revolutions.

Uranus and Pluto will be forming five exact conjunctions between July 2026 and May 2028. Their harmonious alignment marks a period of accelerated change. This may occur through either radical societal-political or environmental change, or even evolutionary leaps as well as everything together.

Many of the revolutionising ideas born at the Uranus-Pluto conjunction in 1965-67 may come into manifestation. During this period, especially young people were inspired by a consciousness revolution in search for their spiritual truth, their connection with others and with nature.

Also, the technological revolution including space exploration had its roots then. Sixty

Neptune in Aries represents the archetype of the spiritual warrior. In Aries, the inner fire is ignited. We are called to act on our vision and bring it to the world. Neptune in Aries opens a portal to the imaginative dimensions. However, it is important to remain mindful of what we are wishing for and which energies we want to activate. Saturn is accompanying Neptune until 2028, positioned at the gap between the real and the ideal.

Saturn tells us that actions and decisions have consequences; they can be positive or negative. Because of uncertainty and fear of chaos, the collective mood could gravitate

#### from Aries back to Pisces March retrograde:

• December 6 – February 23: March retrogrades from Leo back to Cancer The dynamic of the inner planet retrograde cycles plays out between fire and water, between stepping out and up and then withdrawing inward for further reflection.

#### Summary

2025 is a transitional year when innovative steps are taken into the future and the New Air Age. New visions and dreams emerge out of the collective (un)conscious. This is followed by further reviewing of the past and the dissolution of the earth-bound structures of the dying old world.

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# **STAR SIGN FORECASTS FOR THE YEAR**

## Aries

This is an eventful year for Aries coinciding with Saturn and Neptune starting a new 14-year cycle in your sun sign. Neptune enters March 30 and remains in Aries until October 23, and again from January 2026 until 2040. Neptune sensitises and dissolves boundaries generating feelings of uncertainty and vagueness. Your motivation may change as you want to focus more on creative or spiritual goals. Saturn will be in Aries during May 25 and September 1 and again from February 2026 until April 2028 starting a new 29-year cycle of maturing. You may be asked to take on extra responsibility or work extra hard to realise a dream. This can be confusing as you may also feel like slowing down and having a rest. It may be a good idea, not to overload yourself with too many new projects.

## Taurus

After seven years in Taurus, Uranus the planet of awakening but also disruption and chaos, leaves your sun signs during July 7 to November 8, making its final exit in April 2026. For you, there could be calmer times ahead. Nevertheless, you may want to reflect on the changes that have taken place in your life and how they have brought you closer to who you truly are. Your ruling planet Venus is performing her retrograde dance during March 16 to April 7. Use these weeks to reflect on your most important values and priorities. Your life could shift into a different direction as your search for more freedom and authenticity continues.

## Gemini

These are exciting but also life changing times for Gemini, when Uranus enters Gemini during July 7 to November 8, and then from April 2026 to 2032. You will need more space to do the things that inspire you. Uranus puts stress on the nervous system, a new flow of creativity and mind-blowing ideas could alternate with an increase in restlessness, sleeplessness and anxiety. So, take good care of your mental health during this 7-year Uranus in Gemini cycle. Jupiter, planet of good fortune and bringer of opportunities remains in your sun sign until June 10, giving you a taste of new possibilities and prepares the path for new future developments.

## Cancer

Mars, planet of action, is in your sun sign from January 6 to April 17. Mars is retrograde until February 23, making the start of 2025 perfect for slowing down and getting in contact with needs and energy output. It is a good time to reflect on what you really want in life. The good news of the year is Jupiter's entry to Cancer on June 10. The planet of good fortune and expansion remains in your sun sign until July 2026 offering you many great opportunities of growth. Use the weeks in the early part of the year for contemplating on dreams and projects close to your heart. There is a great chance that they will grow and blossom.

## beg

The year begins with action planet Mars in retrograde motion in your sun sign until January 6. This cycle of review started already in December. You may reflect more on how to make best use of your energy and apply your creative drive. From April 19 to June 17, Mars is in Leo again and in direct motion boosting your energy level and supporting you in driving your plans forward. Pluto, the planet representing power, has now fully entered Aquarius, the opposite sign, urging you to make your unique contribution to a specific group or humanity at large. Your entire relationship experience may go through deep changes, and you might have to work on a new balance between your needs as a sovereign being and those of others.

## Virso

The nodal axis changes to Virgo/Pisces in January 12 for the next 18 months emphasising a shift in focus. During this cycle you will be able to change old habits of overanalysing and needing to be in control of every detail in your life, to a more relaxed approach. Guided by your emotional experiences, you may choose to dedicate your skills to being more inclusive. Endings and new beginnings are especially potent during March and September. These periods will be important for your relationships with others. Agreements and contracts may change suddenly. You receive new insights about your future life direction when Uranus enters your career sector during July 8 to November 9, continuing this cycle in April 2026 for another 7 years.

## Libra

2025 starts with a period of reflection on what makes you happy and fulfilled. From January 6 until February 23, Mars, planet of energy and drive, passes through your career house in retrograde motion initiating a cycle of review of your major plans and goals. Then Venus, planet of relating, begins her 6-week retrograde cycle in your house of partnership and marriage on March 2 exposing unresolved relationship issues. Changing dynamics in partnerships will remain a theme for the years to come. Saturn, master of reality, enters this part of your chart during May 25 to September 1 and again from February 2026 until April 2028. Neptune, planet of romance and illusions, will be visiting from April until October staying on more permanently from February 2026 until 2040.

## Scorpio

The year starts with times of reflection about your path ahead and a quest for meaning. What does motivate you on a spiritual level? Once the Mars retrograde cycle has ended (February 23) you may feel freshly inspired. Mid-April to mid-June brings a surge of energy and ambition to follow your goals. Jupiter's entry to Cancer (June 10 – July 2026) supports an optimistic outlook and is great for expanding your horizons. Saturn visits your work and health sector from May 25 – September 1, bringing an emphasis on work, discipline and possible challenges to health. Saturn continues this cycle from February 2026 – April 2028. Neptune starts its 14-year cycle here during March 30 – October 22 and continues from February 2026 increasing your overall sensitivity.

## Sagittarius

January 12 brings a shift of focus. Over the next 18 months, worldly goals may become less important as the emphasis changes towards your spiritual evolution. This is combined with a nearly 2-month review of unresolved baggage from the past that may surface during the Mars retrograde cycle (until February 23). Clearing the past brings you closer to the truth of what you really want in life. Until mid-June, you are likely to feel pushed and pulled in different directions as you find a new way forward. Then with Jupiter's ingress to Cancer (June 10 – July 1, 2026) you will experience spiritual regeneration which encourages you to find out more about the mysteries of life, death and rebirth. It is a great time to study the occult and magickal.

## Capricorn

The year starts with Mars retrograding through your relationship sector (January 6 - February 23) stirring your emotional defences and needs for security around home and family. This call for introspection and reflection continues from March 2 until April 12 when Venus starts her retrograde dance at the bottom of your solar chart, initiating a process of re-valuation what 'home' means to you. Saturn, the taskmaster of reality, resumes this process of inner re-working when he enters Aries during May 25 until September 1 and then again from February 2026 – April 2028. This Saturn cycle is helpful for exploring your past and finding a deeper understanding of who you are to build stronger foundations in the future.

## Aquarius

Pluto, planet of regeneration, is now firmly placed in your sun sign for the next two decades initiating a process of self-discovery. This may involve a confrontation with your shadow as you become more aware of hidden motivations and compulsions. Pluto is opposed by Mars on January 3 and April 27 possibly confronting you with feelings that need to be embraced and healed. Uranus, planet of revolution and radical ideas, enters Gemini on July 8 through to November 9 generating a new flow of creativity. Uranus will return to Gemini in April 2026 and remain until 2032 accelerating your personal evolution and challenging limitations, selfimposed or otherwise. As your worldview is in a process of transformation, explore different subjects and philosophies and train your brain to be open-minded.

## Pisces

There is a shift in energy for Pisceans when Saturn and Neptune are leaving your sign during 2025/2026. Neptune enters Aries already during March 31- October 23, and Saturn follows from May 25 – September 1. You may feel as if a burden is lifted off your shoulders. Both planets will have finalised their cycle in Pisces by February 2026. 2025 is a transition and testing-out year, when you can finalise one chapter and start opening a new one. The entry of the lunar North Node in Pisces on January 12 starts an 18month shift in focus and encourages an emphasis on your personal growth. You may feel a push to nourishing your soul more and letting go of the need to struggle.

#### • Navigation by the Stars:

Personal and/or Relationship Astrology; Life Cycles and Your Year Ahead. Transits: Plans, Directions, Concerns for 2025-2026. In person or on-line consultations. Phone: 0457-903-957 or email: star-loom@hotmail.com

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 'The Astrology of 2025: Crossing the Threshold Key Transits, Alignments, Ingresses'; February 8th, 10am – 4pm at Lillifield Community Centre.
For information and registration, phone: 0457-903-957 or email:





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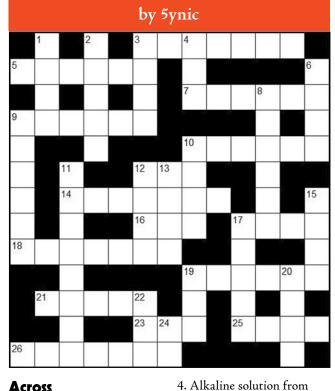
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## Nimbin Crossword 2025-01



#### Across

- 3. Permitted
- 5. Drying (of leather, say) 7. Site of 1854 miners'
- rebellion
- 9. Increasingly illuminated?
- 10. Qualification? Extent
- 12. Consumed?
- 14. Go caving
- 16. Trance music style akin to Goa
- 17. Grade
- 18. City in Western Ukraine 19. Communicate or
- communication
- 21. Little
- 23. Trendy? Pelvis
- 25. More than twelve and
- less than twenty 26. Examine

#### Down

- 1. Subtle body? Visible around a person, some say.
- 2. Imitate
- 3. Excited to know more
- wood ash 6. Naked 8. Smallest Galilean moon of Jupiter 9. Almost heated? \_ Defend Depose 10. \_ 11. Tidal waves 12. Central European mountain range 13. Boar's tooth? 15. A body (and a prison) are divided into many of this 17. Dexter 19. A pathetic or emotional fool? 20. Good cheddar, whiskey or wine 22. Physics research facility
  - at CERN, Switzerland (init.) 24. Stephen King's terrifying
  - clown

Solution: Page 34

Nimbin Trivia Time

by Eclectus

#### Questions

1. There has been an explosion of salps in southeastern Tasmania in recent weeks. Sure, a lot of salps are exciting, just look at this



one on the right. That's only one! and it has millions of mates!! But, the trivial(?) question remains: Are salps more closely related to jellyfish or to humans? Photo courtesy ABC News

- 2. London's Carnaby Street, Fleet Street, Harley Street and Savile Row are each strongly associated with a different walk of life. These are bespoke tailoring, high end fashion, medicine and print media. Take a point for each correct match up of precinct and purpose. Take a bonus point if you can say which famous live performance took place in Savile Row in January 1969.
- 3. Abyssinian, Siamese and Persian are all types of what?
- 4. True or false: a radian is a measure of angle.
- 5. This will be a doddle if you've been reading the art pages of the Good Times. Where was Nimbin Artists Gallery's recent Nimbin Diversity Exhibition held?

6. Is yellowcake the bright yellow crust that forms on volcanic vents, the bright yellow powder of a partially processed metal or the bright yellow grains found in a successful gold panning?

7. What does it mean to shoot through like a Bondi tram? Take a bonus point if you can say how the term came about. 8. Does a frou frou have feathers, fins, fur or none of the above? 9. Keflavik is the main airport of which island nation? 10. Which abundant and companionable (except in South Australia!) Australian parrot is known in the USA as a Rose Breasted Cockatoo? And, for a bonus point, why is it not considered companionable in South Australia?

#### shoot galahs without a permit.

"gilaa". In South Australia, landowners are allowed to the northwest New South Wales Yawaalaraay word 10. The galah (Eolophus roseicapilla) gets its name from 9. Iceland.

8. None of the above. A frou frou is a showy or frilly dress. of Australian English.

the line in 1960, but the phrase has remained a part Darlinghurst to Bondi Junction. Trams last ran on first, an express tram would 'shoot through' from trams typically left the city for Bondi together, the in 1943) probably derives from the fact that two departure or speedy action. The phrase (first recorded 7. The phrase is used allusively to refer to a hasty

the spent products of uranium fission remain radioactive for millions of years but they will only kill you for the first 10,000. touted, modular nuclear reactors in your backyard, If you're thinking of getting one of the new, much 5. Yellowcake is the bright yellow powder produced in the refining of uranium metal between the raw ore state and before enrichment to the nuclear fuel stage. If north this bit aff any of a state and before any of a stage.

#### .Gunnedah.

just love maths questions?!!

- circle that is equal in length to its radius. Don't you
- 4. True. 1 radian is the angle subtended by an arc of a that??
- 3. They're all cats (Felis catus). Where? Bang! Who said
- Records office at 3 Savile Row. It was performed impromptu on the roof of the Apple in Savile Row in January 1969 was The Beatles' finale.
- Tailoring" for 230 years. The famous live performance originated) has been London's "Golden Mile of



## Grateful for breath

#### by Marilyn Devlin

**7**e will have just crossed over into a new numerological vibration... as you're reading this. I'm writing it still in the lumbering end days of 2024. It seems to be continuing its misadventure... right to the end.

Yes, yes, yes 2024... we will remember you.

Everything gets us ready... ready for what, that's the thing. We see how little control we have. As the monster changes swirl through our stratosphere... changing everything forever.

Everything changes... but what remains the same? Never falters from it's path. Devoted and aligned... never missing a beat. Your life... this incredible opportunity, given once, never repeated.

As I sit in the last days of 2024... I feel the new approach. Of course it's always a cyclic process that has no stops and starts... yet at any minute we can experience it all.

"It's going to be big," I say to myself... I can't see it yet... but sure can feel it. 2024 has prepared us for this.

We may be over all the challenges... ready for a break, any kind will do. How about a year long gap away from humans? Well, that's unlikely to happen.

Humanity is a word that will make itself known... as we venture into the rolling storms... change will be insistent... no more buts or maybe's. It'll be right in our face... OK, what do we do now?

We burrow deep... deeper than we've been before. We gotta find the gold... the real and true. It will shine it's golden light... up against all the rest.

I'm not sure I feel ready for more BIG things... I've been wrung dry and emptied again and again. What strength do I have left? Yet changes need to be made... their insistence is in my face. It's a step off the cliff... oh god, am I ready for this? I just gotta be.

Seems so much has been washed away... I've been this and that... taken on so many forms (with me at the centre though). Now I don't know where I fit. The picture is not clear yet.

I just know there's a step to take... a big step, away from the past. This year will be fast... insistent and unforgiving. Life is kind, but we need to grow. The warnings and preparations are over... we've arrived.

Changes are not easy... birthing, as anyone who has birthed a child knows... is rather intense. There's nothing quite like it... no one can prepare you... you just gotta walk right through it... and expect the best.

Big things, real things are often not easy... that's the way of it, it seems. Change we don't like... we're geared for survival, our limbic brain always on the ready, alert for anything that will threaten our reality.

Change disturbs the status quo... new things come in... and we flurry to make sense of them. Our cortex is little help with these... as the limbic takes over flooding the scene with emotional sensations... "Help, show me a way out of here.'

Well, I reckon 2025 will do just that. Here it is, the push

# <u>ARTISE HERE</u>



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Memberships will be due for renewal

**Club opening hours:** Wed-Sat 2.30pm to close, Sun 8.30am to 4pm Sibley's Bistro open Wed-Sat 5 to 8pm, 6689-1473 Open Mic, Wednesday 15th January, 6pm Club re-opens 15th January



years. Savile Row (where the term "bespoke tailoring" home to medical and surgical specialists for over 250 DD is - answer next month). Harley Street has been the 1980s (take a bonus point if you know who the Dirty Digger upended print news on a global scale in print and publishing for 500 years. That is, until the synonymous with print media, having been a centre of its heyday in the swinging sixties. Fleet Street is 2. Carnaby Street is the high end fashion precinct with out keeping up with that! a back end, they have muscles." Some humans are flat brain, they ve got a heart, they ve got lungs, a stomach, humans than regular jellyhsh. I mean, "they've got a assures us that salps are more closely related to 1. Dr Lisa-Ann Gershwin's 32 years of jellyfish expetise

#### **ZISWZNA**

longing for some peace and quiet and rest... in the loveliness of what truly is. Then now's your chance. 'They' say we're stronger than we know'... well, I guess we gotta be... it's just us walking our path... along with all the rest. Wishing you lots of loveliness.

that we've been waiting for. And putting off. No more resisting anymore. It's time to take that gigantic step. The astrology is enormous... but what is the settled picture? If settled is a word that can be used. Another way... what is here and now? What is happening inside me... what is happening around me? Do I like it... or do I want to remove myself from its influence? Now's the time to make a move. If you're like me and sick of facing these head-winds...

## Community fete funds soccer field upgrade

by Ginger O'Brien

Tuntable Falls Community School has hosted a fete annually for over a decade, and each year we endeavour to improve on the one before.

This year the children decided to raise funds to upgrade their soccer pitch, new topsoil, turf and soccer goals to replace the current dry, bindi-riddled pitch. This goal provided the motivation for children to contribute to the fundraising event themselves, offering to run their own stalls.

A year 3 girl designed her own 'badge stall', bringing her own badge press and badges and offering her customers stations to decorate or design their own badge. She raised \$123.00. The family of a year 5 student set-up a stall for a



traditional Japanese water balloon game.

The famous waterslide is a major attraction, along with the delicious food, plants, brick-a-brac, cakes, coffee, books, kids craft, homemade jams and games. It was the perfect opportunity to showcase our spectacular school playground, and open our classrooms to the wider community.

We would like to thank the generous donations from our community business' who contributed to our fundraiser. Uri Ross Real Estate, Nimbin Hills Real Estate, Anna Lusty, Rainbow Health Centre, Jax Fiddles ceramics, Mad Hatter ceramics, Black Dog Honey, Sibley Street Bistro, Hannah Gash, Jurassic Joe, Kaali King, Whalebone Nursery, Lismore Toy World, Lismore roller skating rink, Ottaway soaps, and Nimbin Building Materials.

It is so heart-warming to announce that the event raised \$5224.45, which is shared between the pre and primary school. The primary school kids will be thrilled to practise their soccer skills on their new pitch. Have a happy and safe

Have a happy and safe school holidays.



117 Upper Tuntable Falls Rd, Nimbin Preschool program: Tue-Wed-Thurs 8:30am-4pm 6689 1179 tuntablepreschool@gmail.com

## Flying-fox education program highly commended

Byron Shire Council's 'No Bat No Me' project has won a Highly Commended award at the 2024 Local Government NSW Excellence in the Environment Awards.

Funded by WIRES, 'No Bat No Me' was a community engagement project aimed at teaching people about how crucial flying-foxes are in the natural environment.

Flying foxes are long-distance pollinators that disperse seeds and create habitat for many other important species.

Council's Biodiversity Project Officer and the force behind the project, Claudia Caliari said, "The clearing of habitat means flying-fox colonies are found in some urban areas of the Byron Shire, and the 'No Bat No Me 'project focused on education about these fascinating native animals and challenges this can cause."

"We took a very broad approach, talking to children in preschools and schools, going to Splendour in the Grass and other events, as well as through



advertising and social media.

"This award reflects the strong collaboration between Council, WIRES and wildlife volunteers, particularly Lib Ruytenberg and Annie Crowley, local schools, flying-fox educators and wildlife rescuers whose contributions were essential to the success of the project," Ms Calliari said.

More information about flying-foxes is available on Byron Shire Council's website: www.byron.nsw.gov.au

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- 3. Experience Italy's rich culture: from art and history to food and traditions.
- 4. Make new friends: learning together is always more fun! Students can join a friendly group and share the journey. For those ready to say "Ciao" to a new adventure, an Italian class for adults will begin in Kyogle on Friday, 31st January at 11.15am. No boring textbooks – just real conversations and plenty of laughs! Classes are relaxed and interactive. Sign up to secure a spot at: *ilcibidi@gmail.com* or phone Luke on 0490-535-626.



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## What???

#### by Magenta Appel Pye

cquired deafness, as distinct from congenital deafness, is caused by accelerated loss of the hair cells in the inner ear which convert sound waves into messages to the brain.

We have around 17,000 in each ear. When we've lost about 30% of them, it begins to affect our hearing. Most people over 60 have this problem.

Although I've had hearing aids for a while, I'm only starting to wear them now. I fought against them for years because of unacceptance, embarrassment, annoyance.

But as aural-oral communication becomes more and more difficult, I have started using, and appreciating them. So has my husband, because I no longer say "What?" every time he talks, which has helped our relationship immeasurably.

Being hard of hearing makes communication imperfect in social situations and impossible in some. You lean in creepily close. You look desperately at the person's face for clues; you try lip reading but you're a novice.

You panic when you have to respond, after spending the last ten minutes desperately trying to work out what the person was talking about. They pause, expecting a response. "I see," you say with a look of thoughtfulness and sympathy hoping this might suffice.

Or: "Very interesting but I must refill my glass," and escape as fast as you can. Or do you fess up and admit that you haven't heard properly and that if you said "yes" or "no" in an inappropriate place, it's not



because you're stupid but because you haven't got a clue what they said but hoped you could piece it together, which you couldn't.

I despise those concretefloored restaurants and cafes where the noise bounces off the floors and walls, and everyone has to talk loudly just to be heard, and the background music makes it a cacophonous nightmare for those of us with hearing loss.

Maybe they are trying to keep older people away. Well, it's working. And we have the numbers, so ignore us at your peril.

These days the total control one has over the written word is becoming more and more appealing. Maybe that's why people send text messages.

Ironically, the young prefer to text while older people like the fandangled notion of actually talking to someone. Even if we can't hear what the fuck they're saying.

It might seem easier to stay home and watch TV with your hearing aids paired to the TV via Bluetooth.

However, it is essentially important to socialise and keep our brains active. I now empathise with those with very little or no hearing and might just learn Auslan, the sign language of the Australian deaf community, and open up a whole new way of communicating.

"Blindness cuts us off from things, but deafness cuts us off from people" – Helen Keller

## Register for the Headers womens teams

by Tessa Rutley

he future of the Nimbin Headers is exciting. Exciting that as individuals we can all play a part in shaping the culture and community of our club.

However, with this privilege we must ask ourselves the question, what does our vision for the future of the club look like? My hope is for each person to always stay engaged with all the tiny efforts. It's the tiny efforts often unnoticed that may inspire the most impact in someone's life.

A football club, especially our vibrant one, plays an important part in the lives of many people within our community. This lasting impact is why we must stay conscious of how we act, what our priorities are and what message it sends to those around us.

The passion and dedication formed within the Men's Championship division last year reignited my own exhilaration for football. To see a team strive for new heights and achieve them sent ripples through the entire community.

I think everyone enjoyed the feeling of our club being noticed, not just for our kindness or our enthusiastic crowd, but for our skill and determination.

Their commitment to training, rewarded by the improvement of team cohesion was satisfying to witness. It reminded me that yes, playing football is fun but playing really good football is amazing!

I have to say I shed a couple of tears when the Women's 2nd division (my team) lost their qualifying semifinal. Not because winning is the most important thing, but because winning to me represented so much more. I wanted to ride the wave of inspiration alongside the men's Champs to higher quality football.

Sometimes I think a focus on structure and technique can be a little intimidating. There is a fear that with it, we will lose the ability to have fun. On the contrary, I believe that structure and education improves team cohesion and skills.

Whether you play for fun or competition, this improvement helps to elevate overall enjoyment, increasing as the flow of the game improves. With



this, players will have more involvement for longer in each game, reducing frustration and enhancing overall performance and satisfaction of the team and its players. Football is after all a TEAM game.

This is the vision I have for the Nimbin Headers. I'm excited to watch as our club: the spectators, volunteers and players become more and more proud of the way we conduct ourselves, the food we serve and the skills we play with, while having a whole lot of fun.

The women's teams are in need of coaches. People are excited to be a part of it. The thrill of striving and succeeding; the satisfaction of learning and improving was felt by all last year. After a hard start to the season, our team pulled it together. Vocalising our frustration and desire for more, we are

committed to work hard for it. We finished the season strong, almost qualifying for the Grand Final and feeling very proud of our exponential improvement over the season. It was powerful to feel this. To see the pride and how it inspired those around us. We hadn't really felt this with such attention

before. To have the men's teams take the initiative, helping provide drills and tips for our gameplay was compelling. For me it really helped to feel part of it all. It felt like it really meant something to the club, that maybe, as women in football, if we worked hard, wanted it badly enough and with the right support, we could strive for more.

Can the Nimbin Headers lead the

way in supporting, developing and championing women's football, female player development and women's coaching? If you think so, don't hesitate to reach out.

As a club we can't wait to make this vision a reality and together each tiny effort will count, ot forgetting that the story is still being written and as a collective we hold the pen.

Just like that we arrive at 2025, the beginning of a new year and with that a new season of football thank goodness, because what is life without the Nimbin Headers? The summer season went extremely well against the odds of wet weather. Thank you to the amazing volunteers who made it happen.

The summer comp is an extremely valuable way of opening doors to new players. Giving them a little taster before the commitment of registration. Hopefully this year it's done its job, coaxing a couple of fresh faces to join our club.

As we prepare for registrations opening on 1st February, we are aiming for three strong women's teams in 2025. Tell your friends and family that this year is the year. If you have been on the fence then jump down and come join the laughs.

If it's anything like last year, then we are looking forward to another quality show of football across all ages and divisions and a whole lot of fun.

Register at: playfootball.com Email us at: nimbinheaderssportsclub@gmail.com Facebook: Nimbin Headers Sports Club INC

## Nimbin Karate open to new students for 2025

by Sensei Rachel Whiting

elcome to the New Year! Of course, we are all making new year resolutions right now, so if something you'd

like to gift yourself or

your child this year is

a weekly fitness class

that is social, creative,

We've had a fantastic decade of classes in the Nimbin area so far and are keen to share our passion



We explore movement together, learning how to respond calmly and naturally to another's energies with the

least effort. This teaches us how to stay safe and responsive if ever faced with conflict, how to stand our ground, be in our power, and create a more peaceful community for Nimbin through the development of calm, centred, steady, capable individuals. I have over 35 years of experience in martial arts. Feel free to give me a call if you're curious to know more on 0427-778-837.

Nimbin Crossword solution From Page 32 o w E D М Α L L С U R 1 G Y Ν в EU м 0 R EK R Α

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enjoyable and useful, consider giving me a call to discuss our practical self-defence classes and whether they would suit you. We come from all walks of life, are all ages, abilities, and genders. Classes run twice-weekly: Tuesdays and Thursdays at Nimbin Central School hall, with separate classes for Junior (6-12 yrs), and Senior students (teens and adults) during school terms.

with you. The new year is a great time to start as you will be accompanied by many other new students, finding your way together into new levels of strength, flexibility, co-ordination and skill development. external. The style is called Goju-ryu, which translates as 'hard and soft style'... think yin-yang. We use both open and

My core focus in teaching

this traditional form of

karaté is harmonising

closed hand techniques, direct and flowing movements. You can also check out our website: www.gojudojo.com.au or our Facebook page: TOGK. All the best for a happy and

peaceful 2025.

# AANIFE/TINE

#### The art of practice by Susan Paget

Yee officially entered my era of magical thinking. I'm going all in on prioritising ease as the way to live a good life with the trimmings I desire.

The mission is simple. If I don't feel aligned, it's a flashing neon sign that I have to regroup, connect with my internal compass and figure out what I need to feel better. Life is all about the good vibes baby and my job, every single day, is finding them.

Now, besides muttering,"This chick is bonkers", you're probably also asking, "Who does she think she is, focusing on how she feels and asking for the best?"

And my response is that I'm just doing what we all do: we are manifesting.

For the most part, all of us manifest lives that reflect unexamined choices, belief systems and self worth. We're surrounded by what we've expected for ourselves, what we've tolerated and how we've responded.

Sometimes this unconscious manifesting mode works out okay. Other times, not so much. But as a conscious manifester, we discover there's more choices in the game of life than we've been led to believe.

Like many of us, I first cottoned on to this manifesting thing with *The Secret*, the Oprah-endorsed documentary which suggested we can have whatever we want as long as we put our minds to it. The film just scratched the surface though. To have what we want, we have to feel in our bones that we've already got it.

Too woo-woo? Whether you believe in this stuff or not, choosing to feel good so that you can manifest something often reveals roadblocks. We might not believe what we want is truly attainable. Self doubt, old stories and limited beliefs are a few examples of obstacles that pop up when we start thinking about taking charge of our manifesting.

I think this is a good thing. We go into manifesting wanting to get something – more money, a relationship, a job etc – but what we're really discovering is how to free ourselves from all the thinking that has kept us small. Imagine what happens when you do that!

Here are a couple tips for conscious manifesting:

#### What do you want?

Most of us are super clear on what we don't want. And guess what, that's the kind of vibe we'll keep receiving.

But what do you really want? How clearly can you describe it? How does thinking about having it make you feel? What action does this desire inspire you to take to move towards it?

Journaling your desires is a great way to begin manifesting them. If you can prioritise thinking about what you want and what makes you happy, that is the path to manifesting versus obsessing about what turns you off and what makes you miserable.

#### You'll see it when you believe it

Neville Goddard, one of the leading proponents of manifesting, taught the idea of "living in the end". This translates as rather than seeing

your desire as something in the future, you have to experience it as your current reality. A good place to start believing is with very basic questions.

If you had your desire now, what would be different about you? What would you eat? What kind of friends





would you have? What would you do with your time? Can you start living as though the deal is done, right now?

It might feel strange at first, but the more the new you, with the thing, is a part of your life, without even thinking about it. The more you'll connect with what you want to manifest. You will rise to meet the upgrade.

For me this "feeling good" mentality hasn't been an instant fix. It's an absolute practice with multiple checkins through the day. But rather than seeing feeling good as some Pollyanna unrealistic take on life, it seems very important.

I've looked around and I'm yet to see any proof that struggle and hardship leads to the satisfying, happy life that I want to have. So that's why I'm opting out of normal and instead choosing good vibes, both giving and receiving.

So far, I seem to manifest the things I want but along the way, cool, unexpected things happen. The universe responds when I choose to feel good. It will for you too.

You can trust me on this. I'm a magical thinker.

Susan Paget is a television producer, wellbeing writer and yoga teacher who lives at Tuntable Creek. Listen to her podcast 'The Art of Practice'. For more info, email: theartofpracticeofficial@gmail.com

## Don't get me started

#### by Harry Gumboot

suspect I've developed New Year's Eve Intolerance Syndrome.

▲ Not so much for the event – although I dislike staying up late in order be kissed by unattractive strangers – as the date.

Let's face it, the proximity of Christmas and New Year's Eve results in a weirdly bifurcated week where every day feels like it may or not be the weekend. This can raise anxiety levels to 11 and lead to desperate acts like watching the cricket.

This closeness of dates is problematic for retailers as well, because it's difficult to whip the public into its third consumerist orgasm of the week. There's only so much you can do with a "Things we Couldn't Convince You to Buy at Christmas" sale.

Sitting at home wearing the DOOF-cancelling headphones I bought myself at a sale whose purpose I had already forgotten, I took smug delight in the knowledge that the Moon Goddess had jumped the gun on party-goers by being officially new at 9.26am EDST on 31st December.

I like the Moon, not the least because she refuses to comply with our 12-month calendar.

This year her 13-month cycle means Chinese New Year falls on 29th January, while Good Friday will not fall until 18th April. This leaves a 76-day gap in which there are no official holidays.

I propose we ditch our current New Year's Eve and celebrate Chinese New Year instead. After all, 17% of Australians of Asian extraction already do, while the rest of us wouldn't say no to a succulent Chinese meal. They also have fireworks.

While we're at it, let's fill the hiatus between Chinese New Year and Easter by moving Australia Day to 3rd March. It's the anniversary of the day when Elizabeth II – acting in her capacity of Queen of Australia – declared The Australia Act 1986, thereby establishing our (and her) independence from Great Britain.

If the Ukrainians can move their Orthodox Christmas from 7th January to 25th December in order to avoid sharing it with the Russians, we can move Australia Day to a date that doesn't coincide with Invasion Day.

With a delayed NYE we could just take the week after Christmas off, live on leftovers, and return to work on 1st January.

If this idea is too hard to fathom, you can console yourself with the fact there are 100 shopping days to go until the hot cross buns run out.





\$1,280,000

Uri would like to extend a big thank you to all his clients and community for the ongoing support. Uri wishes everyone a safe Christmas break and is very excited to see what can be achieved in 2025 Find Uri Ross on Google **G** & Facebook **F** today!



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80 Robb Road Lillian Rock \$400,000

Land 5 Acres Agent: John



100 Basil Road Nimbin 4,999 Sqm з 1 2 \$820,000 Agent: Jacqui



46 Tulsi Lane Nimbin 1.17 Ha 3 2 2 \$995,000 Agent: Jacqui



35/4505 Kyogle Road 🖴 2 Wadeville 5 Acres 1 1 \$365,000 Agent: Jacqui



353 Gungas R	E	÷	1		
Nimbin	26 Ha	3	1		
\$1,100,000	Agent: Jo				

A 31 Blade Road

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Land 39 Hectares Nimbin \$660,000 - \$680,000 Agent: John



21 Alternative Way Land 684 Sqm Nimbin \$305,000 Agent: Samara

256 Magellan Street, Lismore

57 Mountain Top Road, Georgica

17 Standing Street, The Channon

975 Green Pigeon, Green Pigeon

1044 Terania Ck Rd, Terania Creek

605 Reynolds Road, Backmede

577 Boyle Road, Koonorigan

9/56 Robb Road, Lillian Rock

**RECENTLY SOLD PROPERTIES!** 

33/1157 Stony Chute Road, Wadeville



10/1057 Cawongla Road 2 5 Acres 1 Larnook \$355,000 Agent: Jacqui

Agent: Samara & John

Agent: Samara & John

Agent: Samara & Jacqui

Agent: Samara

Agent: Jacqui

Agent: Jacqui

Agent: Jacqui

Agent: Suzy

Agent: John



108/265 Martin Road Land 2 Acres Larnook \$285,000 Agent: Jacqui



20 Gungas Road Land 72.42 Ha Nimbin \$1,500,000 Agent: Samara & John









\$650,000 - \$665,000

2549 Sqm



Nestled in Cawongla, this property offers a rare lifestyle and business opportunity. The Cawongla General Store, a popular local hub for 22 years, includes a commercial kitchen, pizza oven, cold room, and liquor license. The spacious, flood-free allotment features a country home with a timber deck, combustion fire, and dedicated car park. Ideal for business-minded buyers or investors, this turn-key property offers potential for eco-friendly or tourist ventures in a tranquil, sought-after rural setting. A unique chance to own a piece of Cawongla's history.

#### Agent: John & Jacqui

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