# Stepping forward by learning from the past

appy New Year to all my astrology friends and welcome to this new decade! What will it bring us? There is the first cosmic peak on January 10-12 with a Lunar eclipse conjunct the epoch building Saturn/Pluto conjunction in Capricorn representing the need for deep changes in the structure of society and how we use power. March sees Saturn moving from rule abiding

sees Saturn moving from rule abiding Capricorn to revolutionary Aquarius. Then we have a new 800-year cycle starting on December 21, when Jupiter and Saturn conjoin in Aquarius initiating a fresh cycle of Jupiter/Saturn conjunctions in air signs.

Yes, change is in the air! Are the fires at the moment an expression of a major purification process for this country to finally force us on a different path, disrupting the stifling illusion of 'business as usual'? What is your vision for the future?

2020 marks the opening of a new world era signified by rare outer planetary alignments. It is a significant year that requires a new set of rules and assumptions about time and reality along with new approaches to leadership, governance, care for the environment and serious visions for the future. On a socio-political level, it signifies the peak of autocratic rule while a shift to movements that support the common good will increasingly gain importance by the end of the year.

# The Saturn-Pluto conjunction in Capricorn: a turning point in power structures and our relationship to authority

The new decade opens with a Saturn and Pluto conjunction in Capricorn highlighting an irreversible turning point in the journey of transition and fundamental changes to the world as we know it. In Australia it correlates with a period of intensified tension and a deep anxiety within the collective based on unprecedented ecological disasters which triggers discontent with those in power.

Saturn in Capricorn signifies the rule of authority while Pluto in Capricorn destroys any structure or form that has outworn its purpose. In many ways, we know that it has to get worse before it gets better! However, while our social, political and ecological reality deteriorates, there is room to begin building something new in their place. Voices are getting louder and winning momentum demanding an end to corruption and reforms that lead us from the past into the future.

On January 12, the Saturn-Pluto conjunction will perfect at 23 degrees of Capricorn. The Saturn/Pluto cycle of 'Restructuring' occurs about every 33-36 years, but hasn't happened in Capricorn since 1518, the year of the Protestant Reformation that followed and split the western church permanently facilitating an environment of democratic free thinking.

Pluto's transformative energies shakes up everybody. By taking responsibility for cocreating the future we gain access to our own strength and feel empowered to act. 2020 is an incredibly potent period in which to plant the seeds of what we want to develop over the next years. On a collective and personal level, we can start a fresh cycle, shift our emphasis on building new forms and persist with purposeful goals even if we have to face opposition and resistance.

The Jupiter-Pluto conjunction: Ideology or vision?

Jupiter, planet of expansion and growth, entered Capricorn on December 3 and will remain until December 19, 2020. Jupiter will conjoin with Pluto exactly on April 5th, June 30th and

November 13th to start a new 13-year Jupiter-Pluto cycle. Two strong energies meet, with one wanting to go to the heights (Jupiter) while the other draws to the depths (Pluto). The god of the underworld meets with the god of the heavens. This combination signifies the strength that underlies our beliefs and how they can 'move mountains'; of course, they also can strengthen dogmas and ideologies!

The last time Jupiter and Pluto met was in December 2007 in Sagittarius, just before the start of the Global Financial Crisis. The danger with Jupiter-Pluto aspects as they relate to politics is that they tend to correlate with either great successes, or conversely, extreme downfalls. When triggered by these energies, we have to remember that "bigger is not necessarily better!".

Jupiter is the planet of expansion and opportunity. In Capricorn, it is a signature for structural brilliance and wise judgement. We have to get serious about the work that needs to be done and put extra effort towards purposeful goals. We can expect favourable outcomes when applying discipline, commitment and leadership. 2020 is a year where big energies need to be handled in a constructive and responsible way.

### Saturn in Aquarius: change is in the air! (March 22, 2020 – March 7, 2023)

Saturn will briefly enter Aquarius on March 22 just hours after the equinox but will return to Capricorn on July 1. Saturn will complete its cycle in Capricorn on December 18 and will travel through Aquarius until March 2023. Saturn was last in Aquarius during Feb 1991 – Jan 1994 correlating with the birth of the World Wide Web as an innovative form of global communication. This is also the time when the USSR dissolved and a new united Europe was formed.

Saturn in Aquarius is in a strong position since it rules this sign together with Uranus. In the airy climate of Aquarius, Saturn works hard at forming a bridge between ideas of the past that have proven their usefulness and the unfolding concepts for the future. The emphasis is on reordering structures and boundaries, making connections, distributing information, and developing innovations to achieve a better future for humankind, which of course has also its shadow expressions (5G and microwaves; artificial intelligence and surveillance etc).

As the co-ruler of Aquarius, Saturn is the "planetary Gatekeeper for the New Age" preparing the planet and all its inhabitants for the new consciousness. Aquarius seeks equality and fairness, dislikes authority and attempts to give the power back to the people. Saturn's entry opens the door for an entire

### The Jupiter/Saturn cycle in air (2020 – 2159)

The 20-year Jupiter-Saturn cycle represents the process of defining and pursuing our most important goals and intentions. Conjunctions of Jupiter and Saturn reoccur in the same

element every 20 years for about two centuries.

On December 21/22 the Jupiter/Saturn cycle will finally shift from Earth to Air opening an astrological era of Jupiter and Saturn uniting in air signs that will continue until 2159. Grand conjunctions occurred in Earth signs from 1802 until 2000 correlating with a 200-year period of industrialisation, heightened materialism and accelerated exploitation of the Earth's resources. It brought us all the advantages of civilisation and modern living but also created headaches such as never-ending mountains of rubbish, pollution, overpopulation and the extinction of many species.

The next conjunction at zero degree Aquarius on the December solstice symbolises a major turning point, the potential beginning of a rebuilding process that creates a fairer, more technologically advanced world. The time is ripe for visionary leaders who work for the future of humanity, rather than simply their own profits or personal ideology.

Grand Conjunctions in the air element historically correspond with enhanced social progress, significant intellectual development, and new concepts entering human consciousness. Edward de Bono, who coined the term 'lateral thinking', had Saturn in Aquarius in his natal chart. According to him creative thinking is not a talent; it's a skill that can be learned.

While we make the transition to the 'age of knowledge', innovation, new technologies, clean and free energy as well as global collaboration will play the leading role. This shift has already been mirrored by the values of the Millennials, the generation born between the years 1982 and 2000. (We had an early Jupiter/Saturn conjunction in Libra in 1980 as a precursor for this incoming cycle of grand conjunctions in air!)

# Venus retrograde: revision and adjustment of values (May 14 – June 26)

Venus will be in Gemini from April 4 until August 8 and forms her retrograde cycle during May 14 until June 26. Venus turns retrograde every 18 months, when she shifts from evening star to morning star. While Venus is retrograde, we will revise and revaluate our relationships, reflect on what we value and how to spend our resources best. Saturn will be in Aquarius from March 23 – July 1, supporting this process of re-ordering and rethinking.

Altogether, we can expect deep-seated changes in our underlying principles and the way they manifest into aspirations. The strength of Saturn in Aquarius lies in his capacity to detach from overwhelming emotions and analyse the next steps that are necessary to take for our collective evolution. Venus was retrograde in Gemini last in 2012, the end time of the Mayan Calendar. Hasn't our world changed significantly since then??

The Mayan calendar counted the moment when our solar system had fully entered 'the photon belt', a high frequency region in the Milky Way. The journey through the photon belt is said to change the atmospheres on all the planets in our solar system and accelerates the rate of change in human consciousness. The global computer/Internet revolution has actually been in resonance with this development.

# The Mars retrograde in Aries: walking with the inner warrior (Sept 9 – Nov 14)

Mars will journey through the fiery sign

Aries from June 28 until January 7, 2021. Normally, Mars spends about six weeks in a sign, not six months! Mars will move through the sign of the warrior, direct and then retrograde, squaring the ongoing conjunction of Jupiter, Saturn, and Pluto. This is why the period from August through to the end of October can be highly volatile where political and social conflicts could escalate.

Mars in Aries drives on action and is very physical. We are dealing with a wild energy that can go out of control. However, this energy can be harnessed for positive change! This is a time when frustration and anger within society can ignite a revolution while our approach to conflict, assertiveness and taking action requires rethinking, regrouping and reintegrating.

Alignment with the 'Inner Warrior' is required so that we can draw on our strengths, assert ourselves and find new ways to be empowered. Our 'Inner Warrior' doesn't allow others – including ruling authorities – to determine our lives as we remain loyal to our own ethics and ideals. Similar to Mercury retrograde, it is a period for reviewing and correcting directions and objectives. This cycle peaks October 14.

### Lunar nodes and eclipses: portals of rapid change

We have six eclipses during 2020 instead of the normal four, so two extra Lunar eclipses! The Full Moon Lunar Eclipse in Cancer on January 10 opposes the Saturn-Pluto conjunction (read above). Lunar eclipses work on our emotions. We might find ourselves holding onto old security patterns that need to be made conscious because fear hinders us from growing and facing challenges directly.

On a different level, the oppressive energies of the Saturn-Pluto conjunction will be confronted by an eclipsed Cancer Moon which demands a rebirth of feminine values, of caring and sharing.

The next New Moon Solar Eclipse will be on zero degrees Cancer on July 5. This is the last eclipse on this axis for the next nine years and on the zero degree it symbolises the birth of a new consciousness as the masses are awakening due to increasing pressure and environmental concerns.

The Lunar Nodes shift from Cancer/Capricorn to Gemini/Sagittarius on May 5, 2020 – Jan 19, 2022. This shift highlights the need for everyone being informed of the facts, knowing how the system works, our rights and the laws that rule us. Being armed with knowledge gives us confidence and power and allows us to see through the mechanisms of brainwashing and mind control. This leads to questions about who owns the airwaves, what rights listeners and watchers have, and what responsibility the government has to keep the airwaves fair, accurate, and accountable.

Navigation by the Stars: Your Year Ahead: Plans, Directions, Concerns for 2020; contact Tina on 0457-903-957, email: star-loom@ hotmail.com

Next 1 day Workshops: 'The Powerful Astrological Cycles of 2020: the start of a New World'

Saturday 25th January, 10am – 4pm at the Lillifield Community Centre, 4505 Kyogle Road, Wadeville; \$70, conc \$60.:

Learning Astrology: 'Planning Your Year Ahead with the Lunar Calendar', Thursday 16th January, 2.30pm – 5pm at the Lillifield Community Centre; \$20. For all bookings and info, contact 0457-903-957

or email: star-loom@hotmail.com

# YOUR STAR SIGN FORECAST

#### Aries

A new beginning is possible especially in your life direction and career path. Expect some challenges and opportunities in this area as you are searching for your true purpose. You might experience rewards or even a promotion, if the path you are on is the right one. However, if you heart is not aligned with whatever you are doing, you might reconsider and change positions or decrease your responsibilities. April, June and November bring fresh opportunities where you can set purposeful goals for the next few years.

July sees a shift in energy; self-development themes as well as domestic matters become more prominent. Juggling your needs with the needs of those close to you will be the foundation of your success during 2020. Mars, your ruling planet moves through your Sun sign from June 28 until January 7, 2021 asking you to be loyal to your ideals while considering others. Set-backs are likely from August 20 through to October 15. Find time to rest, pause and revitalise during this period.

#### Taurus

For April born Taureans, 2020 marks an important year of innovation. Connect with your core self and implement the changes you have been dreaming about. For all Taurus born individuals or Taurus Ascendant natives, 2020 takes you on a serious vision quest. Explore the purpose of your life, expand your mind and create goals that serve the greater good. Expect challenges on the way which are only there to test the power of your persistence and conviction. On the downside, you might experience loss of meaning if you cannot find the answers which you are looking for. If this is the case, take time out or go on a prolonged journey.

Abundance comes through innovation and moving beyond your comfort zone. Be curious about new technological developments and try out a different course in creating the financial stability that you desire. Think out of the square and take on new challenges during the end of March and beginning of July. A new life direction might open around the December Solstice 2020.

#### Gemini

Digging deeper might bring to light some long forgotten dream. You can make it come true, if you persevere and commit to working hard. This might involve others who support your aspirations and who provide opportunities for creating more abundance. The learning is in letting go of control and trusting the process by tuning into the energetic flow of life

Reflect on your standards, patterns, habits and attitudes while Venus, the cosmic symbol of love, relationships and values tours your Sun sign for a prolonged period during April 4 and August 8. From May 14 until June 26, when Venus is retrograde, you can revise and reflect on what you need to feel good and happy and readjust accordingly. Release old relating patterns where you are not being valued. Venus in Gemini is creative mental energy. Tap into your creative potential and plant new seeds from June onwards, when you enter an 18-month period of endings and new beginnings.

#### Cancer

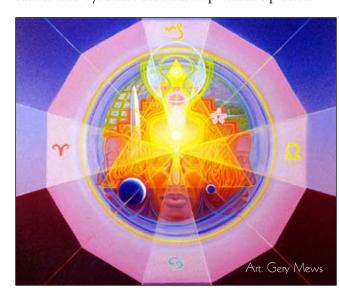
Significant relationships have the power to transform you during 2020. Being in harmony with others and sharing responsibilities supports your own process of redefining yourself and connects you with your own potential. It is a great year for making new connections that support your personal and professional growth. Remain flexible and you can avoid being drawn into negativity. Have your filters in place if you have to deal with difficult or egocentric people.

From July through to December career efforts will be rewarded if you believe in yourself. Commit to a worthwhile cause and you can make plenty of progress. Nevertheless, you need to move slowly as conflicts are possible especially during August 20 until October 15. Have your boundaries in place and harness the energy for positive change. There could be some set-backs and you might have to clarify, correct and adjust your goals to the changing circumstances during September 9 and November 15.

#### Leo

If you are born during 26th of July and August 6, you might find yourself looking for a new path that resonates with whom you have become and offers more freedom in your life direction. During 2020, all lions and lionesses need to take pride in their achievements and be recognised for the usefulness of their service. You have the capacity to transform any work environment, but also your own daily life and your health with a sharpened eye for improvements.

From March 22 to July 2, a new cycle of creating mature and stable relationships begins. It continues in December (until March 2023). This could mean the start of restructuring a significant relationship or forming a new perspective on how to relate. It is important to clarify your priorities as underlying tensions have to be addressed. During July through to December you feel the need for adventure and making grand plans for the future. Looking back to where you have been will help with this process.



#### Virgo

Your creativity and zest for adventures is driving you towards new horizons. 2020 could be a great year for starting a new project or business. However, make sure that the planning and preparations are sound. You can shape your vision during April, June and November, however, have one foot on the ground while aiming for purposeful goals. Thus you can avoid over-extensions or unnecessary set-backs

Revise and adjust your values during May until the end of June. Relationship matters might be confusing during this period and need clarification. You might feel some exhaustion or dissatisfaction from September until mid-November, because plans are not progressing as expected. Pause for a while, stay focused and take it as a positive sign; you might need to embrace other people's concerns and adjust your course of action accordingly. Innovation in your work and daily routine will open new doors by the end of the year.

#### Libra

The current process of transformation reconnects you with your past and impacts on your deeper desires for safety and emotional comfort. Focus on improvements to your home life, family, and inner foundation. You might start a new cycle in your family relationships and heal long-standing conflicts, especially also concerning your family of origin. You might have to review your career goals as your domestic life demands most of your energy during the first half of

During July through to December your emphasis shifts towards your personal and business relationships. Your courage might be tested as you are asked to stand your ground during August 20 until October 15. You are less likely to compromise during this period. Channel the volatile energy for working on positive outcomes using your skills of negotiation. You can expand your perspective on how to build successful relationships and reflect on your core values during mid-May until the end of June.

#### Scorpio

Exploring the important questions of the current times through the channels of communication can be very empowering. Increase your knowledge and skills set through in-depth research, thus making sure that you have all the information you need to formulate your point of view correctly. Know the facts and keep an open mind. Remember that knowledge is power!

From March 22 to July 2, a new cycle begins where creating a strong inner foundation becomes a priority. This cycle continues in December and lasts until March 2023. Issues may arise which have to do with your basic security, survival, your need for belonging and putting down roots. It encourages you to take your position in the community

more seriously and build a more stable home environment. At the same time, a fresh approach in your relationships with others creates more freedom and space for each of you. Pause and re-order your daily routine and work commitments during September until mid-November as your body, mind and soul might need more rest.

#### Sagittarius

The current process of transformation involves clarifying values and setting new priorities. What is important to you now? How can you best make use of your talents and abilities? 2020 is a year where old debts can be settled and karma ended which enables you to move onto a new level of creating abundance. During April, June and November you may want to curb an inclination to overspend. Use your wise judgment as 'bigger is not necessarily better!"

A boost to your creativity gives you lots of energy for starting on a new project during the second half of the year. Go with this positive flow, but use the period between September and mid-November for reflecting on your activities as you might want to adjust a few things or change direction. There is plenty of emphasis on your relationships during April through to August, including a process of reordering and rethinking of what you or your partner are wishing for from mid-May until the end of June.

#### Capricorn

2020 brings plenty of opportunity for personal growth. Break-throughs are possible especially during April, June and November leading to new developments or even onto a totally new path of self-identification – as if another more unknown layer of your being becomes your new guiding light. Innovation and thinking out of the box are the key. Reorder structures and self-imposed boundaries. Some rules need changing as they do not apply to your life anymore.

Getting the foundations right will be the most important achievement from July until December. Be in touch with what is truly important to you and let your outer efforts reflect your inner strengths. Expect challenges to your plans and activities during August 20 until October 15. Instead of getting frustrated or starting a dispute, pause, reflect and take time to rest. Think it through and consider the consequences before you take action. It might be more appropriate to strike a balance between your own needs and those of another. It is a time to compromise and negotiate.

#### Aquarius

A new three-year cycle of inner growth and restructuring begins in March, where extra time is needed for introspection and self-reflection. It is a process of reordering responsibilities and setting priorities to free up time and space for your inner work. At times this might be at cross purpose with the demands of your domestic life which continues to undergo plenty of changes challenging you to break away from old security patterns. The task is to discern between obligations, rules, and boundaries that are still valid and those that need to be dropped as they do not apply to your life anymore.

April, June and November are important times for spiritual renewal. Get in contact with your subconscious mind, your dreams and visions and formulate meaningful goals for the future. May until June represents a helpful period for refocusing your creative impulse, adjusting your values and redefining what truly satisfies you. December 22 marks a very potent starting point for innovative projects and activities.

#### Wisces

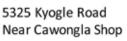
Your hobbies and self-realisation are top priority during 2020. Consider whether you can transform your hobby into a career path. Working together with others might be another way of finding your bliss. When sharing responsibilities and duties you create more time and space for what makes you fulfilled and happy.

Money issues are at the centre of your attention from July through to December. Reflect on how you earn, spend and value money. Reset your financial goals during September until mid-November. Delays and set-backs are possible during this period resulting in a shift of your priorities toward what is important to you. The demands of your larger goals in life may have been overshadowing your soul needs. From May to June is a favorable period for redefining your core values. Follow your heart and you will find that things will fall in place with ease. When you give, you get, so generosity now means instant good karma.

# Tuntable Falls Community School Unique place Unique education www.tuntablefallsschool.nsw.edu.au 6689 1423 tuntableschool@gmail.com

### Cawongla Playhouse

Tuesdays Wednesdays Thursdays Enrolling ages 2 1/2 - 5







Sunsparkle Steiner Playgroup, Wed's 9.15-11.45 279 Lillian Rock Road, Lillian Rock, NSW 2480



nimbinpreschool.director@gmail.com 6689 1203 Showgrounds, Cecil Street



## Nimbin Central students set sail

by Bronwyn Renshaw

The formative teenage years can bring many challenges.

Challenges are a necessary part of growth and can, when youth are supported, build confidence and resilience.

The staff at Nimbin Central School are always encouraging our students to reach their goals, offering support for the challenges they face along their journey.

During the September school holiday period, two of our year 10 students, Aden Morgan and Tahkey Monahan, took part in the South Passage Adventure Under Sail Youth Program, that saw them bravely step out of their comfort zones, overcoming many obstacles to achieve their goals.

The program is run predominantly by volunteers and is owned and operated by the not-for-profit association, the Sail Training Association of Queensland.

The base for the delivery of their sailing and educational youth programs is a 100foot gaff-rigged schooner, specifically built with youth

The program brings an opportunity for participants to not only learn the art of sailing, but also provides youth with a challenging experience that will test their personal limits within a supportive environment, ensuring the necessary skills to face these challenges are developed and enhanced.



Since the program began in 1994 over 40,000 youth have taken part, proving the program provides participants with not only a fun, adventure-filled experience but one which holds life-long benefits.

There are many different voyages throughout the year. Aden's and Tahkey's voyage saw them board the ship in Hervey Bay, Queensland, and from there they spent five days sailing down to Brisbane.

During this time the boys, together with their youth crew mates, learned all aspects of sailing from tying knots, watch duties, deck duties such as helming, record keeping, tacking and gybing. And yes, all youth crew were expected, and did, chip in with the cleaning as well.

At the end of the voyage, the youth crew were given control of the ship, with participants taking charge for 24 hours. There were challenges. There was plenty of sunburn.

But also, endless moments where the crew proved to themselves to be capable, important, and worthy people. And of course, a little down-time was had along the way, with many new and lasting friendships made.

The staff at Nimbin Central would love to take this opportunity to thank the Nimbin community for their support for our students to participate within the South Passage

Adventure Under Sail Youth Program.

Tahkey was fortunate in receiving an educational grant to secure his place in the program, while Aden, together with members of our staff, spent 18 months fundraising to secure his position.

Fundraising comprised of everything from endless sponsorship letter writing, market stalls, penny drives and even a guessing competition.

Major sponsors included the Nimbin Bowling Club, the Hemp Embassy, the Rainbow Power Company, and the Lions Club Lismore. A big thank you also to the Nimbin Bakery, Nimbin Emporium, Nimbin Newsagency and General Store and the Nimbin Village Pharmacy for supporting our Penny Drive, and of course to everyone who may have popped a coin or two in the tins around town.

It honestly could not have happened without your support. You have provided Aden with an unforgettable experience and shown that when you ask, your community will be there for

Their journey is one worth sharing, and one which we are sure will inspire their peers, in fact everyone, to face challenges with courage, patience and determination.

Well done, Aden and

# Summer holiday activities in Nimbin

The Nimbin Holiday Club is operating from the Nimbin Community School, in the Community Centre.

On excursion days, please meet us in the Nimbin Central School car park at 9am.

The program runs from 9am to 3pm and caters for

children aged 5 – 12. The basic fee is \$12 per day and more on excursion days.

Please read dates and venues carefully and book to avoid disappointment.

To book, phone NNIC on 6689-1692 (between 10am and 4pm) or text Kylie on 0487-576-281.

Please ensure your child wears appropriate clothing, shoes and hat, and brings food, drink, swimmers and towel for the day.

Funded by NSW DEC.



We will be having a tour of Lismore fire station and then going

to the movies. Please bring food, water and a hat





January

#### TUNTABLE FALLS COMMUNITY SCHOOL

"Barefoot Education for the Future"

We are a small independent parent run school that provides unique educational learning opportunities for children and their families. With small, multi-age classes, active parental involvement and a strong focus on individual, community and environmental wellbeing, children are nurtured to think, learn and create.

Enrolments for 2020 are now open. Phone 6689-1423 for more information and enrolment packs.



# It's time...



by Marilyn Devlin

t's hard to know where to start... at such a momentous time. You'd think we'd be seasoned 'Big Timers'... L but the Big just keeps on coming. Clearing the way, I guess... for greener pastures and renewed enthusiasm; to reignite the life we lost.... somewhere along the journey.

It's NYE and new fires are raging. Vivid scenes that look pretty scary. They're everywhere it seems... well, a lot of places in Oz. I arrived in Adelaide to around 46 degrees on the tarmac. Heat made it hard to breathe. Next morning woke to smoke in the sky... soon the fire spread. I'm visiting in the Adelaide Hills.

I don't know about you... but I've been super exhausted. Been hard to move my body around... feels weighty with heaviness and fatigue. There's so much happening in our collective space. The air thick with emotion. This 'crossing' is majorly substantial.

I 'move into' my body a lot these days. Yeah, I also hang out a lot in my mind... it tends to hyperactivity. But for a reliable source, my body's the one. Yes, its language is hard to decipher at times... but when you get the hang of it, it's a super-reliable resource. The body knows the whole story.

One of my most favourite things in Adelaide... is my naturopath friend's 'Shamanic Baths'. I've had a number of them over the years, and always look forward to more. To more conservative folk she calls them 'hydrotherapy'. They are that too. They're also a detox therapy. It's just that detox happens on many levels. Well, maybe it always does. The body's a bit of a mystery.

I booked in two. So far I've had one and I leave tomorrow. See what happens. She has this incredible water; they have a spring near the house. There's lots of sandstone in the Adelaide Hills.

The way these baths come together is a bit of a mystery too. I've tried to work it out... 'cause as you may've noticed I'm familiar with some of the metaphysical arts. Started delving around when I was a child. But I couldn't work out how they had such a powerful effect.

"Fertilise the land with your tears," I heard. As we rode across the land with great speed and fervour... me on the back of the White Buffalo... as we rode I cried... generations of tears. As the tears dropped to the ground, they turned the land green. We kept riding, still at great speed... my body now empty and fatigued.

We reached the mountain and climbed to the summit. As we reached the summit an arc of golden Sunlight created a cover overhead. Exhausted after our long ride, we dropped to the ground, under the arc... my head resting on his big belly. We slept the longest sleep.

As we slept the great shift began. Everything started to rumble and fall... everything came down. It went on as we slept, the longest sleep... covered and protected by this golden arc of Sun's light. When we awoke all was quiet and still. We ventured out... White Buffalo began to walk slowly, me on his back. Solitary tears crawled down my cheeks as we took in the scene.

There was also a message of Expansion. "Expand your body, expand your voice, expand your influence." I could feel my body expanding, creating more space as I lay in the bath.

"Expand to hold what needs to happen." "Expand to make more space." "Expand to hold the new vibration." We need to expand to live in this new world.

Yeah... these 'Shamanic Baths' are something else... and yes our amazing Body. So much is in there to guide us. Wishing you soooo much Love for your journey through

PS: I'm starting my coaching practice soon... you can contact me at: manymagickmoments@gmail.com

### Nimbin Trivia Time

by Eclectus



- 1. This building is an iconic design of the late 20th century. Where is it, what is it for and who designed it?
- 2. The origin of modern humans, Homo sapiens, has recently been extended from 195,000 years ago to 315,000 with the 2017 discovery of new fossils in Morocco on the northwest coast of Africa. Since we've been around we have shared the planet with a number of other human species (hominins). Can you say how many hominins have been our neighbours? Five bonus points for each one that you can name. And, what ever became of them?
- 3. In 2017 The Rolling Stones began the "No Filter Tour", their first in over a decade. It was extended to the United States in early 2019 but had to be postponed, eventually resuming in June. What caused the delay?
- 4. Janelle Saffin won the State seat of Lismore in 2019, replacing the recently retired 20-year veteran Thomas George. The seat has had two members serve twenty years but neither is the longest-serving. Who is and how long did they represent the seat?
- 5. Who won the 2019 Ballon d'Or, awarded by France Football to the world's leading soccer player.
- 6. Which culinary dish is mentioned in such diverse cinema, television and radio productions as "Carry On" movies, The Goon Show, Hancock's Half Hour, Agatha Christie's Poirot and Fawlty Towers?
- 7. Are Blazing Star, Crown Imperial, Prince's Feather, and Star of Bethlehem British pubs, dances, flowers, movies or racehorses?
- 8. Four people have won two Nobel Prizes since their inception in 1901. Can you name the only one of them to receive the award for two different sciences?
- 9. What is Tempera in the art world?
- 10. What is Australia's third highest point?

at 3,490m and the second highest is Mawson Peak at Australian peak is Mount McClintock in Antarctica 10. Mount Kosciuszko at 2,228m. The highest pigment to produce a very long-lasting medium. year old art technique using a mixture of egg yolk and 9. Tempera, often referred to as egg tempera, is a 5,000of pure radium.

coined) and the 1911 Chemistry Prize for the isolation development of the theory of radioactivity (a term she 8. Marie Curie won the 1903 Physics Prize for

comedic rather than its culinary qualities. 6. Brown Windsor Soup, a dish better known for its the award for a record breaking sixth time. 5. Lionel Messi, captain of Argentina and Barcelona, won from the party's name.

National Party over the removal of the word Country years as an independent after resigning from the Party, a brief period for the National Party and six Country Party, seven years for the National Country years from 1965 to 1988. He served 10 years for the 4. Bruce Duncan was the member for Lismore for 23

occupational hazard for a band that has been touring 3. Mick Jagger had to have a heart valve replaced. It's an all dead. Indeed, extinct.

People recently discovered in China. I'm afraid they're H. floresiensis and the mysterious Red Deer Cave erectus, H. rhodesiensis, H. denisova, H. luzonensis, sapiens. They are: H. neanderthalensis, H. naledi, H. hominins have been contemporary with Homo 2. It is accepted by many that at least eight other contemporary works.

galleries house collections of modern art and museum was designed by Frank Gehry. Its nineteen Country. This striking titanium, glass and limestone is located on the Nervion River in Spain's Basque 1. The Guggenheim Museum Bilbao, opened in 1997,

219W2NA

since 1962.

### **Nimbin Crossword**

by 5ync



#### Across

- 1. Subduing the natives?
- 6. That is (init.)
- 7. Ceremonial sword
- 10. Gamblers?
- 11. Classic graphic novel depicting the holocaust 13. Out! (Cricket)
- 15. Terrible Russian Tsar
- 17. Conquer
- 19. Scale model automobile (3,3)
- 21. Hesitation?
- 22. Very?

Solution: Page 21

#### **Down**

- 1. Land of the Inca
- 2. Hereditary class of Hindu society
- 3. Thread?
- 4. See 6 across.
- 5. Paddle
- 8. Common igneous rock
- 9. Way in?
- 10. Spin on one toe
- 11. Parasitic kissing plant
- 12. Strangeness 14. Gang territory? A lord's
- house 16. Coldly
- 18. Sea Between Africa and Europe
- 20. Metal deposit







### Has Your Hot Water System Been Checked Lately?

Ever Heard Of A Sacrificial Anode?

A sacrificial anode is a vital part of your water system, and having it inspected can be the difference between an efficiently working system and a costly replacement.

Manufacturers recommend that you maintain the anode in your system in order to prevent damage from rust + corrosion. After its 5th birthday — warranty expires.

THE ANODE IN YOUR SYSTEM SHOULD NEVER BE ALLOWED TO CORRODE AWAY, WHATEVER TYPE OR BRAND OF SYSTEM YOU HAVE — Solar, Electric, Gas or Heat Pumps.

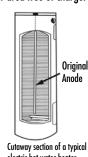
FOR A LIMITED TIME we will check your anode in your area free of charge.

"REMEMBER, YOU CAN'T LOSE. NO ANODE REPLACEMENT, NO CHARGE"

Comes with a 5 year warranty Make your Hot Water System last for 30 years without replacement.

AUSSIE ANODES Arrange a free inspection: phone

1300 166 673



Feeling safe was imperative for me. Marilyn creates and holds a very safe space to feel, explore and integrate feelings and emotions Her intuitive awareness senses what I need, allowing me to merge with quite challenging emotions in a gentle, integrative way'. Jane Halliday – Feel the Difference

Marilyn Devlin... Transformational Coaching manymagickmoments@gmail.com