#### Aries

Be creative and have fun! Enjoy special time with your children or grandchildren. Think with your heart and feel with your head. Your 'divine inner child' is making contact. Find creative outlets for your excess energies. It is a perfect time for focusing on creative entrepreneurial projects that benefit the greater good.

### Taurus

This is the time of the year where you are focusing on building solid foundations. What are the things that nurture you and what is the source of your creative energy? Lots is happening at the home front now but you are also needing space for your own projects. Find positive outlets for any excess energy.

#### Gemini

Be mindful of your thoughts; remind yourself of the power of words and gestures. There is so much to say, so much to communicate if you can speak from the heart. Choose your words wisely to avoid a battle of words. Challenging relationship problems from the past can be resolved now, once Jupiter turns direct again on August 12.

### Cancer

This is a period where you like to enjoy some solidity in your life. Clarify your values and strengthen your sense of worthiness. Also pamper your soul with kindness and surround yourself with beauty. This is a good moment in time for putting your instincts toward finding creative solutions to financial concerns.

#### Leo

This is a fantastic period to confidently shine in your own light. Use your leadership abilities for initiating creative solutions to help resolving our great world problems. Focus on your purpose, take on responsibility and put your heightened force, assertiveness and temper toward a worthwhile cause.

### Vírgo

You can shine without having to step onto the centre stage by being the power behind the throne. By helping and supporting others you increase your personal power. On the other hand, find some time for recuperation and recollection. It is essential that you recharge your batteries now and prepare for a new cycle of productivity which will start soon.

# August

ike always, when the Sun journeys through the sign of the Lion (July 23 – August 23), we are encouraged by the cosmos to live our authentic self and thus contribute positively to the world that we are co-creating. Mercury is in direct motion again after a three-week retrograde phase, while the New Moon in Leo on August

1st sets a fresh tone for the month. It forms a wide conjunction with fiery Mars and a close conjunction with Venus, planet of beauty, joy and passion (Venus in Leo) activating our creative energies. Investing our personal resources in a worthwhile cause is the central theme of this period. Mars remains in Leo until August 19 and Venus until August 22; the two relationship planets will form a conjunction on August 24 – 25 in the more controlled.

August 24 – 25 in the more controlled and analytical sign of Virgo. Until then, we will have to make good use of these at best creative, at worst impulsive powers. The New Moon forms a tense square with rebel planet Uranus, indicating that unexpected turns of events are possible. Leo energy is emotionally involved, and needs to make its personal mark on anything it touches. Especially during August 12 - 19, when Mars, Sun, Venus and Mercury journeying together through this willful, confident, courageous and autocratic sign, we can expect an increase of explosive events. Positively, it encourages us to focus on our purpose and apply our energy to produce something of significance for the good of all. Leo is also the hottest sign, thus fire prevention will be an issue.

The Sun is dignified in Leo, being the centre of our solar system and archetype of all live giving energy. Likewise, Leo correlates with the heart, our centre of deep wisdom, emotion and memory through which all energy flows. Venus joins the Sun on August 14-15, just hours before the Full moon. It is a fantastic opportunity for re-connecting with our own essential being, our heart's desire and exploring what is truly important to us. The Full Moon (August 15) is in social and egalitarian Aquarius, the zodiac sign that lies opposite Leo. Themes will be in focus that have to do with the relationship of heart vs mind, self vs the collective. The Aquarian spirit represents all our scientific achievements and the human desire for progress and a better future. Leo reminds us of our innate creativity, the importance of play and fruitful selfexpression, being an inspiration to others. We are reminded to 'think with our heart and feel with our mind'. Aquarius is mentally resourceful - and in alignment with Leo - it can create something out of nothing. Likewise, Mercury in Leo approaches

an exact alignment (square) with inventive Uranus in Taurus, the modern ruler of Aquarius (August 17). This is an important moment in time to think out of the square and find innovative solutions to old problems. However, keeping a cool head (Aquarius) will be most important when navigating through this action-filled period (Leo), because hot-headed Mars forms a stressful opposition to the Moon. After all, mastering one's emotions and taking back projections is the Lion's challenge. It can open many doors as soon as this task is accomplished.

Jupiter turns direct again on August
12 after completing its yearly 4month retrograde period. Jupiter
is journeying through Sagittarius
since early November 2018,
the sign that it rules, and has

the sign that it rules, and has brought up various issues to do with our cultural and personal freedom. Jupiter in Sagittarius signals a need for a broader perspective, the widening of our horizons by seeking knowledge,

understanding and truth - and to have faith in the universe. On the downside, Jupiter in Sagittarius can activate self-righteous as well as dogmatic and reckless behaviour resulting in misjudging important situations. The Jupiter's retrograde cycle which is now ending correlated with discussions around free speech versus hate speech. It revealed flaws in our legal system as well as challenges to the freedom of political journalism and the protection for those who speak the truth and blow the whistle. Now, with Jupiter being in direct motion again, one can only hope for some positive and meaningful reform in these areas! More important revelations might be brought to the surface, along with previously suppressed truths.

August ends with a 2nd New Moon in Virgo (August 30) conjunct Mercury, Mars and Venus, trine Uranus in Taurus and widely conjunct Saturn, Pluto and the South Node in Capricorn initiating a phase of more grounded and pragmatic energy.

Navigation by the Stars: Personal and/or relationship Astrology; Life cycles and your year ahead: plans, directions, concerns for 2019/20; contact Tina on 0457-903-957, email: star-loom@hotmail.com

: star-loom@hotmail.com Next 1-day Workshops:

'The Astrology of Family Dynamics: Mapping Your Family Relationships', Saturday 3rd August, 10am-4pm at Lillifield Community Centre; 4505 Kyogle Road, Wadeville 2474.

"Life Direction and Purpose: Principles of Vocational Astrology", September 7 2019, 10 am – 4 pm; at the Lillifield Community Centre; 4505 Kyogle Rd, Wadeville 2474

Planetary Relationships, Themes and Aspects' Tuesday evenings, 5.30pm -8pm, starts August 20; an 8-week course at the Lillifield Community Centre. All welcome. For all bookings and info contact 0457-903-957 or email: star-loom@hotmail.com

#### Libra

This is a period where you love to find like-minded souls with whom you can share your ideas and ideals. This is a great moment in time for expanding your network of friends or enter a new group. Focus especially on endeavours that further your own creativity. You might even feel inclined to take on a leading role or start your own inspirational network.

### Scorpio

This is potentially a very ambitious, power and influence seeking period for you. Be careful not to be overtaken by a drive for significance that then gets you into conflict with others or starts a battle with authority figures. It is essential that you put your excess energy to a worthwhile cause and fight for the collective good.

### Sagittarius

Jupiter turns direct again on August 12, kindling your optimism and inspiring you to go on a quest to explore new horizons. You might feel like travelling overseas or meeting people from different cultural backgrounds. Nevertheless, keep in mind that your truth is not the only one and resist the urge to convince others. Not everyone might share your enthusiasm!

### Capricorn

This is a period where the right proportion and a balanced attitude will lead to good outcomes. Pay extra attention to your own internal motivations and what your heart is telling you. It is a good time to focus on issues of intimacy, deep sharing as well as developing self-mastery skills. You also could get creative in your financial planning.

### Aquarius

Partnerships are emphasised during this month. Independence and having control of your own life must be well aligned with closeness and feelings of belonging. Renegotiate contracts and roles that are outgrown. Be the partner that you are looking for! This could be a great period for resolving relationship issues.

### Pisces

This is a time where it is important for you to shine through your work and feel enthusiastic about what you do. Excess energy has to be put into physical exercise to avoid emotional stagnation. Look after your physical health and emotional well-being by being pro-active in expressing your creative energies.

### Save our subeditors

by Selectus

There is a lot of confusion surrounding subeditors. The Oxford and Cambridge dictionaries can't even agree on how to spell the term!

Notwithstanding this confusion, these pages have, in recent times subjected subeditors to some scurrilous slights and it's high time they were repudiated.

Subeditors have been accused of everything from literary sabotage to depressing the global economy. None of these claims stand up to scrutiny, in fact the truth is opposite to the recent outrageous claims.

Indeed, it is the subeditors who nurture nascent talent, channelling and developing the literary skills of the prodigy as well as the hack. As subeditors develop their own skills, their influence grows and they go on to roles as literary mentors,

editors and agents who propel the talented to meteoric heights. Even a casual examination of the history of English literature will bear this out as evidenced below.

English Renaissance theatre produced an ambitious young playwright in the late 16th century, whose nascent talent was channeled and developed by his early legendary subeditor, Iwanna Cuttathiss, whose famous memoir Around the Globe in Weighty Plays recalls those heady days of Elizabethan theatre:

One day in 1597, I was at the Rose when one of the new young guns came up to me and asked if I'd have a look at his new play, thrusting a quarto into my hand. I agreed and said, "Give me a week to digest it and I'll get back to you."

When we caught up next, the conversation went something like this:

"You've got some good ideas here Bill, but the stuff in this quarto just won't cut it with the theatre-going audience today Billy boy."

"It's Will, actually."

"Yeah, sure, Will, whatever."

"The point is that, sure, the punters want it pithy but your quill is your Sword, Bill, and you've just gotta let 'em have it: Bang! Bang! Bang! Otherwise you'll lose 'em. They want to be able to go to the pub for a pint after the show."

"And those rhyming quintuplets, Bill! You've got to trim those down. They go on forever and, once again, you'll just lose 'em!"

"And that title Billy!"

"It's Will!"

"Yeah, yeah, sure it is, but you've got to do something about that title. I mean, The Never-ending Bloodlust for Vengence of the Montagues and the Capulets?! The punters aren't ready for splatterfest Bill, not the girls, anyway. It's theatre in the round, Bill! All the girls' pretty frocks'll be a mess before they get to the pub! Trust me Billy boy, less blood, more lust. The

girls love it too, especially if it's soppy!"
"It's fucking Will, you idiot. Sorry I
asked. I'm outta here."

But he listened, didn't he? It made a motza! And now high-school kids all over the English-speaking world and, indeed, beyond, relish the privilege of teasing apart the Bard's work.

Oscar Wilde is another who benefited from the timely interventio of a subeditor now gone on to higher things.

In 1893 Wilde was working on the stage direction of the English translation of *Salomé* when he couldn't quite make the dance scene work. He consulted Indigo Lance, the talented young subeditor who had helped him with the rewrite of *The Picture of Dorian Gray* after *Lippincott's Monthly Magazine* had shredded it without telling him before its initial publication. It had been Indigo who came up with a "face like ivory and rose leaves".

"Oscar", he said, "your dance title sucks! "The Dance of the Overcoat,

the Jacket, the Cardigan, the Chemise, the Brassiere and a Couple of Pasties", while it has a couple of titillating points, will never work. The audience will say, half way through, "Oh, sod this, serge is so scratchy and I'm just not in the mood any more. I'm going to the pub for a pint!""

"Why don't you try something like, ahhh... I know: 'The Dance of the Seven Veils'?

Wilde leapt at the suggestion and, of course, the rest is history!

Toni Bentley's insightful observation,"Wilde's bracketed brevity allowed for a world of interpretation" in *Sisters of Salome* represents, not only Wilde's brilliance, but also the significant contribution of the subeditor to great literary works.

We all need to do our bit to restore our subeditors to their rightful status in publishing, so please answer the SOS and call out vulgar aspersions cast upon them whenever and wherever encountered.

Save Our Subbies!



by Marilyn Devlin

hoosh... July was big. Jeezeus - that eclipse season came with some muscle. Thing with eclipse energy is that it hangs around for a while. It operates and influences over a longer period.

All change begins within. Every impulse for action, desire for a new direction starts inside us. I'd like to talk about trauma. I've been immersed a bit over the course of my study. I'm one of those people who needs to experience something before I can believe it. It can be a long hard road, but I'm stuck with it. I have to live it to believe it.

It's been a huge couple of years for me. And I reckon for most others. During my coaching training we were guided to experience our internal ecology... experience the reality of what we were learning within our own bodies.

Major events happened in my early years, altering the trajectory of my life. Being a Virgo – forever focused on healing and wholeness and with Gemini's undaunted curiosity... set me on a course of uncovering the hidden. Find answers to my questions.

I figured the impact of those early events especially at such a vulnerable age would've had an impact. Would have changed me in some way. That was easy for my mind to grasp. What I didn't know and couldn't imagine was the depth and severity of those changes. The reality of them living in my body. My training was taking me deeper into my personal reality.

Trauma professionals say that each person experiences trauma in a completely unique and personal way. Two people standing side by side experiencing the same devastating event are often influenced by it differently. Even different parts of their brain and body can be affected. It's not just an emotional reaction, it registers in the body and brain. Post trauma event we live our life as a different

And memory – memory

doesn't exist in time. It exists here and now. We respond to a past traumatic event as if we were experiencing it now. That reality lives inside us, has a presence and a response. Trauma changes our body and brain, it alters our reactions. And until that trauma is given an opportunity to become conscious and complete its cycle of release, it remains that way forever influencing our life. Then carried in the DNA, it continues to travel through the generations.

Recently in a counselling session I was guided back. Back into the body of my four-year old self just released from hospital. I have photos of myself before and after the big event and I can see clearly the changes in my auric field... in my face and presence. But I never fully understood it.

I have to say these sessions of discovery fascinate my mind. Inspire me that such things are possible. Some discoveries can be mindblowing. That it's possible to travel back in time and embody the reality of being there and then... is truly amazing. But it's another thing for our body and emotions as they experience the physical and emotional impacts.

I went back. There were no words, just a deep and penetrating silence. A massive open space of nothing inside me. Nothing. I wasn't in there. I actually didn't exist in there. That was a shocking discovery. To experience myself not existing.

Later - it felt like I was tumbling in a void of timeless space. I wasn't there and I wasn't here now; negating any mental capacity to define it... it was like I didn't exist, as if I was dying. Yes I've come back from that and am currently integrating

all those moving pieces. But what it's shown me is trauma is real, physical and present in the here and now. And the degree to which it can impact our life. Maybe it's a cyclic time for us all... of healing our trauma, our own and within our collective. The final stages of the purification cycle... before the rebirth.

### Nimbin Trivia Time

by Eclectus

### Questions

1. Gale Crater (pictured) was discovered by Sydneysider Walter Gale in the late 19th century. What remarkable secret did it reveal in December 2012? Mount Sharp, rising almost 5,500 metres from the centre of the 154km wide Gale Crater, is rich in iron



- 2. By what name is American sportsman Eric Esch better
- 3. What is a Gray Rhino event?
- 4. What is the world's most consumed vegetable?
- 5. Who had a face like ivory and rose leaves?
- 6. Terrestrial ice, as opposed to sea ice, will be the major contributor to sea level rise if we do not arrest dangerous climate change. Which has more terrestrial ice, Antarctica, Greenland or all the mountain glaciers of the other continents?
- 7. Is an ellipsis ellipsoid?
- 8. What was Salomé's reward for performing the Dance of the Seven Veils?
- 9. What is the most remarkable feature of Stage 14 of the Tour de France, Tarbes to Tourmalet Barèges?
- 10. Who thinks they're in the high-fidelity first class travelling set and they need a Lear jet?

Floyd. of the Moon by Pink Money from Dark Side 10. Roger Waters in 19 kilometres. 1,404 metres in the last 9. The riders must climb Baptist on a platter. 8. The head of John the words. omission of superfluous mark to indicate the three dots; a punctuation 7. No, an ellipsis is just than we thought. it's warming up quicker mountain glaciers. And times as much as all the 1ce as Greenland and 50 times as much terrestrial 6. Antarctica has eight Dorian Gray. Wilde's The Picture of 5. Dorian Gray in Oscar 4. Cabbage.

Financial Crisis of 2008-Greece after the Global Argentina in 2001 and sovereign debt crises of Examples include the with an obvious ailment." to going to the doctor from corporate strategy finance, but it's applicable well ... it started with personal applications as

coming at you. ... it has big, obvious thing that's metaphor for missing the "The gray rhino is...a term describes it thus: analyst who coined the commentator and policy 3. Michele Wucker, author, mentioned. si əmugəl əlgnis s hits for Esch before currently produces 18 search for "butterbean" and video games. A web careers in film, relevision He has gone on to professional wrestling. mixed martial arts and boxing, kickboxing, careers in professional retired from successful nickname) Esch is now headed (hence the 1.82m, 193kg, shaven-2. Butterbean. The could not be excluded. terrestrial contamination life were inconclusive, as To sonseary of grissonce of of organic chemicals on Mars. Sadly, the signs considering it is located a remarkable discovery found in Gale Crater,

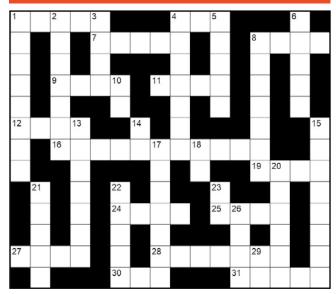
**219W2NA** 

evidence of life was

1. In December 2012

## Nimbin Crossword

2019-08 by 5ync



Down

5. Spin

2. Betrayal

1. Sharp-leafed herb

4. Carnivorous plant

6. Protective coverall?

10. For example (init.)

14. Directly to the

13. Militia commander

bloodstream? (init.)

15. Grown for 8 across

18. Battery car? (init.)

17. Plant extract - used to

get high, for flavouring or

20. Drought-hardy slang for

8. Water pipes

for scent

15 down

22. Thespian

23. 6th note?

hear you)

21. (see 11 across)

26. Sharp practice

3. Scottish town – the single

malt is smoky but not dry

### Across

- 1. Relation between two amounts
- 4. Far between?
- 7. Leaf for pesto 8. Sailcloth
- 9. First queen of Great Britain
- 11. (and 21 down) Chinese Spice (4,5)
- 12. Swear
- 16. Quandong (red Australian fruit) (6,5)
- 19. Flense?
- 24. Ship's company
- 25. Middle Eastern spirit, anise flavoured
- 27. All gone? Second-hand 28. Herb, often grown for fertiliser
- 30. Herb? Regret
- 31. Indian cult? Bandits

Solution: Page 23

### **POVERTY THIS WINTER** DONATE NOW at any of Vinnies 29 North Coast shops

HELP END THE PAIN OF

Solution 
 Solution 



### Has Your Hot Water System Been Checked Lately?

Ever Heard Of A Sacrificial Anode?

A sacrificial anode is a vital part of your water system, and having it inspected can be the difference between an efficiently working system and a costly replacement.

Manufacturers recommend that you maintain the anode in your system in order to prevent damage from rust + corrosion. After its 5th birthday — warranty expires.

THE ANODE IN YOUR SYSTEM SHOULD NEVER BE ALLOWED TO CORRODE AWAY, WHATEVER TYPE OR BRAND OF SYSTEM YOU HAVE — Solar, Electric, Gas or Heat Pumps.

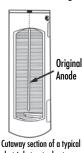
FOR A LIMITED TIME we will check your anode in your area free of charge. "REMEMBER, YOU CAN'T LOSE.

Comes with a 5 year warranty Make your Hot Water System last for 30 years without replacement.

NO ANODE REPLACEMENT, NO CHARGE"

AUSSIE ANODES Arrange a free inspection: phone

1300 166 673





August 2019

29. Come again (I didn't

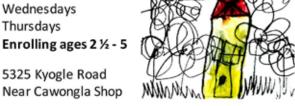
### RAINBOW RIDGE SCHOOL FOR STEINER EDUCATION



Kindergarten through to years 7 & 8 Sunsparkle Steiner Playgroup, Wed's 9.15-11.45 more about our beautiful school, then please contact us for a chat and a tour. 279 Lillian Rock Road, Lillian Rock, NSW 2480 ph 02 6689 7033 www.rainbowridgeschool.nsw.edu.au

### Cawongla Playhouse

Tuesdays Wednesdays Thursdays



6633 7167 cawonglaplayhouse.office@gmail.com



#### Samantha is a trained professional dancer in Ballet, Contemporary, Jazz and Tap, and has a keen passion to teach her love

of dance to others.



Join Samantha for a playful introductory dance class including ballet and jazz.

### Thursdays @ Barkers Vale School Hall

3.30 - 4pm ages 3 - 54 - 4.45pm ages 6 - 10

Phone: 0487 436 867

# Bundjalung Day celebrations

by Corey Wheeler HT English (rel.)

To begin Nimbin Central School's NAIDOC Week celebrations, the school held its annual Bundjalung Day - a time to recognise, reflect on and celebrate the contributions of our local Aboriginal and Torres Strait Islander communities.

This year there was a particular focus on the NAIDOC theme 'Voice, Treaty, Truth', with the school actively addressing the importance of giving Aboriginal and Torres Strait Islander people an enhanced role in decisionmaking in Australia's democracy.

The day began with Uncle Gilbert Laurie's Acknowledgement to Country, a smoking ceremony and his message for the day: Garimaa - the Bundjalung word for 'respect'. The students then broke off into groups and engaged in a variety of activities designed by community members, teachers and also our Aboriginal and Torres Strait Islander student leaders.

These activities ranged from yarning and learning about the local area with Uncle Gilbert; researching about the history and nature of Treaties and their modern application in Australia; song-writing with acclaimed local songwriter Dave Ramsey; and viewing and discussing the ABC documentary: Will Australia ever have a Black Prime-

for their school house-groups, aptly named as Bundjalung words for local





animals - Miwan (eagle), Jullum (fish), Gurumen (kangaroo) and Yumbah (snake) for our Secondary students; Ngamaal (goanna) and Djanbung

(playtpus) for our Primary students. We were also privileged to have The Rivers Aboriginal Performing Arts

Strait Islander students from the three Lismore high-schools, who performed contemporary dances and ran workshops for our primary students.

If you get the opportunity to see the TRAPA ensemble perform at a school or community event it is well worth doing so – the combination of contemporary music and movement and heart-felt storytelling, is hugely moving and engaging.

The day could not have been such a successful celebration or learning experience without the open minds and hearts of our students or the generous assistance of our community.

We are always looking to enhance our community involvement, so if you would like to contribute to any upcoming events including our Bundjalung Day for 2020, please contact us at the school.

### Students also created banner designs (TRAPA) ensemble join us: a group comprised of Aboriginal and Torres

## Rainbow Ridge to the Middle Kingdom



Tuntable Falls

Community School

Showgrounds, Cecil Street nimbinpreschool.director@gmail.com

6689 1203

by Lishia Riley, teacher

During the last holiday break, our Middle School Class 7-8 children and two teachers were very fortunate to have an opportunity of a lifetime.

We travelled to the People's Republic of China and spent a fun filled week in Beijing seeing the sights and joining in schoolbased activities with Chinese children.

Nervous and awkward silences when strangers first meet soon gave way to genuine cheers and whoops as they successfully moved a boulder from one side of the playground to the other, as part of their high school physics lesson.

Waldorf Education is taking off in China, and the Rainbow Ridge children experienced many similarities amongst so many cultural differences during their stay.

We all felt we could have stayed another week or more, as we bring home wonderful memories and new connections that will last a lifetime.

## Multiple learnings for preschoolers

by Carina, Annalyce, May and Isabella, Educators of Nimbin Early Learning Centre

We attended Nimbin Central school for NAIDOC week, and the children really enjoyed listening to Uncle Gilbert talk about the Bundjalung nation and learning a new song called Inanay with the kindergarten group.

We also ventured up to the top of the Community Centre and watched the NAIDOC Week march that came through the



community and into the Community Centre grounds where Uncle Gilbert stopped and said hello to the children. He also spoke with the children about what each body

part means in Bundjalung language.

We really enjoy exploring the grounds of the Community Centre and have collected rocks and sticks to use for craft.

We also attended Lismore playgroup, and the children had so much fun and really enjoyed the sandpit and playing with the blocks that were made into street signs.

Friday the 19th was National Pyjama Day, all the children got to wear their favourite PIs to school and they loved it! National Pyjama Day is all about raising much-needed awareness for children in foster care.

Please feel free to call the Centre on (02) 6689-0142. We are open Monday to Friday, 8.30am-5pm.



www.tuntablefallsschool.nsw.edu.au 6689 1423 tuntableschool@gmail.com

## Are you ready for Kindy?

by Jessica McCaul Kindergarten teacher

If your child turns five before August 2020, you may be thinking about Kindergarten. If so, you should consider Tuntable Falls Community School.

Here are ten wonderful strengths that Tuntable Falls Community School can offer your child in their first year of school:

- · A small class size, rarely exceeding 10 students;
- Four days per week: Monday-Thursday, enabling that perfect balance between family time and school;
- · A gentle transition to school where your child's imaginative play continues, and where English and Maths activities are tailored to suit your child's
- A cosy learning space which opens onto a veranda and overlooks a seasonal creek, providing access to fresh air, forest and creek bed exploration;
- A supportive buddy program with older primary school students;
- Three organic home cooked vegetarian meals a week can be ordered for lunch, plus an abundance



of fruit trees with which to climb and pick from;

- In addition to the NSW syllabus, a strong focus on Sustainability and Environmental Education is at our core;
- Bare foot option;
- · A lush rainforest environment with many opportunities to be active outdoors whilst enjoying gardening, the bush food trail, adventures, dips in the creek, Circus, Music and Drama classes;
- Tuntable Falls Pre-school next door that fosters caring, supportive and connected Early Childhood Education.

Our school is a parent-run, independent school that

values and encourages the input of its community in all of its forms. If you are a parent or carer that wants to continue to be a part of your child's learning journey, then Tuntable Falls Community School is the perfect school for you.

We welcome you to come for a drive and see our beautiful school for yourself, only 10 minutes out of Nimbin or phone us for more information on 02 6689-1423. Or join us at our School Fete, date to be announced soon!

Tuntable Falls Community School - 'Barefoot Education for the Future' where everything is connected to the environment.





Team of the month: Grade 12 by Torsten Wittkopf

After a difficult start to the season, where at times it looked like the Nimbin Headers Grade 12's might not have enough players to field a team, the Grade 12's are hitting their straps, coming home strong at the tail-end of the season.

As anyone who is familiar with soccer would know, the transition from a small Miniroos field and small goals, to a larger field, bigger goals and longer play time, as well as learning the offside rule, is a big one to make for the kids.

The first round of games was a big shock to them. Big losses to Woodburn, Dunoon and Rovers were a wakeup call. The kids rose to the challenge though and agreed with coach Torsten to have an extra training session each week. Consequently, the team's passing game and support play improved dramatically, in a very short space of time. Each players' individual skill and technical ability has visibly improved as well.

As coach, I can honestly say that I am very proud of them all, particularly their commitment to the team.

**Grace** comes to training only and has developed great football skills, has great pace and we hope to have her back next year to play for the team.

Carlos a tireless player with a powerful shot covers enormous ground each game and does a lot of critical defending.

Isaac has become a reliable goal keeper, reads the game well and when on the field scores goals for the team.

Billie-Jean is a fun-loving player with smiles win or lose. Unfortunately, she spent a fair chunk of the season recovering from injuries.

Daniel loves to run up the right channel, has an eye for goal and always supports his team-mates.

Livio the surprise packet, after being the goal keeper in Grade 11, has morphed into a fearless defender and beats players to get the ball to the front line.

Mia is an exceptional talent, very speedy, can play any position, makes 110 percent effort every time, can do double backflips "al la Sam Kerr" (she also plays up for the Grade 14 All Blacks where she scores goals regularly). She is looking forward to going for trials to play for 12-year-old girls NSW State Team - we wish her success.

Felix the can-do player, has scored goals, is a great defender and does a great job as goal keeper also. He is doing a lot of individual training to sharpen his skills.

Jarrah is new to the team and to soccer. He has skilled up very quickly, is strong on the ball and he can play, pass and shoot with

Sunny the man in the middle, gets involved in everything, has a lot of natural talent, is able to push past the opposing player and make pinpoint passes.

Imagen is new to the club and the game. Despite still developing individual skills, she is positioning well and has a knack for being where the ball comes out.

Charlie is the heart of the team, is skilful in defence and never loses the ball. He is Team Captain and a leader on and off the pitch.

Kaara has been missed by the team, with her accurate passing game. She was out with a broken arm but is on the mend now. We hope to have her back next week.

The Grade 12's have also been fortunate to have Grade 11 players Tamati, Willow, Luano and Brighton come and help nearly every game. To the kids from Grade 11 it meant having to play two games in quick succession.

What an effort! That's like asking an adult athlete to run two marathons in a row. Despite this Tamati, Willow and Brighton managed to score goals for the Grade 12's.

As I am fairly new to the club, I am pleasantly surprised by the level of support players, coaches, administrators and all other volunteers give to one another. It is an absolute pleasure to be involved and be part of the Nimbin Headers.

### The ultimate vision for our club by Mark Wright and Lucy White

It all started with the generosity of the Janezic family, selling the land to the Headers for well under market value. The Headers have gone forward in leaps and bounds over the last few years.

With fantastic improvements to our Club such as the extension of the club house, solar installation and TESLA battery, canteen improvements, paving, benches and shelters and the dividing fence with advertising.

To become the great club we could be, the wish list is extensive. There are some important improvements that must be made and our tireless committee has been working hard to make these needs a reality through fundraising and grant applications.

Drainage on field 2 is top of the list to enable home game rounds to feature all our teams together on the same day. This will boost canteen revenue, build strong club culture and it will make weekend soccer easier for families (no more driving to three places in the one morning every weekend).

The carpark desperately needs work (there were over 100 vehicles parked at the fields on Saturday 27th July to watch the Men's 2nds game) to allow for easier parking and to put an end to the boggy wet days, where cars often need to be pushed out of the slippery mud. Lights bright enough to allow for night games and enhance visibility at evening

A second level on the club house with deck, would be a brilliant addition and would provide us with the required space for a bar, enabling us to renew our liquor license.

Moving the tennis courts to the Headers grounds, not only providing a decent and safe playing surface for Nimbin's long-suffering tennis fraternity, but adding all weather training facilities for the soccer players.

A fitness shed to house the gym equipment that is being held in safe keeping by Uri. The vision is big, the future is bright, with community energy and support all this is

# Preschool philosophy

by Stephen Gallen, director

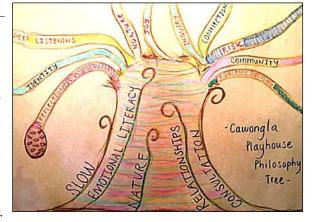
At Cawongla Playhouse our program is guided and informed by our Statement of Philosophy, something that has been grown and developed over the years by families, children, staff and community.

Our Philosophy Statement is in the form of a tree, with each of the roots and branches describing a different element or key concept.

The roots that ground us are relationships, consultation, nature, slow learning and emotional literacy.

The branches which climb outwards and upwards include deep listening, joy, identity, connection, risk and community. Like the branches of a living tree, these are changing and developing, with new shoots and branches emerging.

Cawongla Playhouse is a community-run preschool catering to children from 2 - 5 years. We are open Tuesday, Wednesday,



Thursday from 9am - 3pm during school terms, with a playgroup for parents and younger children each Tuesday morning from 9am- midday. We are west of Nimbin and east of Kyogle.

Call us on 6633-7167 or email us at: cawonglaplayhouse.director@gmail.com for further information or an induction pack. We'd love to hear from you.

## NIMBIN'S SUSTAINABLE LIVING HUB 7 Sibley Street

## **Garden Preparation**

August workshops:

Bookings: text 0475-135-764

### Mondays – Fibre Arts (starts 10.30am)

- 5th August: WILD WEAVERS (2nd Monday of the month) Weaving with recycled materials and natural fibres.
- 12th August: SPINNING (3rd Mondays) Drop spindles and spinning wheels available, or bring your own.
- 19th August: SLOW CLOTH CLUB (4th Mondays) Knitting machines. Bring your own or practise on ours.

### Tuesdays – In the Garden (starts 10.30am)

- 6th August: Build a zip-tie bamboo yurt
- 13th August: No-dig gardening
- 20th August: Bee-keeping with Nimbin Natural farm
- 27th August: Introduction to natural dye plants – growing and wild harvesting

Garment mending with Atelier Smith- every 2nd and 4th Wednesday, 2-4pm. Saturday 27th August at noon: Nimbin Seed Exchange – Introduction to seed saving Coming soon: Community Tools Library launch – join up now!