ESTE CECASIS by 7ina Mews what's happening in the heavens?

Aries

Mars and Jupiter are conjoined in Aries bringing about fresh opportunities and kindling your ambition. This is a time for birthing a new vision for the future. Jupiter inspires you to move towards new horizons while Mars boosts your energy level. Think before you leap though and know when it is time to step back and re-consider.

Taurus

The focus is on you, your needs, and your vision for the immediate future. Your destiny seems to be linked with the discovery of new and exciting thoughts and concepts. Direct your energies wisely. Know what you love most and what makes you feel safe and secure. There are things that need to be cleared away including emotional baggage and old habits.

Gemini

The Mercury retrograde phase that is ending on June 3rd has been helpful for reflecting on your direction in life. Make use of any insights that have been flowing in over the last few weeks. The Full Moon on June 15th might present you with more clarity about what to expect from others, what is reasonable and what is simply too idealistic. The clearer you are about your own needs, the more energy you have for advancing your own projects.

Cancer

With ambitious Mars and Jupiter transiting your solar career house, the time has arrived to reach for the stars! Explore new opportunities that are presenting themselves once you start looking. The New Moon in Cancer on June 29th initiates a new cycle of activity, but also challenges you to get out of your comfort zone

Lea

By now you might have gained new insights about which direction to take as the Mercury retrograde phase ends on June 3rd. Filled with new energy and passion, you might want to tap into your innovative side and take full advantage of your creative potential. Be confident that your plans will work out if you believe in yourself.

Virgo

The Messenger planet is in direct motion again from June 3rd onwards and the energy for new initiatives is gaining strength. Nevertheless, implement the necessary adjustments which have become obvious during the last few weeks may it be in your career path or home life. Opportunities for growth are possible now, especially if you keep an open mind.

JUNG

he current Mercury retrograde cycle ends on June 3rd. The messenger planet will remain in its 'shadow zone' until June 19th. During this period we can correct and implement the necessary adjustments which became obvious during the last three weeks and take advantage of any new insights that we gained. While Mercury moves direct again,

Saturn stations retrograde on June 5th. During its yearly 4 ½ months retrograde phase, Saturn teaches us to become more thoroughly organised in whatever we are doing so that we can grow and mature. Saturn is the hard task master of the solar system, sets boundaries, delays and stops us from wasting or misapplying resources. Developments that began back in late February/March are under examination. Unfinished business from this period is pressing to be resolved, loose ends need tightening while we might have to make extra effort and take on more responsibilities to see projects through successfully (until end of October). In our region, it takes us back to the time of the floods. We hopefully can expect a greater effort and input by governments (Saturn) towards rebuilding of what has been destroyed.

Gemini is the sign of communication and networking and can see any situation from multiple perspectives. The Gemini New Moon occurs on May 30th. With every New Moon a new chapter begins. This New Moon forms a stimulating aspect with Mars and Jupiter in Aries. It presents a great month ahead for pioneering ideas and fortunate action, for courageously moving forward into unknown territory confidently taking on projects that nobody dared to tackle before. Mars and Jupiter conjoined in Aries can make things happen. Mars remains in Aries until July 6th while Jupiter will remain in the sign of 'new beginnings' until the end of October and then return to Pisces for another 2 months. He will continue his journey through Aries from December 20th until mid-May 2023. Jupiter sets impulses towards growth and expansion. In Aries, Jupiter inspires us to act and experiment with new ways while the potential for risk taking without considering consequences may increase as well. Be inspired to move forward with your plans and objectives but know when it is time to step back and re-consider (Saturn retrograde)!

The Sagittarius Full Moon opposite the Gemini Sun occurs on June 14th and forms a square aspect with Neptune in Pisces, planet of vision and imagination.

Sagittarius needs freedom of movement, is concerned with finding truth and meaning in the information gathered by Gemini, its opposite sign. Full Moons highlight



where we need to balance two opposing forces and reconcile their shadow sides. The dark side of Gemini is over-rational and opinionated. The shadow side of Sagittarius gets caught in dogmatism and excesses of all kinds. This Full Moon urges us to strengthen our intuition (Sagittarius) and question unrealistic expectations (Gemini) while holding the space for the development of a vision that brings people together (Neptune in Pisces). Saturn retrograde forms a supportive trine to the Sun and a helpful sextile to the Moon. Saturn in Aquarius can be crystal clear and helpful in clarifying fact from fiction preventing us from getting side-tracked by false promises and inflated hopes. Saturn's job is to supply us with the necessary reality check so that grand ideas can find manifestation in the here and now.

The Winter Solstice occurs on June 21st, when the Sun enters zero degree Cancer marking the longest night and shortest day in the southern hemisphere. It is the opposite in the northern hemisphere and their Summer Solstice. The Moon in independent Aries is conjoined adventurous Jupiter and forms a square aspect with the rebellious Black Moon Lilith. Lilith entered Cancer on April 15th challenging familiar concepts of security and comfort (until January 2023). Lilith is the enemy of patriarchy and the voice of those who have felt left out but have found a way to stand up for their rights and beliefs. In Cancer she cuts through the cords of dependency and emotional attachments to the past. Venus in Taurus is in an exact trine with Pluto in Capricorn signalling a powerful potential for renewal.

Navigation by the stars:

Personal and/or Relationship Astrology; Life Cycles and Your Year Ahead: Plans, Directions, Concerns for 2022/23; contact Tina on 0457-903-957, email: star-loom@hotmail.com Gift vouchers available!

Astrology at the Lillifield Community Centre, Thursday, June 9th, 10am — 1.30pm: or Saturday, June 25th, 10am — 3pm 'Understanding Self-protective Mechanism as Revealed in the Natal Chart' All welcome!

For all bookings and info, contact 0457-903-957 or email: star-loom@hotmail.com

Libra

Cooperation within partnerships might be difficult as you may experience others as too demanding of your time and energy. You could find new opportunities of relating and working together that are ultimately very productive if you express your own needs truthfully and find a way to balance out conflicting values.

Scarpio

These are emotionally testing times as you have been searching for more freedom, space and nourishment in your relationships. Make use of the insights that you have gained during the last few weeks by taking better care of your body, mind and soul. As you evolve, unhelpful relating patterns need to be cleared out. Detach from drama and work on more positive ways of relating.

Sagittarius

Jupiter and Mars in Aries provide you with fresh inspiration and creative passion. Networking and exchange of ideas with likeminded souls can further this process. Share your vision and remain focused on your goals. It is easy to get side-tracked by scattering your energies in too many directions or having too high expectations of others especially during the Full Moon period (June 15th).

Capricorn

Following your passion might bring new opportunities especially in your private life and home environment. You may want to make improvements to your existing home, such as redecorating, making it more comfortable, or building an extension. Try not to get involved into disputes on how things have to be done around your home as you might be identifying too strongly with your own rules and opinions.

Aquarius

You had three weeks of reflective time about the development of your identity. The insights that you have gained will be best applied in creative projects that satisfy your need for recognition. Avoid getting stuck on ideas and concepts that deflect from the here-and now. Communication might get easier once Mercury re-enters Gemini during mid-June

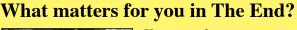
Pisces

You have entered a new period of abundance. During the last few weeks you might have gained clarity about your long-term strategies and are now able to apply them once Mercury is direct again from June 3rd onwards. Calculated risk-taking and being bold about your objectives could deliver good outcomes. Generosity towards those less fortunate will earn you credits on a different level.





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The threshold

by Marilyn Devlin

oWa... June. A collective point of sorts. Marks a crossing... we're getting serious. Life's afoot and desperately requesting our attention. Will we pay attention and take Life seriously... or continue on our merry way immersed in distraction.

We exist in the reality of now. So much has changed. So much is wanting. At times I hear the cries, the lament, the lingering loss... the loss of so much. I feel it in my body. We're not separate from all that surrounds us.

It's a big job ahead and it can't be left to a few. Old ways die hard... have a tendency to linger. But the bugle has been blared... Red Alert on Planet Earth.

Changes are now... not tomorrow, not next week or next year. We don't have the luxury of time. The next few years will continue their onslaught. We've arrived at this place... our new reality. And we've proved again and again... we have the courage and strength to take it on.

We are the miracle workers. We are human beings infused with so much Light. True Light, real Light... our world is coalesced Light. It's not just a 'New Age' thing... it's what is. So we have what we need to step forward and proclaim 'I can do this'.

The support is there... by our galactic friends... our community stretches wide... wider than any boundaries we set. We have limitless hope, belief and trust. It just sometimes gets hidden deep down, rusted, covered in mud. And we forget who we are... and what we are capable of.

There's a shit-load of stuff that's happened these last few years... and it's not over yet. I feel life calling on these traits lingering deep inside us... been buried for generations. Slaved, beaten, poisoned, burnt out. Left a hole of lamenting loss. But this is the generation of renewal. It's both a challenging and wondrous time to be here on planet Earth. To be guardians, warriors... peace bearers, truth tellers. We just forgot who we were.

Our connection to the natural world is undeniable... when it falters so do we. We're family... united, connected. The sense of grief and sadness is real. We need our family to support our existence here. The invader will be conquered.

So much transpired in the last week of May... heralding the turning point of June. Our collective reckoning... where have we come... where are we going? Hope, jubilation... passion and clarity, dedication and commitment... dignity and integrity... danced amongst us. Smiling faces... hearts courageously fearing to hope. We celebrated, we turned a corner. There's still so many ahead.

We need to rest, to restore, to attend to our needs... it's important to take care of ourself... our priority. To take care of our families. To restore some sense of unity and cohesion in a fractured space of separation. To bathe our wounds, to restore some security. To find a place within it all...all the shifts, all the changes. All the wounding.

We need to know we are loved... that we'll be cared for. Honoured and respected. We need to remember our strength, our courage, our love... our commitment to Life itself. It's a big job ahead... and in our own caring and leisurely way... we will attend to it.

We trust ourselves. We mend bridges, roads and pathways. We create new ones... new ways. Our pooled creative talent is enormous. We are problem solvers... we are wisdom keepers. We know Life has our back... even in times of despair.

We've all been through a lot. And yes the road still spans out before us... filled with its challenges. But something has shifted... we make sure of that. We gleam our compass... raise our sails... we float if we have to. We survive. And Truth is our new reality. No more lies.

Wishing you lots of love.

My contact number is 0413-442-808.

Nimbin Trivia Time

by Eclectus

The theme for this month's quiz is a word that can be used in relation to computing, firearms, luggage, medicine, shipping or wine. In this quiz it can be used in relation to one of its meanings or as a syllable in a question or, better still, an answer.



Questions

- 1. To which country does this flag belong? (Image courtesy britannica.com)
- 2. Cement has been used to make mortar, concrete and the like for over 3,000 years. What is the proper name for the superior quality cement used worldwide today? Take a bonus point each if you can say where it came from and in what century.
- 3. Can you name a word that links a famous London market, Mark Knopfler and mushrooms?
- 4. What is the capital of Haiti?
- 5. Which AFL team is known as The Power?
- 6. Can you name the British television railway travel presenter whose career was commenced around the Victorian era publication Bradshaw's Guide and whose wardrobe consisted of a dazzling array of rainbow hued, always daringly matched costumery?
- 7. What do you call a word that blends the sounds and meanings of two other words?
- 8. What distinguishes Ruby Port from Tawny or Vintage styles?
- 9. South Australia has a lot of towns and cities named Port this or Port that. Is it closer to 10, 20, or 30? Take a bonus point for each one you can name.
- 10. What was James Joyce's first novel, published in 1916?





10. A Portrait of the Artist as a Young Man.

9. There are 20: Port Adelaide, Port Arthur, Port Augusta, Port Augusta West, Port Bonython, Port Broughton, Port Davis, Port Germein, Port Hughes, Port Julia, Port Kenny, Port Lincoln, Port Macdonnell, Port Moorowie, Port Neill, Port Paterson, Port Pirie, Port Victoria, Port Vincent, Port Wakefield. In the days of sail, they must have been exceedingly grateful to find any refuge from the Roaring Forties!

8. Ruby Port undergoes no oxidation whatsoever being stored in airtight stainless steel or concrete tanks whereas Vintage Port may undergo slight oxidation when stored in barrel for up to two and a half years and Tawny Port which is an oxidative style, achieving gradual oxidative changes and increased intensity through evaporation with storage in oak barrels over a long period.

7. A portmanteau. For example, forex (foreign + exchange), hazmat (hazardous + material) and vlog (video + log).

6. Michael Portillo.

5. Port Adelaide.

4. Port au Prince.

3. Portobello.

Portland in Dorset.

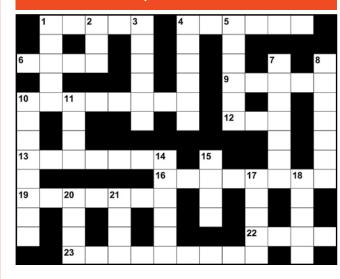
2. Portland cement was developed in England in the 19th century. It is named for its similar colour to the sought after stone quarried from the Isle of

1. Portugal.

S19W2NA

Nimbin Crossword

by Novata



Across

- 1. Game of strategy (5)
- 4. Maps (6)
- 6. Affectionate name for the BBC (4)
- 9. Talks incessantly and constantly (5)
- 10. Confined to and understandable by only an enlightened inner circle (8)
- 12. Structure resembling a bag in an animal (3)
- 13. Paved surface, compressed layers of broken rocks held together with tar (7)
- 16. Perennial of Northern hemisphere with bellshaped blue flowers (8)
- 19. Roll of coins wrapped in paper (7)
- 22. Ship's bottom (4)
- 23. Unrestrained expressions of emotion (9)

Down

1. Pungent leaves of cruciferous herbs (5)

- 2. Fall away or decline (3)
- 3. Fencing swords with
 V-shaped blades and
 slightly curved handles (6)
- 4. Coarse cloth (6)
- 5. Loose black head-to-toe robe traditionally worn by Muslim women (6)
- 7. Deliberate destruction of the natural environment by a human (7)
- 8. Given to avoiding association with others (7) 10. Gives or assigns a
- resource to a particular person or cause (8) 11. Of or related to the ear (4)
- 14. Ethnic group speaking Umbundu, living in Western Angola (6)
- 15. Brand of classy European car (4)17. Supports; establishes as
- valid or genuine (5)

 18. Added alcohol to a fruit
- punch (5)
 20 Swent-up hairstyle (4)
- 20. Swept-up hairstyle (4)21 Countries of Asia (4)

Solution: Page 33

Has Your Hot Water System Been Checked Lately?

Ever Heard Of A Sacrificial Anode?

A sacrificial anode is a vital part of your water system, and having it inspected can be the difference between an efficiently working system and a costly replacement.

Manufacturers recommend that you maintain the anode in your system in order to prevent damage from rust + corrosion. After its 5th birthday - warranty expires.

THE ANODE IN YOUR SYSTEM SHOULD NEVER BE ALLOWED TO CORRODE AWAY, WHATEVER TYPE OR BRAND OF SYSTEM YOU HAVE — Solar, Electric, Gas or Heat Pumps.

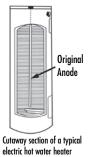
FOR A LIMITED TIME we will check your anode in your area free of charge.

"REMEMBER, YOU CAN'T LOSE. NO ANODE REPLACEMENT, NO CHARGE

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without replacement.

June 2022





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Time manipulation

by Ava Prescott, student at Tuntable Falls Community School

nce there was a girl named Darcy. Darcy goes to a school called St Gargarmellathin and she is in Year Ten.

She has the power to change time, but she doesn't know it yet. She only realises it when she is in the bathroom at school freaking out in one of the stalls.

I should probably tell you how she got there first.

One sunny morning, Darcy woke up with a big smile on her face. But the smile quickly faded as she realised it was Monday. Darcy hates Mondays as almost everyone does. As she was lying in bed wishing it was Tuesday, suddenly all of the sounds outside were starting to repeat themselves and all of the birds were flying backwards, like all of time was rewinding.

She sat up rapidly as her mum called her name from

downstairs. "Honey! It's time to get up. You're going to be late for school! And you already missed yesterday!"

"What?! Yesterday was Saturday, wasn't it ???" Darcy quickly picked up her phone to check the date. As her mum said, it was in fact Tuesday. "What?!" As she was about to put her phone down, a bunch of messages flooded in. The messages said things like: Hey? Where are you? You coming to school or not? Hey you know it's school today right? Darcy's eyes widened rapidly with shock.

Darcy puts her shoes on and runs downstairs in a hurry. She brushes her hair and gets ready as quickly as possible and bolts out of the door.

As she bursts through the school door, one of her teachers yells at her with an aggressive tone. "Where have you been? You missed the finals test yesterday. You are going to have to repeat the "@#\$%," said Darcy.

Darcy runs to the toilets in a hurry, and into one of the stalls. "Dammit! Oh No Oh No Oh No Oh No! Wait, I know it was definitely Sunday yesterday. Wait... Oh my God! Did I change the time? Do I Have Super Powers?" said Darcy, as the other girls were walking into the toilets as well.

"Oh my God, I can't believe Darcy missed the big test!" said one of the girls. "Yeah! She's going to have to repeat the year!" the other girl said, as they both started snickering.

Both of the girls walked out of the toilets, Darcy walking out of the stall with tears in her eyes. She hears a commotion outside of the toilets. She walks out of the toilets and around the corner, only to find a girl with flames coming out of her hands, and the popular girl, Bethany, holding some girl named Tiara by the collar.

"What the @#\$% is going on here?" says Darcy. All



three of them turn to look at Darcy. "Mind your own business," says Bethany.

"I don't think I should. Flames are coming out of that girl's hands, and you are holding that poor girl by the collar!" Darcy yells back.

"Ugh," Bethany says back as she lets go of Tiara's collar. As Tiara falls to the floor, Diana (AKA the girl with flames in her hands) starts to calm down. Darcy grabs Diana's arm and pulls her into the toilets and into one of the stalls.

"OK. I'm about to do something crazy. But! You can't tell anyone about what I'm about to do. OK?" says Darcy. "O-OK?" Diana said back.

Darcy takes a deep breath in and out to try to calm herself. "I wish it was Monday..." As soon as she said that, everything started to rewind. "Oh my God. What in the world is happening? I-I think I just, changed time."

"W-WHAT?!?!?!"

"Shhhhhhh! You're going to draw attention!"

"S-sorry…" "It's fine"

"It's fine." "OK. I just ch

"OK. I just changed time, so nobody will know about your flame thing or whatever and I didn't miss my big test! Now come on. We need to walk out of here like nothing happened."

"OK," Diana said back.
As they both walked out of the toilets, they both ran to class. "Oh my God. I can't believe that that just happened," Darcy said to herself.

(Part Two coming soon)



Husband School

My wife wants a divorce but I don't. She says if I learn how to be a better husband she'd reconsider, but I don't have a clue. Is there a school for husbands?

- Richard Head, Suffolk Park

by Uncle Norm & Aunty Maj



Research shows that married men live longer than single men, so for goodness sakes do something! You must find a way to re-open the door to her heart. No matter what type of relationship you are in or what gender you relate to, there are certain things we can all do to help our partner feel loved.

A big event might be the last straw but it's usually the minutia wearing you down over years that erodes happiness. Can you actually train a man to pick up his dirty clothes? Can you teach someone how to be romantic and generous and fulfil your love needs? I don't know, but here are some tips:

Make an effort on important dates: birthdays, wedding anniversary and Mother's Day. Put reminders in your phone early January of each year and do something special. Put your phone down at the dinner table and talk with her, not at her. Listen interestedly and ask questions. Don't take it for granted that she will always be there. And don't drop her the minute your phone pings.

Upgrade your looks. Women look nice for their men because they know he enjoys her beauty so why shouldn't you make an effort for her? Occasionally get out of your shorts, t-shirts and thongs and wear some of the nice clothes she's been buying you for years with zero appreciation that are stuffed at the back of the wardrobe.

Be vigilant about dental hygiene. Holiday together regularly, for this is where many of our happiest memories are made. Make a list of things you love and appreciate about her and make a point of telling her one thing every day. Swallow your pride and open your mouth. Your future depends on it. Hug her more. Give her a 10 second kiss when you part.

Tell her the magic words "I love you" at least once daily. See a counsellor. Seriously, it will be much cheaper than a costly divorce.

"All that a wife or husband really wants is to be pitied a little, praised a little and appreciated a little." – Oliver Goldsmith.

HE says

ichard, what have you done? My guess is not much of any consequence which might be why you're in the dogbox. I can only assume you haven't been spreading your not so wild oats around, so your crimes and misdemeanors are most likely of a domestic nature, ie you're not very domesticated.

School for husbands? Are you serious bro? Actually, there was a play written by Moliere in 1661 called *The School for Husbands* which he followed up a year later with *The School for Wives*. Both were farcical comedies which says a lot.

The thought might appeal at a certain basic level, but you can be sure it will not cover all those lurid, smutty areas of marriage that we blokes would hope for. No, it will probably involve a lot of role-playing exercises and tips on cleanliness and toileting. In fact, if you went to doggy school, you'd probably learn the same things. Sit, stay, roll over, stop barking, don't do your business on the floor and come when you're called.

Dick, it takes work and willingness to learn new ways and a determination to let your wife know you really do love her and want to be with her. But how to do this? I know! Ask her.

"I support gay marriage. I believe gay people have a right to be as miserable as the rest of us." – Kinky Friedman

Send your relationship problems to:

normanappel@westnet.com.au

Connecting communities

by Leanne Logan

hen the Book Fair invitation came from Barkers Vale Public School, we at Cawongla Playhouse were excited.

"As opportunities open up to invite community organisations into our school to reconnect or make new connections, we are making every moment count," Barkers Vale principal Danielle Haywood explained.

So a troupe of pre-schoolers, Mums, Dads, grandparents and Cawongla educators arrived at the gate of Barkers Vale school, ready for the known and unknown.

The welcome was warm, insightful and responsive. We were told stories, created windows into the world, toured the school, bought and were gifted books and toys, and sat and chatted.

Later that day, when we reflected on our visit. There was lots to be said.

Albie, 4, commented: "I liked it 'cause it was fun. We had so much great fun looking at stuff."

Anishka, 4, agreed: "Fun!" For Sophia, 4, it was what she did: "I really liked the monkey bars and the slide."

Bodhi, 5, excitedly waved a book: "I bought a unicorn diary!"

Mal, 4, thoughtfully responded: "I got to have a book. I got to have a little car. I got a thing to change the weather."

For Finn, 4, it could have been a life-changing visit. "I'm going to that school when I'm older. It's a music school. It's got three classrooms and one



library and an office."
For Cawongla Playbo

For Cawongla Playhouse director, Stephen Gallen, it was connecting with the wider community in an education space that he valued most: "That we are part of a bigger community. Talking with past children. It was a lovely chance to connect."

Cawongla educator, Kim Clothier, on her first visit to Barkers Vale school, said it reflected the circular nature of education.

"I think it would be a great place to learn in. The architecture is really impressive. I like that it's round. When people come together, they come together around each other, and learning is a circular process. There are past students who are now teachers. Children here going there. It felt like a cycle continuing," Kim said.

So thank you to all the staff and students at Barkers Vale Public School, for reaching out and making us so welcome.

Science and nature

by Akash Pett

s part of our science and gardening program, Barkers Vale Public School students explored acidity and alkalinity using homegrown butterfly pea flower as an indicator.

They were amazed to see the colour of the solutions change when lime and bicarbonate of soda altered the acidity.



K-6 Terania District Cross Country

by Tiffany Whitelaw

What a start to the term! A true Cross-Country experience.

On Friday 29th April, Nimbin Central School students from Kindergarten to Year 6 travelled by bus to Caniaba Public School to participate in the annual Terania District Cross Country.

The students and the staff had a fabulous day, with everyone getting very wet and many students bringing home very muddy shoes and socks.

The students got the opportunity to run in the rain, through cow paddocks



and many mud puddles. The students showed true grit and resilience by completing the course even when they may



have needed to do so with one shoe.

As a result of a fun day, we have seven students now



moving to represent Terania District at the Zone PSSA Cross Country to be held in Casino on 3rd June.

We wish them every success and hope that it will be a drier track.

Monday to Friday 8.30 am - 4 pm Now enrolling Nimbin Preschool Showgrounds, Cecil Street 6689 1203

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by Gwen Trimble

CAREFREE CEREMONIES

Brisbane art excursion











by Piaf Rengger Thorpe

t the end of a very long and tumultuous Term 1, we finally managed to take the Nimbin Central students to Brisbane for the

The trip up gave an interesting insight into the damage done by the floods. Students and teachers were shocked at the state of the roads.

Putting that aside, we were all excited to go on an excursion, and to add to that it was a lovely warm, sunny day.

Our main focus was attending the Queensland Gallery of Modern Art to view the 10th Asia Pacific Triennial of Contemporary Art (APT10).

The exhibition consists of more than 60 artworks created by over 150 artists from over 30 different countries, displaying a diverse sense of culture and range of topics.

The students loved wandering through the gallery and exploring the different concepts presented.

Students then enjoyed the rest of the day in Brisbane before the long bus

Nimbin Crossword Solution



0 | U | T | B | U | R | S | T | S |

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Spotlight on Nimbin Headers women

imbin Headers celebrate Female Football Week in May with these stories of two long-time members of the Nimbin Headers Women's team.

Phoebe Torzillo:

Joining the Nimbin Headers Women's team in 2017 was an unexpected turn of events for me. I was a mid-thirties mother of two who had never properly played sport in my life.

In primary school in Queensland, I was relegated to Goal Defence, and wandered around the netball field gazing off into the distance, startled when the ball came near me. As a teenager I graduated to elaborate, creative excuses, and barely broke a sweat for 12-plus

After moving to Nimbin, and a few years of not-so-gentle encouragement by local women, I came down to try training in 2017. The kids were old enough to stay home and I'd worn out my excuses.

Soccer fever hit me with an embarrassing and complete fervor. I went from lukewarm to obsessed within the space of one 90-minute game. I couldn't kick, run, my arms flailed like a windmill and I had no idea where I was supposed to be, and the rules were opaque. But it



was love. I finally understood what had eluded me for years, the reason anyone would wear themselves out running back and forth in the sun: total, complete, absorbing fun.

It turned out I was competitive, and, to my surprise once the cardio kicked in, also kind of a fast runner. On a good day I could give an 18-year old some competition, which was as gratifying as it was unexpected.

I think my enthusiasm counted for a lot in that first year, as did playing with a very competent, endlessly encouraging team, who gave me lots of chances. It turned out to be a year we won a lot, going through to the grand final in the 4th division.

Four seasons later I've had a chance to try most positions on

the field, scored a few goals and spectacularly missed many more. I still play like a maniac for 15 minutes and an empty sock for the rest of the half. I've only just started to work out how to do a corner kick, and on the field I fail as often as I succeed. But those successes are the sweetest nectar.

I watch the women's UK super league every week, know my Messi's from my Salah's, and have an opinion on whether or not that should have been a foul.

It has turned out the game is only half the sport. It's the friendships, the community, the encouragement, the understanding, and the shared passion. The intense gratitude for a coach or a sub or a great pass. It's everyone giving their all, not just on the pitch but in all the ways that

it's hard to play - to make training, to travel, to recover from another damn injury, to carve out time for yourself from work and family. But we keep doing it because we love it

Go you Headers, with my whole heart, Thank you.

Anna King:

Back in 2011, when I was in my mid-40s, I was excited at the prospect of playing soccer. My sons both played and I was drawn to the idea of doing something they were doing and so I began my soccer playing years. That first year it rained a lot and the fields were closed week after week.

We were a new team so we decided to train in a local paddock where goats roamed, until we moved to the Showgrounds and eventually over to the Headers

I was not very good and had never played before, but the team was very encouraging, and our very experienced and supportive coach Bruce Hatfield was really fun, and I was hooked. Though I often missed the ball when going in for a tackle, I began to love the freedom I felt when running (as my fitness improved).

Since then I have played every year, and have seen my skill level and ability improve. Now, 12 years later, my boys have grown into men and I'm looking forward to another



year of fun and fitness.

I love the way we work together as a team and how supportive we are of each other and our efforts, the beautiful view from the soccer field, the people I've met and the friends I've made. I have found the blast of activity blows out the cobwebs of stress or lethargy and clears my mind for another week of engaging

So if you'd like to play but think you never could, I want to say you probably could! I had never played soccer, was not particularly young, had a demanding business and two boys to bring up.

It's been a fabulous experience to be part of the Nimbin Headers Soccer Club and especially to be one of the fabulous Headers Women. Bring on the 2022 season. Maybe I will see you there.

Psychic Development

with Magenta Appel-Pye

fter 10 years of writing 'The World According to Magenta Appel-Pye' it's time for something different. I want to use this privileged space to help people in the best way I know. The world is changing and, for me, developing spiritually is the most important task now.

As a Transylanian/Irish thirdgeneration medium, I've studied the esoteric since I was 13 years old when I first sat in with my mother's group.

Eventually I became a psychic healer which was like finding my true essence and doing what I was born for. People kept asking me to run Psychic Development classes.

I'm a music teacher and I know how to teach. However this subject was stepping right outside the box, especially my comfort zone, because some people don't even believe in such

They kept asking so I started teaching

when I was 50, just old enough to be a crone I thought. Wonderful, fascinating people ranging from 83 to 18 years of age came and went over the many years.

Those classes left us so high and lightfilled, it was a constant joy and honour to be doing that work. I loved reading, researching, meditating and developing the lessons over time and learnt much in every class as we expanded our consciousnesses together.

And so I offer to you, dear reader, my new column about Psychic Development. I do hope you enjoy it.

Protector Guides

When we are particularly stressed and things are difficult, it is very helpful to know about and call upon your protector guide, your spiritual bodyguard. Protector guides help us repel and dissipate negative energy in our environment.

However, your guides can't do anything without your permission. You have to remember to ask. Call on your protector guide or whoever it is who helps you to clear yourself. It is good



to do this shielding every day. As soon as you wake up, spend a few minutes asking your guides for help.

Don't trust what I say, try it for yourself and notice the miracles that happen during the day. It will be enough for you to realise there is something to this. You feel a lot better when you know that you have spiritual protection.

Until next month, stay safe.

magentaappelpye.com

Masters Games postponed

The popular Lismore Workers Masters Games has been postponed until next year due to the on-going effects of the 28th February natural disaster and the March flood, as well as the continued poor weather conditions.

The 12th Lismore Workers Masters Games was to have been held from 23rd to 25th September, with participants and spectators coming from across the

Lismore City Council General Manager, John Walker said the decision to postpone the games was made after consultation with various sporting organisations.

"It was a disappointing but necessary decision," he said. Much of the Council infrastructure that supports the Games, such as Oakes Oval and Albert Park, sustained significant damage from the two major floods, and many sporting organisations have been forced to focus on their own recovery.

With the on-going rain which has only just eased, sporting groups have said that they haven't had time to train and prepare for the games.

"The social and economic impact the event brings to Lismore is significant, and I want to assure the community that the Masters Games will return next year, bigger and better," Mr Walker said.

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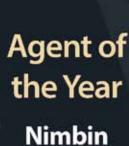
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\$985,000 Agent John



902 Jiggi Rd, Jiggi

A beautiful quiet location with unlimited rural vistas. Low maintenance of a quarter-acre (1000m2) block, brick and tile home, covered outdoor entertaining space overlooking inground pool.

\$735,000 Agent Sam



19 Alternative Way, Nimbin

Spacious family home or flood free investment. Short walk to Village school and shops. All new kitchen appliances. Town water/ sewerage Excellent internet coverage.

\$550,000 Agent John



130 Bolzicco's Rd,

Cawongla 1 1 3
For those looking for the ideal weekender this 7.5 acre parcel of gorgeous elevated country side will provide endless opportunity Current owner has all the materials ready to go and an extensive list of timbers and fittings are included inthe sale.

\$665,000 Agent



7 Cecil St, Nimbin

Set in the elevated end of one of the best residential streets. Spacious Bungalow is on a generous 516m2 block. In original condition and ripe for a renovation. Large backyard space for any extension.

By Negotiation Agent Sam



265 Martin Road,

Larnook Situated in the Community of Billen Cliffs, this strata 2 acre block is a sustainable gardeners' paradise. There's a comfy 1x bed 1x bath dwelling, with a second bedroom being located in a detached studio.

Contact Agent Jacqui



2466 Nimbin Rd, Nimbin

Lovely solid brick executive residence. Beautiful view of Nimbin Rocks and huge undercover entertaining area. 4-bay machine shed - a must for true country living. Fenced pasture and small creek running though

\$1.2m Agent John



Terania Creek: 88 Acres

Spacious country home with huge converted dairy bails for extra accommodation or income. Elevated and private with valley views. Stunning creek with private swimming holes and waterfalls. Ample parking and storage offered by large machinery shed

\$1,550,000 Agent Sam

SOLDS

209 Billen Road, Georgica \$730,000 - Sold by Jacqui 145 Gungas Road, Nimbin\$860,000 - Sold by Sam Boorabee Creek Rd, Boorabee Park \$50,000 - Sold by John 6 Beith Street, Casino \$420,000 - Sold by Grant

Sam

FEATURED PROPERTIES







74 Rose Road, Nimbin - 50 Acres

Luxury, carbon neutral, designer home overlooking manicured acres Elevated with 180 degree views to Nightcap and Whian Whian National Park Lilly filled spring fed dam, multiple paddocks and yards for livestock Short drive to local tayern, shops and schools at The Channor

EXPRESSIONS OF INTEREST Agent: John







42 Basil Road, Nimbin

This 1.25 acres of terraced land boasts a home that is creatively quirky whilst being comfortable and well appointed. Featuring a high pitched roof, exposed timber beams, the open plan lounge and dining area flow into the kitchen. Stained glass features and wide north facing verandahs take in the colourful flowering gardens and valley below.



\$899,000 Agent: Sam

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