

A Negative Bill of Rights for New South Wales Aborigines:

The Aborigines Protection Acts 1909-1943

by Kathy Stavrou

hat are "rights"?
Definition of
rights [Websters
Dictionary (1952)]:
"What is lawful, a just
and fair claim to anything
whatever; power, privilege,
property that belongs to a
person by law, nurture, or
tradition; also that to which
one has a just claim as in
the rights of the laborer;
an inherent right to noninterference; the right to
acquire property."

The Petition of Right, 1628, was an important document setting out the rights and liberties of the subject as

opposed to the prerogatives of the crown (S 111): "And whereas also by the statute called "The Great Charter of the Liberties of England," it is declared and enacted, that no freeman may be taken or imprisoned or be disseized of his freehold or liberties, or his free customs, or be outlawed or exiled, or in any manner destroyed, but by the lawful judgment of his peers, or by the law of the land."

Upon the arrival of British law in New South Wales in 1788, the Aborigines became British subjects and were supposed to have British subject rights.

From 1834, all slaves in

the British colonies were "absolutely and forever manumitted."

But a series of racist Acts in New South Wales, from the 1836 Vagrancy Act onwards, progressively extinguished these rights, with the aim of keeping the Aborigines politically powerless and landless.

The eight Aborigines Protection and Aborigines Acts 1909-1969 were used to systematically identify and suppress every possible Aboriginal subject, civil and legal right, with the purpose of permanently disallowing Aboriginal land ownership. The Act of 1909 was "An Act to provide for the protection and care of aborigines; to repeal the Supply of Liquors to Aborigines Prevention Act; to amend the Vagrancy Act 1902, and the Police Offences (Amendment) Act, 1908."

The following rights were extinguished by this Act: The right of an Aboriginal free man and British subject to protect himself and his family, especially by recourse to the Law and its guarantee of his rights; a general right of free people to have a degree of self-determination and protection within the law; the right NOT to be defined in the law by race (no other British subject/ Australian citizen was discriminated against in this way); to drink alcohol in regulated premises (meaning that they will be exploited and will be more likely to drink methylated spirits and adulterated alcohol); right of free men to live where they chose: right to own personal property;

custody and maintenance of their own children and to choose their education; to take care of their own interests and welfare and to use the legal system to protect themselves against "injustice, imposition and fraud"; to own property and to freely come and go; right to privacy on own land ("A man's home is his castle"); to own property including land, buildings and livestock; the right to consume alcohol, particularly the right to consume it on regulated premises; the right to wander and camp, the right to freely associate with others (old Vagrancy Act of 1836; "Whosoever, not being an aborigine, or the child of an aborigine, lodges or wanders in company with any aborigine, and, does not, on being required by a justice, give to his satisfaction a good account that he has a lawful fixed place of residence in New South Wales and lawful means of support, and that he so lodged or wandered for some temporary and lawful occasion only, and did not continue so to do beyond such occasion, shall be guilty of an offence against this Act.)"

Also extinguished: the right to choose own apprenticeship and spend own earnings as they chose; to control own children; to choose own apprenticeship, living place, or school; to live where they wanted to, and to live within towns; to own their blankets; to freely travel from State to State; to privacy in own home where laws have not been broken; to freely visit and remain with relatives and friends; to control the spending of own wages; to choose own medical treatment; to control own children without unreasonable intervention from others, and to own and control own property.

Aborigines Protection Amending Act, 1915. Act No. II, 1915.

An Act to amen d the Aborigines Protection Act, 1909; and for other purposes. [Assented to, 15th February, 1915.]:—

This Act extinguished the right, for Aborigines, to rear and control their own children.

Aborigines Protection (Amendment) Act, 1918. Act No. 7, 1918.

An Act to amend the Aborigines Protection Act, 1909, and the Aborigines Protection Amending Act, 1915 [Assented to, 12th March, 1918.]

The following rights were extinguished by this Act: the right not to be defined or discriminated against on the grounds of race, and the right to choose place of abode.

Aborigines Protection (Amendment) Act, 1936 Act No. 32, 1936.

An Act to make further provisions as to the protection and care of aborigines; to amend the Aborigines Protection Act, 1909, and certain other Acts, in certain respects; and for purposes connected therewith. [Assented to, 10th July, 1936.]

The following rights were extinguished by this Act: the right to travel freely about and to visit other States untrammelled (n.b., State borders cut through Aboriginal Tribal Territories); to drink alcohol and associate freely with others in regulated premises; to choose where to live, and freedom of movement; to appeal against an unjust decision of an official; to freedom of domain and association; to rear and control own children; to sell own labour and spend own earnings; to choose own medical treatment; to be Aboriginal without implication that it is a crime (word "complaint"); to give evidence on own behalf and object to unfair official decisions

Aborigines Protection (Amendment) Act, 1940. Act No. 12, 1940.

An Act to provide for the dissolution of the Board for the Protection of Aborigines and for the constitution of an Aborigines Welfare Board; to amend the Aborigines Protection Act 1909-1936, in certain respects; and for purposes connected therewith. [Assented to, 22nd May, 1940.]

4. (1) There shall be a board to be called the Aborigines Welfare Board" which shall consist of ten members.

The following rights were extinguished by this Act: the right not to be "assisted in obtaining employment"; to retain own culture and not to be "assimilated"; not to be interfered with and summarily inspected, to choose own training; not to have your life arbitrarily controlled by the Police; to control, and live with own children; to live with your own family; to choose your own apprenticeship and employer; to choose your own religion; to be paid for your work (Slavery had been abolished in all British territories in 1834); to be maintained and have your education and training decided by yourself/ family; to terminate your own unsatisfactory employment and apprenticeship; to communicate with your family, or others whom you choose to have assist you ie lawyers, Aboriginal Members of the Board, political activists (see Vagrancy Act 1836).

ABborigines Protection (Amendment) Act, 1943. Act No. 13, 1943.

An Act to provide for the reconstitution of the Aborigines Welfare Board; to constitute the Aborigines Welfare Board a body corporate, and to extend its powers, authorities, duties and functions; for these and other purposes to amend the Aborigines Protection Act, 1909-1940; and for purposes connected therewith. [Assented to, 25th June, 1943.]

The following rights were extinguished by this Act: Aborigines were appointed to the board, but subject to regime in which they had to have permission to visit Reserves, and could not encourage criticism of board); the right to own property; the right to be Aboriginal with dignity; to be free from arbitrary restriction/ have to have a certificate ("DOG TAG") (as in South Africa, Nazi Germany), and the right to live with own family.

P&P's PPPP

Well that could stand for almost anything!

But it really stands for: Pete & Pixie's Plan Printer is Performing Perfectly.

Pete and Pixie are excited about completing the setup of thier new HP wide format Colour Plan Printer.

The new machine has been six months from purchase date to performing but they say it was well worth the wait. webuy4au can now print all your plans, posters, maps and favourite photos in a size up to 900mm by 1200mm or A0.

Perfectly suited to printing the many posters we use in our parades and rallies, or put your favourite pet or baby photo on the wall in full 256 colour. That is 3 feet wide and any length. Most photos end up at 3 feet by 4 feet.



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Contact Pete and Pixie on 6689-7257 or drop your disc with instructions into Daizy's Boutique, Cullen Street Nimbin.







RTA wrong way, again

Concern over Bulahdelah **Highway bypass**

by Daniel Jones

The Bullahdellah by-pass on the Pacific Highway has become a very contentious Indigenous, environmental and common sense issue with concerned people in NSW over the RTA's choice of route for the development. The RTA's decision to proceed with a six lane highway through very sacred Worimi sites and Boolah-Dillah sacred mountain also called Alum Mountain is a disgrace. This choice known as option E has been decided over four other options of which option A is the preferred choice of the town because it's cheaper with less impact on the environment, with zero danger to the town and motorists, and no impact on Worimi sacred sites.

Option E is four million dollars more expensive initially not including legal and associated cost which has now doubled the total cost of the project to three hundred million dollars of tax payers money unnecessarily wasted.

Option E is dangerous to the town of Bulahdelah from the exploding and crushing of toxic Alunite dust and



falling rocks on the freeway and residential homes and is out right destructive to natural heritage. Exposed to this dangerous dust and the toxic emissions from the freeway could be the town's children at the nearby school. This option also destroys bio diversity of flora and fauna habitat including Gliders, Koalas, and Powerful Owls. Valuable water springs and extremely sacred sites of the Worimi lands including a healing stream are planned to be desecrated into a drain under the development.

It is suggested by town folk and concerned people that the RTA deliver Option A, the western route as the safest cheapest and most practical bypass option.

Worimi Dates the custodian of the area has said "I will fight to the end to protect the "Guardian Tree" and sacred sites which are in the path of the freeway".

Worimi Dates is a well known cultural man, artist and conservationist having been honoured by the Governor of NSW professor Marie Bashir regarding the preservation and artistic representation of the "Guardian Tree" in a Master piece wood carving at Raymond Terrace Botanical Gardens. Also a sacred red ash tree it was going to be destroyed until Worimi protected the spirit of the tree in the form of a carving inspired by the "The Guardian Tree". He was never paid for his cultural contribution and currently receives a minimal one hundred dollars a year in royalties, an honourable man he also presented a Wood carving from the tree to the Governor which resides in Government house Sydney.

Other custodial support for Worimi from Elvina Paulson and the women of sacred sites committee dispels claims that Worimi Dates is the only Worimi representative in disapproval of saving the sacred mountain from desecration and has said "Women of the Sacred Sites Committee want Option A as the preference which avoids the Sacred Guardian Tree

This is just a little of what the RTA has planned for the Pacific Highway Upgrade at Bulahdelah. Established risks of boulder falls and landslides 292 metres above sea level Boulders can fall in the area of the roadway Post office is 10 metres above sea level Cut depth up to 24 metres A western route (e.g. Option A) would have none of these hazar The scribbled blue line is the Option E roadway Landslides can reach the area of the roadway s illustrated in Figure 2 Page 3 Volume 7 Technical Paper 15 of the Environmental Impact Statement Part of the roadway would be 13 metres below the surface of an existing landslide The above 20 'representation' of the Alum Mountain and Bulandoleh is from the RTA's Environmental Impact Statement (Crop of Figure 2 Page 3 Volume 7 Technical Pager 15, Appetts of the original 'representation' are therefore incornect.

a tree that has a Children's Spiritual significance to many who go to the Tree and it is still a warm and vibrant tree that still enjoys standing with the Children of the Mountain. Nyunungui is the Dreamtime naming for this Sacred Women's Mountain and it is not at all strange that the Keeper of the story surrounding the Mountain be a Male who has fulfilled a role of initiation of knowledge to Nyunungui".

The NSW Aboriginal Land Council with Karuah

Land Council have denied any cultural significance in the proposed area, instead deciding to sell their claimed land to the RTA.

In the interests of public safety and responsibility the RTA is being advised to reconsider option E and is strongly encouraged to build the bypass on the option A route to prevent any further dispute and public opposition. After all the public pays and uses these developments so it is our responsibility to choose correctly and wisely the paths

This proposed option E development is now an international safety issue with regard to global citizens using an unsafe section of the Pacific Highway.

For detailed information visit: http://pacific-highway.blogspot. com/ or http://bulahdelah-upgrade. blogspot.com/



EARTHQUAKES 9/56 YEAR CYCLE: CALIFORNIAN

By David McMinn

egular NGT readers will be aware of my interest in cycles. In this article, we consider the 9/56 year cycle found in Californian earthquake

What is the 9/56 year cycle you may well ask? It consists of a grid – 56 years down and 9 years across - in which various phenomena can fall preferentially. Such cycles have been well established in patterns of financial panics and seismic events.

The 9/56 Year Seismic Cycle

The US Geological Survey listed 26 major quakes (mag => 7.0) occurring in California, Nevada and Baia California for the 1800-2008 + 58% of Californian

MAJOR CALIFORNIAN QUAKES & THE 9/56 YEAR CYCLE 1803 1812 1906* + 9 1915 ** 1933 * 1924 + 9 1962 1980 columns are separated by

*Asterisks denote the number of quakes in a given year. Source of Raw Data: USGS. Californian Earthquake History:1769 to Present. http://pasadena.wr.usgs.gov/info/cahist_eqs.html

period. Of this figure, 9 took place in the accompanying 9/56 table, where as 1.9 would have been expected by coincidence. Seven of these quakes happened in the 2.7 months to December 21.

Table 1 comprised only 7% of the complete 9/56 grid, but contained:

- + 35% of all major Californian 8.25). earthquakes.

earthquakes taking place in October to December.

Importantly, the four 56 year sequences also contained the record quake for:

- the western US states. Jan 26, 1700 (mag 9.0).
- + Hawaii. Apr 03, 1868 (mag 7.9). • northern California. Apr

18, 1906 (San Francisco. mag

+ New Mexico. Jul 16 & Nov 15, 1906 (both mag 5.8).

- · Arizona. Jan 25, 1906 (equal first rank mag 6.2).
- Nevada. Oct 3, 1915 (mag 7.7).
- · Baja California. Nov 21, 1915 (mag 7.1).

The notable exception was the record quake for southern California (Jan 9, 1857. mag 8.25). Additionally, the biggest volcanic eruption in US history (excluding Alaska) happened within this grid (Mt St Helens, May 18, 1980).

Major Hawaiian earthquakes also tended to occur preferentially in a similar 9/56 pattern as presented in Table 1 and a 9/56 year effect was apparent in the timing of the beginnings of Hawaiian volcanic eruptions.

Moon Sun Tides

The obvious question arises - what activates the 9/56

year cycle? The Moon, Sun and lunar north node repeat the angles 00 and 180° to within one degree every 9.0 and 56.0 solar years. This represents an amazing alignment of several Moon Sun cycles.

Any event clustering in the 9/56 year cycle will also have the lunar north node sited within two narrow segments approximately opposite in the zodiac with no exceptions. Such findings strongly suggest that the 9/56 cycle is due to Moon Sun influences.

NB: The lunar nodes are sited where the plane of the Earth's orbit around the Sun (the ecliptic) cuts the plane of the Moon's orbit around the Earth. The north node occurs predicted accurately, years in where the Moon crosses the advance. Such an achievement ecliptic from south to north. could save many lives.

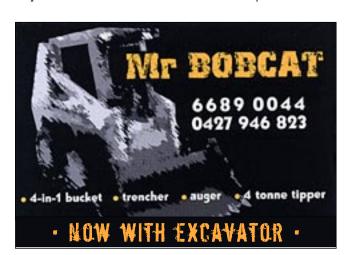
In Summary

Major earthquakes in California, Nevada, Baja California fall preferentially in patterns of the 9/56 year cycle, probably due to Moon Sun tidal patterns. Remarkably, a 9/56 year seismic cycle was also established for quakes in most other countries/regions around the circum Pacific belt - Chile, Peru, Mexico, Alaska, Philippines & New Zealand.

The exceptions were historic quakes in Japan, Taiwan and the Russian Far East for whatever reason.

How the tidal effects actually function remains the great unknown. If the Moon Sun mathematics can ever be deciphered, the timing of major earthquakes could be





No more pain in the neck

Five million Australians suffer clothing and furniture from from recurring back pain. That's one out of four of your

The Back Pain Relief Association is a fully registered, not for profit, natural health promotion charity dedicated to educating the public about how to relieve back, neck and joint pain, and over 300 other conditions of distress, naturally.

The Back Pain Relief Association give away free places in natural health seminars around Australia and also give away free information. Due to the generosity of donating suppliers, at times when they have surpluses the Association give away a limited number of free, natural health products - one per person and only by post.

You cannot get them from any other distributors and you Paul Kelly says, "I have seen do need to pay postage, which will vary depending on the size of the product. The package will not include brochures from donating suppliers and you will not receive any mail or more easily." email from them.

In this way, the Back Pain Relief Association family can serve you with surplus, natural health products just as Lifeline serves low income earners with inexpensive

op shops. Former Brisbane TV presenter Donna Phillips, who is now the volunteer coordinator, says "The Neck Pain Reliever[™] is an amazing Affirmation Supercharger[™]. It really works. My neck pain reduced significantly overnight, and was gone in a couple of days."

Right now only 500 Neck Pain Relievers[™] are available for free, until they run out. If you would like to receive a Neck Pain Reliever™, usually valued at \$47, and are prepared to cover postage and handling of \$15, it will be dispatched within 1-2 weeks (depending on our volunteer support). Simply read the instructions, place it on your skin and make the affirmation, "I reduce my neck pain and stiffness to zero rapidly now."

International speaker Justin this work in Russia, New Zealand and all around Australia. The stiffness in your neck disappears and you can turn your head further and

To receive your free Neck Pain Reliever simply post a Money Order with your details to the Back Pain Relief Association, 71 Palm Avenue, Shorncliffe, Queensland, 4017. Phone (07) 3269-1954.



Last month we talked about the opportunity for cleansing. So, why cleanse? ast month we talked about the change of season and According to Ayurvedic understanding, all unresolved emotional, mental and physical issues, past and present, stress, anger, incorrect and incompatible dietary and lifestyle practices create toxic residues that lodge in the tissues. If this accumulates over time, eventually disease will occur, eg. heart disease, cancer, arthritis, diabetes etc.

Major areas where this occurs is the large and small intestines, stomach and lungs, cardio-vascular but can occur anywhere throughout the body. Ayurveda emphasises the care of the intestinal system as it is the primary seat of both pitta and vata doshas and is responsible for the breakdown of food, absorption of nutrients, filtering of blood and elimination of toxins.

These processes are natural and under normal circumstances, function adequately. However, with the build up of the afore mentioned toxins in the form of sticky plaque like adherents to the walls of the intestinal tracts, these processes are impaired, resulting in a whole range of problems such as malabsorption, nutrient deficiency, blood quality impairment, arthritic type and auto-immune type symptoms.

In short the whole system is overloaded and vulnerable. So, regular cleansing of this area is highly recommended as treatment and prevention of disease. In this regard, we have found great benefit from the use of Triphala.

A classic combination of three dried powdered fruits, it is tonifying, rejuvenative, detoxifying, cleansing and a mild laxative. It balances all three doshas and regulates appetite and bowels. It can be used as a mouthwash or an external disinfectant, for example as an eyewash for conjunctivitis, because it cleans everything it touches. It can be taken by everyone and is very safe.

The three berries are amalaki, haritaki and bibhitaki. Amalaki is a tonic for pitta and the blood, bones, liver and heart. It increases red blood cells, improves eyesight, relieves inflammation of the colon and stops bleeding gums. It also regulates blood sugar levels. Haritaki is a tonic for vata and is a nerve tonic and an excellent gargle for the throat. It is good for diarrhea and constipation, depending on the dose. It improves vision and voice. It raises prolapsed organs and checks excessive discharges. Bibhitaki is a tonic for kapha and the lungs. It is strongly laxative and mildly astringent in taste. It kills intestinal parasites and can assist dissolving stones.

Triphala can be taken every day and any time of the year. For further inquiries, contact John (6689-1794) or Helen (6689-1717) or make an appointment via the apothecary

by Tarang Bates I watched Insight on

Homeopathics etc

SBS recently. The discussion focused on birthing options which the government was reviewing, supposedly with a view to giving women more options and choices. The chosen options would be supported by government, with financial incentives and indemnity cover.

It was great to hear such a lively discussion aired in such a public arena. It was also frustrating to hear such antiquated ideas put forward by some sectors of the medical institution and government. These people were very keen to brandish figures around, relating to rates of infant mortality, to justify the inequality experienced by Midwives and families choosing to birth at home.

This inequality, to my mind has two factors; one is the Midwife factor - she is usually independent, capable of working without the support of a Doctor or Obstetrician (in most cases) and then there is the female factor. A majority of the Obstetricians, Doctors and politicians are male and perhaps a large percentage of those (certainly not all) have difficulty with their egos, which in turn gives them a blinkered view of reality. They seem unable to accept that women are just as capable, responsible and have just as much right to make their own choices.

Quite a large percentage of the audience had chosen and supported the home birthing option. All the women that talked on homebirth had experienced one or more that had been successful, supportive and wonderful events. Many families around the Nimbin valley, in fact worldwide have experienced safe and supportive home births. The Dutch and New Zealand models were glossed over briefly - both countries have very supportive, successful and safe home birthing

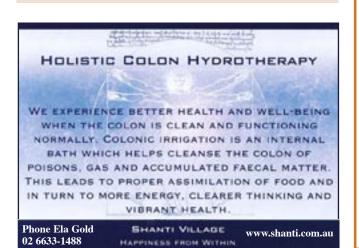
systems. I experienced a home birth in New Zealand 30 years ago; my midwife was paid by the government and supported by my GP. It was a wonderful experience. I also gave birth in a hospital 4 years later.

It is a fact, that many countries around the world give support to their Midwives. They are recognized and valued for their abilities. Isn't it about time we started doing this here in Australia, instead of allowing the primarily patriarchal establishment, to use their denigrating and scaremongering tactics, to stall the full recognition of family's rights to choose affordable options, for their own agendas and vested interests?

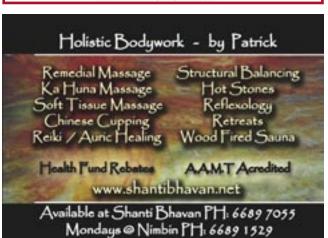
CAULOPHYLLUM is a remedy that prepares and tones the uterus during pregnancy. It is also useful to aid the delivery, taken in the last few months before the baby is born, often from the 6th month. It also helps to ensure that the baby is positioned correctly for a comfortable and safe delivery. The remedy to use, if the delivery is overdue and the mother is told she will be artificially induced.

PULSATILLA is one of the remedies used for morning sickness. At times of a slow labour in which the mother is emotional and weepy and feels as though she can't cope. It can also assist with turning the baby.

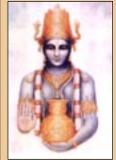
These remedies for use during pregnancy and labour, available from Nimbin Homeopathics. Contact Tarang 02 6689-1452 tarangbates@yahoo.com.au. I am away from 22nd March until 16th April.







Mimbin Ayurvedic



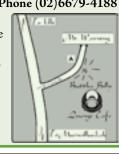
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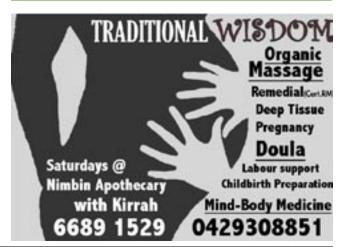
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Funding future fashion

by Christina Chester Christina@ccdesign.biz

The Nimbin Fashion Community may be eligible for funding from the NSW Community Economic Development (CED) Program.

Following a well received viewing of the Nimbin Fashion Show DVD's, CED Manager Pieter Verasdonck provided advice and will give all interested stakeholders in our local fashion industry more information about the funding opportunities in a meeting which is planned for mid-May.

We may need to form a Nimbin Fashion Collective to access some funding to develop a more sustainable business in fashion. As a



Nimbin's fashion community at the Nimbin Fashion Shows.

collective we can also discuss better marketing strategies and the funding could help with creating a professional

website etc. All ideas are welcome. If interested, please contact Christina Chester on 6689-0205.



Cook's corner

Recipe of the Month

by Carolyne



Savoury Vegetarian Loaf

This is great eaten straight away or the next day. Slice thick and lightly brown in butter in a frying pan and served with salad for a yummy lunch.

Ingredients

- 2 cups spinach
- ½ cup semi sundried tomato
- ½ cup red onion
- 4 good sized mushrooms
- 6 eggs lightly beaten
- 1 cup sweet corn
- 2 cups grated tasty cheese
- 1 cup feta cheese
- 2 cups milk
- $1\frac{1}{2}$ cups cooked long grain rice
- 1 tsp minced garlic
- 1 tblsp pesto
- 2 tsp salt
- 1 tsp ground pepper
- ½ tsp cayenne pepper



baking paper extending over the sides.

Bake 30-40 minutes, put a slit in the middle and open slightly to check the loaf is

for The Coffee House. Enjoy!

For information phone Carolyne at the Coffee House Nimbin on 6689 0590.

Bowen and Children



Eleventh in a series by **Tonia Haynes**

Bowen therapist and Pranic healer Phone 6689 9284

ere we sit in our little bubble of **L** paradise while it appears many others are not so lucky. It is worth remembering that all we have is the now of any given moment and right now, we need to have gratitude for every day that we are blessed with a roof over our heads, food in our bellies and in this area at least, right now, our children lead relatively safe

Aren't children wonderful and perplexing beings? Particularly these days when they are showing us older ones tricks that we have never heard of before, no matter how wild and innovative we were in our younger days.

I can see a few parents rolling their eyes and mumbling in their beards as they mutter, "You don't know the half of it." It is true. Bringing up kids today is a job for the heroes and I tip my hat to all of you. It reminds me of Kahil Gilbran's beautiful poem, 'Learn from your Children.' Worth a read, if you have not done so already.

→ his month I have a few tips that may assist in making your life and the life of your children a little easier.

Continuously cranky or tearful behaviour in children is not a normal way for them to be. Children naturally want to feel happy and have

If your child is whinging and naughty and disruptive more often than not, it may be that their internal nervous system or digestive system is slightly out of whack.

compromised digestive system does not necessarily bring complaints of a sore tummy, the child may just feel slightly off colour and therefore exhibit off-colour behaviour.

Babies with colic are another story. Their pleas for help are often loud

and persistent, creating a very stressful situation for parents who are tired and at their wits end, because nothing seems to work.

I have treated a number of babies with colic, with Bowen Therapy and a touch of acupressure. The relief that parents say they feel when their baby stops crying and sleeps soundly after meals, gives me enormous satisfaction.

The treatment is very gentle and only takes about five to ten minutes. The results can be quite miraculous. The baby usually settles after one or two treatments, although if reflux is present it may take three or four treatments before the symptoms fully disappear.

Digestive problems in older babies and young children can also often disappear after three or four treatments of Bowen Therapy and a touch of acupressure. The treatments may take a little longer, but once again they are non invasive and gentle.

It is wise to get assistance for your child's tummy problems when they are young. In mentioning this, I am speaking of treating the cause, not using medicines that treat only the symptoms. Many food allergies can be set in place because the digestive system did not receive needed help when the child was little.

If your angel is complaining about headaches or sore backs they may have compromised their neck or spine during one of those activities when they were

Young choristers at Nimbin Central School convinced they're ten foot tall and bulletproof.

> Once again it is wise to get assistance as to the cause of the problem, when they are young. I have treated adults who have carried injuries from childhood, particularly in the neck area. They have an ongoing chronic situation that keeps reoccurring, because the spine by the time of full development (about thirteen years of age) has grown around an injury which never fully healed itself.

> Teenagers with ongoing headaches and back problems, will also benefit from Bowen Therapy and Spinal Realignment assistance, for although the spine is fully developed it is much easier to alleviate the problem when they are young. Compromised necks in particular can interfere with your child's thinking, concentration, study skills and vision because particular nerves that may be compromised in the neck enter the eyes and also the

My treatments for children under five years of age are free.

From the 4th April, I will be at the clinic at 80 Cullen Street Nimbin, Tuesdays and Saturdays. For appointments phone (02) 6689-9284 or mobile 0439-794-420 (limited range).

I'm still at the clinic at SouthTweed Heads, Thursdays and Fridays, for appointments phone (07) 5524-2600 or 02 6689 9284.

In the meantime, Love Light and Laughter.



Method

Heat oven to 190C, Line a loaf tin with

Chop spinach, tomatoes, onion, and mushrooms. Mix all ingredients together,

Place in the loaf tin, cover with foil.

Remove foil and bake for another 5-10 minutes till the top is nicely brown.

This is a specialty dish I cook in ramekins



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home baked wood stove cooking from menu or blackboard specials, including all day breakfasts and freshly baked scones Stroll through 5 acres of beautiful country gardens Large range of sun hardened plants Great choice of garden statues and local art & craft

Large selection of

LOOK TO THE STARS

YOUR MONTHLY REVIEW OF WHAT'S HAPPENING IN THE HEAVENS

BY BEV MURRAY

pril 2009. Venus is still retrograde as we enter April and remains so until the 17th. This gives us a chance to continue to re-invent ourselves, our goals and our relationships. Since Venus rules diplomacy, hold-ups in all sorts of negotiations can be expected, both for individuals and on a world-wide level. Individuals and nations will have difficulty reaching agreement in any sort of discussions. Venus going direct after the 17th should set things moving again and solutions to these impasses will eventually be found. Pluto goes retrograde this month too, and offers us a chance to let go of



old attitudes, negative thinking or communication patterns and rigid, unsupportive emotions. Pluto and Mars during April 26-28th can be tense and produce overactive thought patterns. It's important to relax and find quiet spaces in the turbulence of life.

Quote of the month: It's pointless to be critical of your stuff once it's done. I don't spend a lot of time agonizing over it. It's of no importance once it's finished. Paul Simon

Aries

This is sure to be a busy month for you guys. Romance is pleasantly highlighted. You If you keep alert you will be able to use the many opportunities that come your way and get closer than ever before to the goals you have set yourself! The Full Moon on the 10th will be very much to your liking!

Taurus

Sometimes it's good to be able to let go, and this month is all about showing you that. The best control is to be able to relinquish control! The Taurus New Moon on the 25th will bring some positive communications and inspiration.

Gemini

This is social and active month for Gemini. Adventurous friends can keep you on your toes! Mars works for you on a career level this month and some fortunate moments will inspire your independence and innovative thinking.

Cancer

It's a great time for group work. Going it alone is not so favoured, however. Watch the 15th and 16th as you are inclined to act without due thought and this definitely is not a good time for rashness. Slow and steady reaps the best rewards.

Leo

Travel is indicated and can be very rewarding, but don't expect all things to go to plan! It's a successful month all round with much to smile about. Just be careful on the 15th and do not believe all that you hear!

Anything legal or contractual needs to be double checked this month! After the 10th Mercury works well for you and the Full Moon brings you into a better space than you have inhabited for some time! Your ideas are spot on.

Libra

find yourself doing for others again! There may be some decisions to make regarding which takes the upper hand in your life, money or love. Compromise may get you both! The Full Moon favours you!

Scorpio

There are opportunities to begin something new and rewarding during April, but you can limit yourself by feeling the need to know more! Spiritual needs and desires are coming to the fore now and you are more self aware!

Sagittarius

The fun and social side of life is opening up for you, but finances can be taxing as a result! April 15th or close to this date will bring a surprise or two on the home front. It's all about letting go and letting others be true themselves.

Capricorn

Friends keep you busy this month. A new start re your money-making approach is likely and will serve you well. Everything moves quite quickly in the latter half of the month and leaves you gasping. Just don't fight it!

Aquarius

The 20th onwards is an excellent time for creative enterprises. Health can improve dramatically and levels of energy will increase. If you need or desire to spend money on health related items then do so, there are positive rewards.

Pisces

Finances can be a difficult area this month. From the 10th-16th it can be a bit confusing and hectic in your environment, but if you use all the knowledge life has given you up to now you can cope and come out smiling!

Bev can be contacted on 0401-800-210 or through astralinsights.blogspot.com and fffemale.blogspot.com or at the Well Being Centre, Yamba.

Gnosticism & climate change

by Doug Ogilvie www.alphernet.com.au/dogilvie

¬ verybody's talking, and ◀ most are worrying, **d** about the greenhouse effect, global warming and worldwide climate-change.

Two forces are at work; the beginning of a new climate, including weather, cycle for the earth and the ending of mankind's civilisation, including commercialisation, citification and certification (aka "mammon" and/or "babylon"). Civilisation, including its i.o.u.'s and other, mercantile and social, contracts, began about 6,000 years ago, following millennia of, subsistence, tribalism, in the river valleys of the ancient world, including the fertile crescent that linked the Nile of Africa to the ur of Abraham, his wife Sarah and his slave Hagar, who bore his first son, Ishmael.

Human overpopulation, over-commercialisation and over-industrialisation, including the wasteful use of fossil fuels, including oil, gas and coal, and of land, timber, wood chips, water, women, animals, birds, fish and other natural resources, is producing excessive amounts of carbon dioxide, methane and other noxious gases that are polluting, with ever-increasing toxicity, the air we, and other lifeforms on the planet, breathe and the food and water that we eat and drink; and

depend on for our biological health, especially that of our bodies', still underdeveloped, immunisation and regeneration system(s). After an optimum amount, as with consumption and population, more means worse in this important case.

Life on Earth evolves by interrelated cycles that have both a linear and a circular direction and we are coming, helter skelter, to a congruence, or synchronicity, of many, wave-like cycles which will entail an eruption of chaos that will enable the final act of natural selection-andextinction, globally, to occur.

Industrialism, nationalism, capitalism, scientism, christian protestantism and parliamentary democracy began, about 350 years ago, after the invention of the printing press, around the north atlantic and all those movements are rushing, uncontrollably, to their, interconnected, ending.

Government-controlled capitalism began with Roosevelt's new-deal in the USA, Franco's fascism in spain (remember "Guernica" by Picasso?) and Lenin's bolshevism in Russia and is ending in the neo-socialism that's being orchestrated, globally, by the illuminati and the watermelon pinks today.

Civilisation has been characterised by corporate managerialism and organised competition and has come to termination with

parliamentary democracy (aka "the tyranny of either a minority or a majority").

Its radical antithesis is helpful individualism, anarcho-communism or consensual democracy, which has been tried, occasionally, before its time, and failed to make a major impact, in the form of celtic moots, aboriginal family-groups, counter-culture communes, soviets and kibbutzim and self-help groups like farmers' and fishermen's co-operatives and alcoholics anonymous.

But the, evolutionary time for its success has, finally, arrived and, despite violent opposition, and/or with no support from the selfrighteous hypocrites, of church and state, who believe in private ownership, greed as motivaton, credit, for living beyond one's means and governmental domination by the most efficient dominants, we gnostic anarchists and other free radicals, aided by "aliens" of our universal, meek-minded family, who are being attracted in from outer-space, will now make our stand, make our move and win the day and share the spoils, including those of sacred sex; communistically, including autonomously and generously.

Are you game to have a go at swimming, dance-like, with the flow; or are you a spiritually-neutered eunuch who's afraid to hang loose and not be dominating; in control?

GLORIA'S HANDY HINTS

Rats gnawing your wiring?

indicators and lights.

They also get into your glove box, but there are things you can do to keep them out. First the wiring: Three times they got my

It can be quite costly too. So, first you get the wiring fixed up again. Then, after having bought the hottest chilly you can find and some silicon sealant, an icy-pole stick and some rubber gloves; you mix the chilly into the silicon, nice and thick, and splodge it on the exposed wiring. Cover as many wires as you can reach and cover the whole mess with some more chilly powder. Works a treat.

As for stopping them from getting into the glove box, just close off the air vent that supplies air from outside the car. Good Luck. Gloria Constine

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human values .ommonsense

by Laurie Stubbs

Tow to change How to change values? Given all the material up to now and the detailed discussion of the Life

Develops Itself (LDI) trial set of values, we have at the least, a clear idea of its content. Perhaps also you'd grant that

the set looks like being useful. Now the question is: Can it be got into action, can it replace our present ideas? What has the LDI set got to "sell" is a reaction to this question

Using the LDI principle frames up a set of values that takes account of much of humanity's genetic inheritance of 'hard wired' values. It will help people toward that base level of competence suggested by the definition of what life 'wants'. Its coherence and its consistency with natural selection processes mean that it will produce decisions congruent with life's apparent plan, not at odds with it. (None of this is to suggest there are no value systems that this new approach might consult and perhaps borrow from).

It is clear the attempt to produce new LDI consistent values will progressively yield a better tuned matrix; tuned to supporting the earth and the environment; tuned to being aligned with the guts of how humanity is; and aimed at supporting the overall thrust of life. All these possible positives are now either negatives, or overlooked in humanity's headlong rush for possessions in a technological world.

The new values must serve humanity better, if only because they reduce conflict. In the longer run new values will begin to predominate because of their relatedness to society's needs. They have to be pertinent and clearly related to living if they're to work. Since they are (in this first draft) all about the basic stuff of life, and are self congruent as a whole, they have an opportunity no other value system has.

With all of that, LDI has serious benefits to offer in people's lives. Perhaps, then, the effort of thinking out how to get these values into broad use is worthwhile.

Routes toward change seem few. Broad public understanding and acceptance might come from a massive campaign to promote the value set. What official body would do this? Who would carry the cost? Governments could take up the value set and simply apply them; churches might do the same. None of these seem very likely.

It is a giant ask to suggest any government make a complete turnaround of the values underpinning its present stance, thrusts and objectives. It is possible that new values would support some existing programs, but certain that — environmental game. As these children

change would affect most. The chaos likely from any attempt of this sort is likely to be monumental, a huge deterrent to any change at all. In non-democratic systems it may be possible to have governments accept the new values and apply them. In most western democracies political routes to introducing new values boggle the mind with the potential for conflict, for argument, for obfuscation, and confusion. Given the unbridled individuality the west has created, and the immense capacity to be vocal about it, any high level attempt could become a political football. Sides would be taken and at the best, 49% of the people would

A route through religions looks equally fraught with pitfalls. Dogmas, (by definition — 'arrogant declarations of opinion' —) and the people who support them, are unlikely to accept change. Religions have so focused on their own versions of 'truth' that to get even a small change is the work of many years. For change of the magnitude of a conversion to LDI values, the potential for conflict, clouding thew issue, outright resistance and rejection is immense. Present day fundamentalism - whether of Islamist, or Christian persuasion – would likely take each new value back to the Koran, or Bible – and probably -- find reasons which will seem good to a fundamentalist - for deciding to stick with the old set.

A viable route for introducing the concepts might flow from getting acceptance of the new value system among the upcoming new members of the elites. Youth's need to change whatever system they live in makes them the best target; best in the sense that it is the quickest route into general acceptance. Any attempt to replace the value systems used by older people in the elites would be very slow to produce results. Gradual and grass roots acceptance by individual young people of new values is much less likely to produce conflict. Though slow, it may well be the only viable route. The last 50 years has factually shown, that value changes do come from young people. Just think for example, of environment, and sexual values. Though slow, it may well be the only viable route. Colleges and Universities contribute most members of present day elites: they are meant to be centres where new and different thinking can prosper; these would seem to be the best target for the LDI value system.

An example of how to do it has been the environment movement. Teachers and schools became the focus in the 70s and 80s for the new environmental wisdom. The common sense of its tenets and benefits to humanity have given it a wide acceptance. The result of that teaching influence has been kids are now telling their elders to lift their

become adults their influence has become important. The middle and late 70s saw young people acting on forests and other fronts. Some became teachers; the action has broadened and will broaden again.

One alternative "back door" approach may have merit. Since the relative demise of the family new parents are "on their own" when it comes to skills of parenting. Some can get to libraries and use what they read; most don't and can't. A course aimed at groups of new, or about to be new, parents would concentrate on teaching the accumulated wisdom of parenting to those most able to use that knowledge.

The material of such a course would necessarily include the effects of love, (and the lack of it) on children and on relationships. What better than to have a ready codified value set like these in which love and joyfulness are already blended? Careful analysis of the current social milieu may yield more opportunities of this kind. The mainstream approach to the upcoming elites is still the way to go, but such enterprises as teaching parents could speed up absorption of the new ideas.

If the new thinking is taken up "like wildfire" across the world the best it can mean is a time gap of probably some generations till the new values are learned, used, made entirely familiar, and then taken in with mothers milk. If new values seep slowly into use the time gap will be bigger. Older people will be influenced gradually, but the cutting edge of change will move, as ever, with youth. Anyway it goes the results will be an amalgam of the new values which have superseded older values, and the rest.

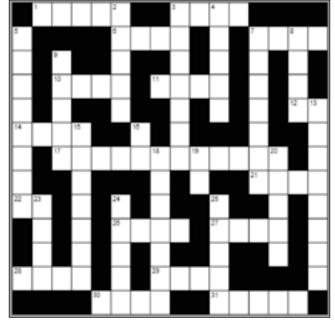
Where there is no clear conflict of a new value with an old one, both will tend to exist alongside one-another. The whole process is time dependent because people need to understand, think about the implications of values, accept the content and then remember to use them.

his discussion assumes a more or Less static society – and that's not how it is. What happens if society is changing rapidly? Sources of pressure to change will exist. — technology, for one. Plus our knowledge and our capacity to think will expand and will influence routes to implementing LDI values. We will need a much more thorough analysis of the range of human capacities than the cursory sketch contained in the early articles of this series. The final three chapters of the book give us that analysis. After we have set up the ideas flowing from there, we can return with much better insight to ways of getting LDI values into use. We need to remember that values and capacities go hand in hand. Analysing for new, or unused capacities will mean we have some new values to think out.

Nimbin Crossword

2009-04

by 5ynic



Down

9. Chaos

horses

16. Exist

plays etc)

intelligence 20. (Hard) work

23. Lies? Male cow

of Hindu myth

meets land

2. Cut (weeds)

example)? Crop

3. Gather (weed, for

4. On the ball? Alarm

5. Fun focussed person

13. Deliriously happy

8. Cultivate? Become taller

15. Snack? Food holder for

18. Reviewers (of books,

19. Measure of rational(?)

24. Destroyer (renewer) God

25. Drift? Where water

Across

- 1. (And 3 across) Coastal NNSW town - naval firing range
- 3. See 1 across.
- 6. Material that flowed out to form our caldera
- 7. Omen? Ink a contract
- 10. Creative endeavours
- 11. Six balls? Finished
- 12. Us
- 14. Flourescent light
- 17. Ability to be connected
- 21. This coast of Australia
- 22. Consumption? Wasting disease (innit.)
- 26. Headgear
- 27. Pig noise
- 28. Web log
- 29. Gets? Constabulary

consumer?

- 31. Midnight spliff

30. Celtic girl

Solution Page 27





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