

# ASTRO forecasts

by Tina Mews

what's happening in the heavens?

## Aries

This is a time of release, renewal and regeneration. You can gather forces now and make the most of what comes your way. Trust in your instincts, take charge of your personal sense of security. Conforming too much to outer rules and regulations might hold you back from following your own incentives. The task is to find the right balance.

## Taurus

Over the next two years new possibilities are coming your way. That is why more space is needed (psychic or otherwise) for the development of your own identity. It is time to release and let go wherever you have overly involved or overly attached yourself, especially if you have given too much of your energy to others and their causes.

## Gemini

The time requires the quality of good judgement, and the ability to distinguish between when to hold on and when to let go especially around in the area concerning health, work and service. Take charge of your every-day life, be practical and organised where needed. Channel excess energy into constructive projects.

## Cancer

This is a very self-expressive time for you. Take full advantage of the extra creative energy at your disposal. However, more self-discipline or self-confidence may be required. Step forward and take a few personal risks and release the need for approval. New possibilities will open through interactions with your friends and community.

## Leo

Your actions are governed by your instincts during this period and your release buttons are easily pressed. This is a time of letting go and renewal, especially regarding prestige, importance and authority. If you find that you react defensively and are self-protective, be aware that new possibilities are about to open that might stir your life into a new direction.

## Virgo

Be aware that your communication style might be more assertive or provocative during this period and discussions can easily become heated or escalate into arguments. Use your research/detective mind for getting involved in a worthwhile project. Let go of fixed opinions and allow for new possibilities entering your mind.

## November

The Sun journeys through deep searching and action-demanding Scorpio until November 22nd when we shift into Sagittarius, the sign where we seek new understanding and a broadened perspective. Until then, the Scorpio energy may uncover more long-hidden secrets and dishonesties. It coincides with the second eclipse season of this year. Eclipses take place twice a year, when the Sun moves within 18 degrees to the north or south lunar node. Life intensifies around eclipses and they are known for the timing of sudden and unexpected events. **The Full Moon on November 19th will be a lunar eclipse in Taurus/Scorpio while the solar eclipse follows on December 4th.** Ancient astrologers regarded the zodiac sign of an eclipse, whether of the element of Fire, Earth, Air or Water as highly symbolic of the nature of events coming due. The upcoming lunar eclipse previews the next eclipse cycle, which will unfold in Taurus and Scorpio during 2022/23. It indicates the changes that must materialise especially in the way how we look after the Earth and her resources. Taurus and Scorpio are the money signs of the zodiac; sudden upheavals and disruptions can be expected around finances and banking.

A lot of planets are positioned in fixed signs, such as the Sun (until Nov 22nd), Mercury (6th – 25th), Mars (until 14th Dec) as well as the long-term transits of Jupiter and Saturn in Aquarius and Uranus in Taurus. It signals a highly charged atmosphere during November because fixed planets are very determined and enduring and are loyal to their beliefs and values. On the negative, they can get stuck in old patterns and resist change. **The New Moon on November 5th in Scorpio**

**is exactly opposite Uranus while making a square to Saturn.** This New Moon re-opens the battleground for the mythic clash of the Cosmic Titans who symbolise the ongoing struggle between innovative forces represented by Uranus and the status quo opting Saturn. However, during times that demand massive shifts in thinking and acting, we must live up to the challenge and embrace what once was regarded as too radical and unthinkable as being acceptable and the best path to follow.

**Mars entered Scorpio on the last day of October and will remain until December 14th.** This is the strongest position for Mars, the planet of war and action. In watery Scorpio, he generates steam and has strong convictions. Nevertheless, Mars in Scorpio has great courage and healing power once the intense energy is directed into positive channels. **During November 9 – 19th, Mars follows suit and aligns with the Saturn/Uranus square, the most defining outer planetary configuration of 2021** with exact passes in February, June and December. The Saturn/Uranus square is associated with developments in politics, trade, finance and economics, including the democratic, capitalist and growth-oriented structures and ideologies that have shaped the Western world since 1988. Saturn and Uranus formed their last conjunction in 1988 sowing the seeds for this cycle which has now reached its ultimate stage of review, restructuring, reorientation and revisioning. The current Saturn/Uranus cycle will end in 2032, the final date by when the economies on this planet must have transited to renewable and sustainable energies. During November, tensions, hostilities and pressures in this regard are likely to increase and then reach a high and



turning point in December.

**The Full Moon Lunar eclipse on November 19th is in square with benevolent Jupiter in Aquarius.** Visions of a sustainable future need to be put into action now. What is the plan and how can we manifest difficult changes? Will we step up to the challenge? Jupiter's benevolent influence has to do not only with generosity and optimism, but also with targeted misinformation and overconfidence. Do governments trust scientists when it suits their agenda (coronavirus and biosecurity mandates for excessive surveillance) or do they also follow their advice when it comes to saving the planet, ceasing both coal and gas extraction while investing in renewable industries? Time will tell how seriously the warnings are taken. **Relationship planet Venus is in business-like and conservative Capricorn forming an exact trine with Uranus in Taurus during the Full Moon eclipse.** This might be helpful for making sincere and honest commitments. On the other hand, Venus is preparing for her retrograde journey from mid-December until the end of January 2022. Plans, pledges and promises given during November will go through a crucial period of review.

**Navigation by the stars:** Personal and/or relationship astrology; Life cycles and your year ahead Transits: Plans, Directions, Concerns for 2021/22; contact Tina on 0457-903-957. Zoom or skype consultations available; Email: star-loom@hotmail.com

**Zoom astro-classes:**

- Thursday, November 11th. 'Houses 2, 6 and 10: The Earth Houses' 10.30am – 1pm.

**Please contact Tina for further information on 0457-903-957, email: star-loom@hotmail.com**

## Libra

During this time of release and renewal it is essential to know what you wish to manifest over the next few months or even years. Which principles and values are worth strengthening and where can you let loose? This can be a very creative and resourceful period, especially concerning projects around the home.

## Scorpio

With Mars traversing through your sun sign until December 14th your 'inner warrior energy' is activated. You might feel called upon to be courageous and speak your truth. Release what is not needed anymore and try not to win every battle. Important is to know what your truth is, where you can compromise and cooperate and when you must walk your own way.

## Sagittarius

During this period of release and renewal you are called upon to rid yourself of anxiety that is fed by the fear of 'not doing enough'. Your challenge is to have faith and trust in a larger plan. Let go of perfectionism and develop more compassion and understanding for yourself and others. The spiritual task is to remain grounded in the here and now.

## Capricorn

The process of release and renewal might bring some unexpected changes to your group of friends and associates. Remind yourself not to expect perfection from ordinary mortals, instead, cultivate true friendship. When being more tolerant and forgiving you open the door for new meaningful encounters.

## Aquarius

This is a time when great changes must be manifested, and you are called upon to be a responsible co-creator. Build upon your sense of innate power and hold the space that nurtures new possibilities. This can be a good period for becoming self-employed, working from home or start a cutting-edge business if your ideas align with the shifting values.

## Pisces

Vast concepts and theories must be released as they make you lose touch with reality. Instead, knowledge can be transformed and stepped down into concrete methods and thus made available to your immediate environment and community. There is a push towards adopting beliefs that truly work for you in the here-and-now.

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# Be prepared for The Event

For many years I have been hearing about something termed The Event, from both my own personal clients and the QHHT (Quantum Healing Hypnotherapy) community. Even people with no prior knowledge of The Event have referred to it when accessing their super conscious mind whilst under hypnosis.

They all describe something similar, a mass worldwide spiritual awakening where not a single person will remain unaffected.

It is described as a powerful, undeniable surge of love, bliss and strong feelings of finally being HOME again.

One person described it this way during a recent session:

“There will be a sudden shaft or column of light and everyone will receive a frequency through the top of their head which will enable them to open their hearts in ways most will never have experienced.

“They will bask in this pillar or wave of light as it washes over them. It will be uncomfortable for some if they aren’t open to it or can’t accept it in their conscious

mind, yet they will soften into the energy, for it is impossible not to.

“There will be some who experience great trauma and pain, these will be people who have chosen dark over light, the ones who continue to inflict suffering on humanity.

“They will leave as they have chosen not to experience this new reality. If you have not consciously chosen the dark, then you have automatically chosen the light.”

It will all happen simultaneously, the timeframe is small, within minutes. The experience will be collective but individual, depending on our spiritual evolution and the energetic frequency we are holding at the time.

For some it will be almost overwhelming, others will experience very little due to their frequency.

The Event will usher in a New Earth that is beautiful, glorious. It is much like this one but brighter, clearer. The air is clean, the water is pure. People are in harmony with the rhythm of the earth, they can feel it just like you would feel a heartbeat on a friend or on a pregnant belly.



by Auralia Rose

The inhabitants of The New Earth will be able to feel the life-force of the Earth and they will be in rhythm with that life-force.

There is a communication, a conversation at all times between the inhabitants and the planet itself. They will use that in order to heal the old earth. The old earth and the new Earth are the same Earth, it’s just a different frequency of the old Earth.

There is so much change coming, so much change already taking place and it will be profound, unreal, like a Dr Seuss story.

There will be so many things that just don’t make sense to the human mind, but as we begin to anchor into the New Earth and enter into the new

frequency, we will then understand.

We have all been waiting for this and it is beyond anything that we could know! The Lightworkers of Earth have been training for this moment, they will come forth to help guide and help people through what eventuates. There is nothing to fear.

Remember we have all made the soul choice to be here at this time and everyone will know what to do. Right now many people are being awakened and starting to experience a little bit more understanding and knowing what their mission is.

It is coming very soon! The time has come, 2021 is a great year of change. As we enter into 2022 there will be changes. It will take time for the New Earth to come into fruition, months, years. But we have hit the turning point, we cannot go back.

To be a human being at this time is one of the biggest blessings, for we are here experiencing this as it unfolds.

I can’t wait, can you?

Auralia is offering QHHT and Past Life Sessions in Lismore, phone 0422-481-007.

## Nimbin Crossword

2021-II  
by Novata

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- Across**
  - A shortening of a word (12)
  - Opposite of subtract (3)
  - Why some people use deodorant (abbrev) (2)
  - Dangerous underwater-prone to sudden collapse (7)
  - Once glued, very difficult to reverse (6)
  - Resin from lac bugs, used to finish wood (7)
  - Improvise (5)
  - Native of Yemen (6)
  - One of two official languages of Belgium (7)
  - Will be gone in a cashless society (4)
  - Abnormal downward or back placement of the tongue (12)
- Down**
  - Sigh!“Ooh” and “...”! (3)
  - Cured port: a brekky fave (5)
  - How did we ever communicate before these? (6)
  - Bin chickens (slang) (6)
  - Nil, nothing (Spanish) (4)
  - South American mountain range, over 8,000 Km long ((5)
  - Tasty shellfish and pretty shell (7)
  - Severe (9)
  - Shocking, horrible (3,5)
  - Sparkling wines used in celebrations (8)
  - Should be very clear (7)
  - To surround with a halo (6)
  - Barn for cows (4)
  - Ceremonial staffs used as symbol of office (5)
  - Possessive pronoun of it (3)

Solution: Page 32

by Marilyn Devlin

In between worlds... in so many ways. The old way has lost its hold... its disguise rapidly dissolving... disintegrating, leaving tattered threads. Empty space beyond... no-one home. Reminds me of a poem I wrote, ages back... ‘The Busy Disease’.

The old is being washed away by giant waves, swallowing all in its path. We’re standing naked, without our props... more and more disappearing... leaving us standing in ourselves.

There’s another way of being... and listening. Another way of doing. But the change it takes is both simple and enormous. Letting go and releasing... often we resist it. Trusting Life in a way we’ve never known. Believing there’s more than I know... more than I could possibly dream. Way beyond my limited intellect.

We’ve reached a pinnacle of sorts... allowing us to see more clearly. If we choose. If we listen carefully. Read between the lines... catch between the words. See the energy twirl. Everything tells you what it is. All is transparent. We need to question the stories. Writers write... narratives are conjured... stories are spun. Realities are sculpted.

Where do we go when the pail is empty? Which way do we go... who do we follow? Do you dare to follow you?

Feel like I’ve emerged on the other side of the storm... the other side of a long dark tunnel. It’s quiet, mostly. It’s still. It’s present. It’s offering. It vibrates... inviting me into something so much bigger. It’s been a long passage but the sky is getting clearer. Even as the dismantling continues.

I’ve listened, I’ve responded. I heard the call, I followed. I trusted even when it was hard. It never let me down before... why would it now? I paid



attention... I opened my eyes to take in more. I knew my life was precious... it wasn’t going to waste. That I promised myself.

Living by the river these last few years... I’ve become intimately connected with the tides. The ebb and flow. The in and out. The full and empty... the exquisiteness of it all. My body would imitate. Following Moon’s cycles my emotions flow... my internal tides respond to her mood. Up, down, in, out. Full and empty. I learned to trust them.

I saw their beauty... the necessity of their movement. Their unique expression. I gave them space, allowed them their voice. They’ve given me freedom. Moon and me, Ocean and me, Mother Nature and me... we’re so intimately connected. We move in unison.

Life’s our teacher... our Heart’s our guide. Our Soul holds our wisdom. Our Body’s intelligence is supreme.

I feel like I’m on the other side. I weathered the storm. I’m still in one piece. I’ve grown. I’ve matured. I’ve

become more open and trusting. More innocent. More vulnerable.

The collective noise is quieting... maybe I’ve just moved away a bit. It still keeps knocking... that’s what it does. I understand the concern. But really my life is way too precious to get caught up in the repeated stories. I have enough of my own to lovingly nurture.

Being out on the other side... I feel grateful. I got caught up in the storm... much like everyone. All the stories... so many. The tide continues its ebb and flow. It’s up and down. Moon’s spell on our oceans and our emotions. We explore all kinds of waterways. Our emotional bodies vibrate to her magick. A kaleidoscope of different feelings, reactions and responses. All part of being human.

We gotta know when enough’s enough. Where the line is. What’s non-negotiable. We gotta stick to our truth, or what else do we have? We gotta know our Self. It’s not complicated at all... it’s really simple. We just miss it sometimes.





NIMBIN CENTRAL SCHOOL

## KINDERGARTEN ORIENTATION FOR 2022



**Orientation Dates**

- 11th November - 9:30 - 11am
- 18th November - 9:30 - 11am
- 25th November - 9:30 - 11am
- 2nd December - 9:30 - 11am

**This is a great opportunity for your child to get to know their new school and teacher.**

Nimbin Central School will have Kindergarten Orientation during Term 4.

If your child is starting Kindergarten in 2022, please call the office to make a booking for your child to attend any of the available sessions.

**Ph: 6689 1355**



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## Nimbin Crossword Solution

From Page 31

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# Affordable strength and balance classes for over 50s

An exciting and affordable exercise program for people aged 50-100+ has re-launched in Nimbin. Now is the time to rebuild your strength after the Covid-induced period of hibernation!

Living Longer Living Stronger is an innovative strength and balance program for older people. It involves progressive resistance training to improve your strength, balance and mobility, as well as having benefits for your overall energy and vitality.

The program was developed by COTA (Council on the Ageing) Australia. Your Living Longer Living Stronger instructors have all undertaken specialised training with COTA NSW which covers the needs of older people and how to work with the types of injuries and conditions that affect older people.

"The beauty of the Living Longer Living Stronger program is that it is individually designed for each participant, and the instructors will take your specific needs and goals into consideration when preparing your program," said COTA NSW CEO Meagan Lawson.

"Moving and getting stronger has a flow-on effect on your general quality of life. You'll be better able to carry shopping and do the gardening, as well as reducing the risk of falls and other



injuries. And the classes are also a great way to meet new people."

Local fitness professional Gail Pierce has been running the Living Longer Living Stronger Program since April. Kath has been attending the classes and says she hasn't looked back.

"The strength and balance classes have improved my agility and increased my confidence in everyday activities. I no longer worry about getting up off the floor when I'm playing with my grandchildren!"

Another participant, Lynette, values the atmosphere in the classes. "I really appreciate the Living Longer Living Stronger classes that Gail takes," she said.

"Not only is it so important to keep strong and flexible at any age, but such a rarity to find a class that is so safe,

supportive and professional but also so inclusive of everyone who participates."

Gail is very positive about what the program can achieve. "I've observed growth in the strength and mobility of participants, and as a consequence, a growth in their confidence.

"Another gratifying outcome is to witness the enjoyment participants find in the group setting. For many, this has led to improved health and wellbeing."

Living Longer Living Stronger is very reasonably priced. You undertake an initial assessment to develop your personal program which costs \$30, and from there classes cost \$10 each.

The classes are held at the Nimbin Activities Centre at the Showground. Contact Gail on 0409-452-620 for more information and to book your assessment.

## Nimbin Health and Welfare Association seeks new members at upcoming AGM

by Rebecca Ryall

'Tis the season of AGMs in Nimbin and the perfect time to get involved in one of the many not-for-profit organisations that are working away in the background to create and maintain the amazing community we are all so privileged to call home.

Most of the prized community health and welfare services we enjoy in Nimbin are run entirely by volunteers. If you or your kids enjoy a kick around down at the Headers field, you are benefiting from the hard work of the Nimbin Headers Sports Club volunteer management committee and their team of dedicated – also volunteer – coaches, groundskeepers and match officials.

When you need to do printing or access a computer and head down to the Nimbin Neighbourhood Centre, you have countless volunteers to thank for this opportunity, right here in Nimbin.

When you, or a loved one, require some assistance around the house, or getting to medical appointments or to the shops, or just a little support following surgery or illness, Nimbin Aged Care and Respite Service (in the iconic rainbow building opposite the Oasis) is the community run not-for-profit organisation to help you regain and maintain your independence.

NACRS is only able to offer their valuable services to the communities of Nimbin and its surrounds because of the financial and administrative governance of the Nimbin Health and Welfare Association Inc.

The NHWA takes on legal liability for the service, leaving NACRS to do their thing, on the ground and in the homes and lives of their clients.

Nimbin Health and Welfare Association is a registered charity, managed by a board of directors drawn from the NHWA membership pool. The board meets monthly to discuss relevant and ongoing governance issues arising out of the operations of NACRS and also the Nepal Housing Project, and any other current auspiced projects.

This board is responsible for ensuring that the services and projects they auspice meet all of their regulatory requirements, such as WHS compliance, financial reporting and currently, Covid-safe practices.

This role is vital to the not-for-profits supported by NHWA, relieving these often time poor, altruistic front-line workers, to do the work they are actually there to do, rather than get bogged down in all the hoop jumping.

As with most not-for-profit organisations in Nimbin, the membership of NHWA waxes and wanes over time, is ever changing, and fluid, in terms of who has time and

skills and who needs to drop back from time to time.

**The Nimbin Health and Welfare Association would like to invite new members to join us, at our AGM at the end of November. Membership costs a modest \$3 per year.**

**At our AGM we will elect a board of directors who will meet monthly, for no more than two hours.**

Board membership, on this or any other board – is a great opportunity for newcomers to find ways of knitting themselves into the fabric of our community. This kind of participation opens one up to new people, situations, and an endless well of story and interaction. Participation can also be useful for those who have found themselves out of the workforce for a while and would like to find a way back in, as well as providing vital ongoing connection for those who have recently left the workforce and still have time and skills to offer.

Through my various board involvements, I have been able to add skills to my CV such as: written and verbal communication, meeting protocol, staff recruitment, performance appraisals, liaising with stakeholders, marketing and publicity, event co-ordination, and many more. Having been kept out of the workforce for some time due to caring commitments, finding a way back to meaningful paid employment has not been easy and, as well as

lacking experience, I lacked confidence in my own abilities.

Involvement with the structure and function of various boards and management committees, as well as exposure to more and different people, has gone a long way to reinforcing my capacities and developing new ones, as well as leading me back to paid employment.

I would personally like to extend a hand of welcome to any reader who feels themselves dallying at the edge of the Nimbin pond, looking for a way in (or indeed, a way back in), some tenuous sense of connection or belonging, to join us. The NHWA AGM will take place on Thursday 25th November from 4pm, in the Birth and Beyond room (down the corridor between the Enviro centre and the Apothecary), unless this article elicits hordes of new members and we need a larger venue!

For this reason, it is preferable to register your interest in attending by emailing: [nimbinhealthandwelfare@gmail.com](mailto:nimbinhealthandwelfare@gmail.com) Also feel free to drop a line if you would like some more information.

And if NHWA isn't the right organisation for you, I urge you to look into others – there are several other AGMs in November so several other opportunities to find your tribe, roll up your sleeves and get stuck into some good, honest, community building.



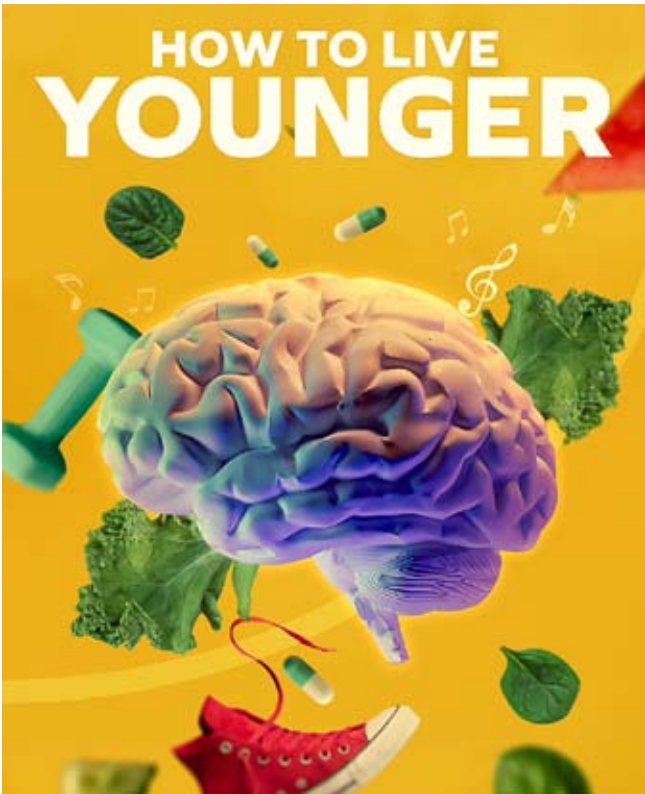
Live younger?

There is a brilliant show on Iview: *How to Live Younger*. This series deals with scientific studies that have proven the powerful role well-being plays in our physical health. They found that happiness, social connection, peace of mind and awe can change the course of our lives.

Beliefs about how safe we are, what the world is like, and the community around us have a profound impact on the way our bodies work. Even though loneliness is not a primary emotion, scientists found that highly connected individuals have massively reduced inflammation. Apparently loneliness shortens life by 20%. Happiness: there are two kinds; one comes from self-gratification, ie shopping, which doesn't last long nor has any effect on our health. However, eudaemonic well-being comes from having a

The world according to Magenta Appel-Pye

meaningful purpose in our lives, especially doing good things for others. They found it is rewarding for human beings to help other human beings, and that the easiest way to activate happiness is to do good for someone else. I have always noticed this phenomenon, but now they can actually show how your brain is activated by doing good works for others. Awe is the most powerful positive emotion. It improves immune function and increases altruism. We are forced to see ourselves as something bigger. Music assists memory and reduces stress. Music is processed in every region of the brain and is like a medicine to help us both mentally and physically. Dance is also great for us. Music and dance have the



power to transform our mindset, taking us from a negative and potentially deadly headspace to fostering feelings of safety and security. Researchers are finding that by helping others, increasing social connections, experiencing awe and playing music and dancing we can reduce stress and loneliness and help prevent disease, allowing us to have longer, happier, more fulfilling lives.

Nimbin Trivia Time by Eclectus

Questions

1. This agile 7kg omnivore can be found throughout Asia and eastern Russia. Do you know its name and what it eats? (Photo: reddit.com)
2. Where are the Winter Olympics to be held in 2022? Hint: They're in February (that narrows it down by a whole hemisphere! Shame it's the one that has never held a Winter Olympics).
3. You've finally got your hands on a manioc! Are you going to eat it, drink it, drive it, feed it, fly it, frame it, kick it, ride it or smoke it?
4. A certain word can be used in front of each of these words: finch; frog; horn; kelp; rush and shark. Can you name it?
5. The Australian \$50 note contains a number of hologramatic images. An Australian bird appears three times among them. Do you know which bird it is? Hint: It is the bird emblem for the home state of one of the historical figures gracing the note.
6. Nimbin has many planned communities. Which one is named after an African city? Take a bonus point if you know the meaning of the name.
7. In 1962 Anthony Burgess published a violent, dystopian, crime story depicting British society in the not-too-distant future. Stanley Kubrick released the movie of the same title in 1971. Can you name it? Add a bonus point if you can name the slang language spoken by the protagonists of the story.
8. If a piece of music is to be played *vivace*, what does that mean?
9. What is the next number in this series: 1, 3, 7, 15, 31...?
10. The words compost and humus are often used interchangeably in general conversation but, in fact, they are not quite the same thing. What's the difference? Add a bonus point if you can name a local forest-dwelling bird that is a master composteer.



HAIR-SUIT

My husband is 60 and his hair has dropped from the top of his head to growing out of his nose. He doesn't seem to care. When I'm talking to him it's all I see. I've bought nose hair trimmers, but have to nag him to use them, and when he does, he never gets them all. What can I do? - Medusa, Evans Head



by Uncle Norm and Aunty Maj

She says

It seems males want more hair and females want less. Women in our society are encouraged to pluck, shave, wax and depilate legs, underarms, eyebrows, moustaches, chin, snail trails and even their lady gardens. All this denuding makes grown women look like pre-pubescent girls or porn stars. You don't see a man doing anything with his ballfro. No, he's proud of it. Oh, I hear some of them do. After all the pain and expense women are expected to go through, is it so much to ask a man to trim his nose hairs - properly? What a double standard. I had a boyfriend who had a nose hair that grew out of one nostril, curled around and went into the other nostril. It was funny to start with, but the humour soon wore off, especially when he sneezed. One day I plucked it out and he screamed blue murder. Wendy, you're being very accepting about his bald pate. You're not asking him to have a painful and expensive hair transplant or buying him silly hats to wear. You simply want him to trim a few little hairs from out of his nose. I don't think it's too much to ask. If, after reading this, he is still resistant, you'll just have to do it for him - when he's asleep!

HE says

Dear Wendy, we humans are mammals. What sets us apart from other organisms such as birds and fish is that we have a thing for breast milk, and we have hair. Even whales and elephants have a bit of it here and there. If we weren't supposed to have any, we would all look like giant land mullets, and we'd lay eggs. When it comes to issues like land clearing and cutting down the rainforests, you girls are happy to protest and kick up a fuss, but when it's a bit of hair growing out of your man's hooter you want to get out the chainsaws. As us geezers get a bit older, nature re-arranges our looks. We lose hair from the top, and are compensated by new growth in other places. It's unfair that you want to take that away from him. What kind of megalomaniac are you? There is probably a good reason we get hairs out of our noses in our twilight years. It could be to catch all the extra snot we generate after years of self-abuse. See, Mother Nature knows what she's doing, and you shouldn't fuck with it. I love seeing a bit of loose backy sprouting out of women's bikinis. Unfortunately these days they prune it all like a bit of topiary and spoil everything. As for nose hair trimmers, the reason he doesn't get all the hairs when he uses them is because they never work, and are dangerous as well. They catch and pinch and can make a grown man cry. The thing here is that this is only a problem because you are making it a problem. Leave the poor bastard alone. Perhaps you could let him to grow a big, bushy mo and then it will all blend in with the nose hairs, thus allowing him to celebrate his elder statehood in style.

"I love what you've done with your hair. How do you get it to come out of your nostrils like that?"

1. The yellow throated tree martin, also known in Russia as a kharza, is a smaller relative of the wolverine and, not surprisingly, boxes well above its weight when it comes to the *carne* section of the menu. It targets prey from the size of rabbits to as big as deer or even moose.
2. Beijing, which was also host city for the 2008 Summer Games.
3. Eat it. Manioc is a starchy tropical root vegetable also known as cassava.
4. Bull.
5. The black swan, bird emblem of Western Australia, which is Edith Cowan's home state. She was a champion of education, women's rights and children's rights.
6. Dar es Salaam is nestled into (and up the side of) Blue Knob. It shares its name with the principal city of Tanzania. The name means "abode of peace".
7. A Clockwork Orange. The nasads (violent teenage gangsters) spoke Nasads, a language invented by Burgess based on Russian, Romy and rhyming slang. The word nasad is from the Russian for teen.
8. Very fast. Faster than *allegro* but not as fast as *presto*.
9. 63. Each new number is the previous one plus one more than itself.
10. We make compost by mixing different materials such as food scraps, garden waste leaf litter, grass clippings and water in various proportions. Once this has composted down enough to become dark and the individual materials are no longer distinguishable, we call it finished compost. The micro-menagerie of bugs, bacteria, fungi and many others get to work finishing off all the goodies and, after some time, produce humus which is spongy, holds a lot of water and makes nutrients more readily available to plant roots both in their chemical form and through soil structure. The male brush turkey (*Alectura lathami*) builds a mound from the forest floor litter, adding and removing material to maintain it at just the right temperature for the eggs which will be laid by the female to hatch. She selects the best compost she can find.

Send your relationship problems to: normanappel@westnet.com.au



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# New school bus



by Cath Marshall, Principal

It was with great excitement that Nimbin Central School took delivery in October of a new school bus.

The lease of this 25-seater vehicle is part of the school's four-year Strategic Improvement Plan and is aimed at addressing the issue of equity of access to activities, services and learning outside the school gates.

It will allow teachers to provide a greater range of meaningful educational experiences for our students that may

be prohibitive otherwise due to cost and difficulty in organisation and accessibility.

The next step is to ensure we have sufficient staff trained and licensed to drive the bus so we are ready as soon as Covid restrictions allow the reintroduction of excursions.

It is also envisaged that the bus will be available for hire by community groups, extending the range of activities available to all in our Nimbin Central School community.

Exciting times ahead for us all!

# Inspiring Steiner schoolwork successes

by Mark Piper

The children and staff at Rainbow Ridge school are continuing to work apace: the grounds staff are doing a wonderful job tending to the blooming flowers that all this refreshing Spring rain is inspiring.

We have a new bus turn-around to help traffic flow, and the children are engaged in a myriad of Main Lessons from the wonders of human anatomy to the myths, legends and colour of India and her culture.

Class One are working on nature stories, and when I popped my head around the door I was met with a rout of beeswax snails and a cohort of smiling children who have been caring for caterpillars and silk worms over the past couple of weeks.

Class Two/ Three are working on an English Main Lesson where they are making inroads into grammar and the parts that make up written English.

When you enter class Four/ Five, you are whisked magically to the Indian subcontinent, welcomed by the scent of Nag Champur and Buddah surrounded by marigolds.

The children have been exploring the geography and history and culture of this ancient land: modelling the elephant, drawing maps, listening to stories of Manu and the fish among other great tales.

The Class Six students are working on a Rome Main Lesson and the class Seven/ Eight students are looking at Human Biology through a Physics lens: the skeleton and muscles and how we are able to stand upright.

Outside of Main Lesson, gardening, Chinese and music are continuing to flourish, and the College of Teachers meet regularly to undertake pedagogical

study and to discuss matters affecting the teaching and learning at the school.

If you would like more information about the School and its pedagogy, or if you are interested in a place for your child in 2022, please contact the school administration: admin@rainbowridge.nsw.edu

Happy learning everyone.



# Learning is great fun

by Carina, Annalyce and May

Warmer days are coming which means water play for us at Nimbin Early Learning Centre.

The red tub can be seen with water and sea creatures. We also had the water pipes out for children to build a pipeline for the water to go from one end to the next.

The experience everyone wants to do is helping to water the grass, even though we mostly get wet, but that's the most fun.

Our veggie garden is coming along so healthy, and we are enjoying picking off snow peas, chives and sage to share.

Please feel free to call the Centre on (02) 6689-0142. We are open Monday to Friday 8.30am-5pm.



# In praise of preschool

by Hannah Pearl

I've been so lucky this year to experience the successful transition from stay-at-home mum to mum with two kids in preschool!

Nestled in the heart of the Tuntable Falls Co-op, the Tuntable Falls Preschool has been in service now for 40 years.

The building is owned by the community, which helps keep overheads and therefore fees low, which has also been a blessing in these trying times.

Most importantly, my kids love it.

The Centre has such a strong ethos around empowering children, and offers so many activities. My kids have dance, circus and music classes weekly, as well as loads of crafting experiences

like felting, sewing, cooking, collaging and painting.

The staff are happy and resourced so they can focus on quality care and interactions with the kids, which means the kids come home tired but grounded and happy, which I know to be a sign they are getting their needs for stimulation and connection met.

Maybe the most amazing and unique thing about our preschool is its rural setting, on the edge of an ancient rainforest. The kids get to go bushwalking, have safe creek play and are immersed in nature all day long.

And mama gets to get things done, knowing her kids are safe and happy, stimulated and creating. The best.

Enrolments are now open for 2022, we look forward to welcoming you into our community.





# Nimbin Headers fundraiser

by Ruben Mack

The Nimbin Headers had big plans this year in terms of fundraising, with some great prizes to be won.

With the abrupt end to the season and Covid restrictions, this has had a big impact on our ability to raise funds for many of our much-needed projects.

You are still able to purchase tickets and support the club. Information is below.

Major prizes will be drawn on 10th December at the Senior Presentation in the Nimbin Hotel.

## 2021 major raffle prizes

### 2006 Hyundai Getz Model GETZ06B, 1.6GL

- 3-door hatchback, 4cyl 1.6L • Fuel economy 6.1L/100km
  - Air conditioning, power mirrors / steering
  - Dual front airbags, anti-lock braking, electronic brake force distribution
- Car offered in "as is" condition, with 12 months rego.



### 3-night stay at Leisure Lee Holiday Apartments, East Ballina

Valued at over \$555, the prize includes:

- 3-night stay in 2-bedroom apartment, sleeps up to four people.
- Full kitchen, living/ dining area, balcony with picturesque views of The Serpentine and North Wall.
- Champagne, beer and cold drinks; fruit, snacks, tea and coffee basket.
- \$50 voucher for the Shaw's Bay Hotel.

Offer valid for 24 months, off-peak times only. Book in advance to secure your preferred dates, two weeks' notice required if you need to reschedule dates.

Tickets can be purchased from Nimbin Hotel or by emailing: [csillaforaita@yahoo.com.au](mailto:csillaforaita@yahoo.com.au)

### Working bees

by Tim Duckering

Just because there is no football, doesn't mean there isn't action to be had at the Headers during the off-season.

There is a myriad of activities to partake in and plenty of work and preparation for next year.

We are planning on tiling both the women's and the men's bathrooms over the break.

Rick Niven Tiling is donating the expertise and labour required to do the job, and the only cost to the club will be the materials.

If anyone is keen to help out with that process, please get in contact with the club to register your interest.

There will be a separate working bee on 7th November which will include brush cutting, cleaning, mowing and general fun – the more the merrier!



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- 3 online assessments (interviews / games / questionnaires) over a 4-month period

### Want to learn more?

Go to: [tinyurl.com/monash-substance-study](https://tinyurl.com/monash-substance-study)

Email: [cannabis.study@monash.edu](mailto:cannabis.study@monash.edu)

Call: 0414202371



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\* Jacqui

3 1 0 0



## DAVIS ROAD, JIGGI

Beautiful 2ha Company Title share with creek frontage. Lovely container home plus unique pavilion. Fruit trees, many extras!  
**\$420,000**  
\* Jacqui

1 1 0 0



## CAWONGLA RD, CAWONGLA

Lovely 4.86 ha of creek flats with tranquil valley views to the East. 3 bedroom settlers cottage looking for a reno. Build potential  
**Contact Agent**  
\* Samara

3 1 0 0



## STONY CHUTE RD, STONY CHUTE

Amazing reno on home and studio overlooking fast flowing tumbling creek w/swimming hole. Lovely 1.21ha share  
**\$520,000**  
\* Jacqui

3 1 0 0



NEW

## CECIL STREET, NIMBIN

Central to all village amenities on large 1018 m2 block overlooking sports fields. Verandahs w/ mountain views on two sides  
**Contact Agent**  
\* Samara & John

5 3 4 4



NEW

## GUNGAS ROAD, NIMBIN

Character-filled home and studio - easy care 0.5 ha forested allotment. Great location. Lovely gardens and expansive views  
**\$850,000**  
\* John & Sundai

3 1 2 2



NEW

## SYMONDS ROAD, BLUE KNOB

A hidden gem - share in the 'tall timber, fast water' community of Blue Springs. 0.81 ha w/ fabulous bespoke dwelling  
**\$370,000**  
\* John & Sundai

2 1 0 0



NEW

## BASIL RD, NIMBIN

1.5 ha dual road frontage - huge home with circular driveway & curb appeal. Filtered views through lush gardens. Pony paddock  
**\$999,950**  
\* John & Sundai

4 2 4 4



NEW

## TUNTABLE CREEK RD, NIMBIN

100 acres of mostly forested land with comfy character home, cabin & shedding. Amazing views & creek. Swimming holes  
**\$1,400,000**  
\* John & Sundai

3 1 2 2



NEW

## SARGENTS ROAD, CAWONGLA

Stunning views from all areas of these two lovely homes and property. 40.08 ha of farmland w/dual occupancy. Fruit & nut trees  
**\$1.45 - \$1.5 mill**  
\* Jacqui

6 2 4 4



NEW

## ROSE ROAD, NIMBIN

Beautiful 115 acres w/ rolling paddocks to seasonal creek & waterfall. Amazing views! Two houses + studio & much, much more  
**\$1,350,000**  
\* John

6 4 5 5



NEW

## OXBOW ROAD, CAWONGLA

9,070 m<sup>2</sup> of gently sloping land with views over big dam to undulating farmland. Lovely authentic Queenslander w/ original features  
**Contact Agent**  
\* John

3 1 2 2

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125 Cecil Street, Nimbin  
61 Tweed Street, Lismore  
26 Shipway Road, Nimbin  
90 Anderson Road, Nimbin  
491 Stony Chute Road, Nimbin  
Lot D, 43 Cadell Road, Mt Burrell  
144 Stringybark Lane, Toonumbar  
143 Parmenter Road, Coffee Camp  
399 Bishops Creek Road, Coffee Camp  
36 Wallace Road, The Channon  
25 Avenue Road, Ellangowan  
7 High Street, Nimbin  
Lot 44, Hillside Dve, Nimbin  
Lot 46, Hillside Dve, Nimbin  
Lot 49, Hillside Dve, Nimbin  
Lot 50, Hillside Dve, Nimbin  
Lot 51, Hillside Dve, Nimbin  
2 Wallaby Road, Stony Chute  
28 Basil Road, Nimbin  
66 Tulsi Lane, Nimbin

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