

# ASTRO forecasts



by Tina Mews

what's happening  
in the heavens?

## Aries

Mercury transits your solar house of relationships until September 24 and again during October 8 - 22 initiating a process of re-negotiation. In your personal relationships you might find what has been left unspoken needs to be given a voice or your partner might engage you in a clarifying conversation airing their differences of opinion. Be careful not to jump too quickly to conclusions. Instead try to listen and understand what the other has to say.

## Taurus

Mercury will be retrograde from Sept 10 until early October. Beware possible miscommunication especially at your workplace. If you feel energetically depleted, consider becoming more flexible and reworking your routines. Health issues have to be addressed and it is the time of the year to take good care of yourself on all levels.

## Gemini

You might feel indecisive about what to do next or you might even experience a phase of blocked creativity. Use this time of review for reflecting on your purpose and creative potential. Be open for new inspiration coming toward you. With Mars in Gemini until March 2023, there is lots that can be done once you have decided on your priorities and step-by-step approach.

## Cancer

The Mercury retrograde energy evolves around home and your relationships with those close to you. This could be a good time for a journey down memory lane. Create your own healing space when allowing yourself to delve into the past. Clear old hurts and unresolved relationship issues. Use this period for renewal and regeneration.

## Leo

Cooperation and communication in your relationships plays a key role right now. Try to remain open to avoid misunderstandings while Mercury is retrograde (Sept 10 - Oct 2) and reflect on your philosophical beliefs or code of ethics. Make sure that you have understood the other person's view fully before making judgements. Like always when Mercury is retrograde, travel plans could be delayed.

## Virgo

This is your time of the year where new impulses can be set. Nevertheless, Mercury is traveling through its retrograde loop sending a strong signal that it is time for reflection, review and for getting rid of some clutter, may these be actual things, thoughts or feelings. Revisit your values and needs so that they align with the reality that you are living in now. What do you really want to achieve and what is important to you?

## September

**T**he Sun journeys through the sign of Virgo until the equinox on September 23. Virgo is analytical, pragmatic and concerns itself with health, healing and the right cure for an illness. Virgo likes to remain on rational ground dedicated to research, preparation and attention to detail. During the following weeks we are reminded to take good care of ourselves while helping others who are in need. Pisces is opposite to Virgo. The Virgo/Pisces axis describes the way we attend to the daily necessities of life, not just for our own sake, or to earn a living (Virgo), but in the service of something which we find meaningful (Pisces). Until Virgos can see the whole picture (Pisces), they may feel that anything they try to achieve remains imperfect and inadequate. Mercury is the ruling planet of Virgo, signalling our capacity to think, speak, learn and reason.

This month begins with Mercury in Libra forming an opposition to Jupiter in Aries. A balanced viewpoint is essential for maintaining peace and harmony in our interactions with others. The danger lies within making premature or one-sided judgements and jumping to conclusions without knowing the whole story. During this entire month all outer planets from Jupiter through to Pluto are in retrograde motion, followed by Mercury turning retrograde on September 10 until October 3. It signals a time of review and evaluation of the past few months while the possibility of misinformation, misunderstandings and delays is increased. Some more surprising news might be revealed during this period which could be the spark for an important turning point that will influence the events during October (eclipse season) and beyond.

Since the beginning of 2020, life has changed dramatically and we are still in the process of picking up the pieces and finding our way into a new reality that is shaped by uncertainty. Many people in Australia are still traumatised by the bush fires of 2019 followed by the recent floods. In a wider sense, we are experiencing the failures, flaws and collapse of old belief systems while life urges us to open up towards new ideas and viewpoints. Meanwhile, fresh impulses have been seeded and need to be further developed during 2023 and beyond. The astrological signifier for this current process of reorientation is the waning Saturn/Uranus square; it exacerbates the tension that exists between past and future, the old and the new. The current cycle started in 1988/89 and will end in 2032. The Saturn/Uranus cycle has been associated with the development of the western-democratic-capitalist systems with its liberal and neo-liberal narrative and free market agenda. The waning square symbolizes the 'autumn' of the cycle revealing the fruits of the last three decades, including its shadow side, weaknesses

and consequently its areas of decay. The cosmic call is now to learn from our collective history and open up to reform while making space for fresh impulses and visions that will manifest over the years to come.

The New Moon in Virgo has already occurred on August 27 in square aspect with Mars in Gemini. Mars will remain in Gemini until March 26, 2023. This is an exceptionally long period for Mars in Gemini as the planet of action and confrontation is preparing for its once every two-year retrograde cycle starting by the end of October. Mars enters his retrograde loop on September 4 before he turns retrograde on October 30. Whatever we start now as new activities or developments will have their final outcomes in the early part of 2023. It seems to be timely for clearing the path ahead and releasing old baggage in preparation for a new chapter.

The Full Moon on September 10 occurs in Pisces and is widely conjunct Neptune emphasising our ability to imagine, dream and be creative. Neptune helps with soothing past pains and softens differences. The Full Moon coincides with Mercury turning retrograde offering the opportunity for a friendly talk and but equally also for more misunderstandings and disappointments. Mercury retrograde is in Libra, the sign of relationships, until September 24 when Mercury re-enters Virgo signaling a three-week period for evaluating and revising our ways of communicating and cooperating with one another. We might focus on building bridges and mending our differences. The Sun in Virgo forms a supportive trine with change-orientated Uranus in Taurus and might surprise us by revealing new openings. Breakthroughs and liberating shifts in our relationships are possible during this Full Moon period.

The New Moon follows two weeks later on September 26 in Libra forming an opposition to Jupiter in Aries while Mercury retrograde in Virgo is in opposition to Neptune retrograde in Pisces. Neptune is retracing its steps from the Jupiter/Neptune conjunction of last April providing us with an opportunity to recall our vision and dreams from that time. What have we been able to realise and what has proven itself as an illusion? It might be a moment in time where 'fake news' become an issue again and we are challenged to discern between truth and misinformation.

### Navigation by the stars:

Personal and/or relationship Astrology; life cycles and your year ahead; Plans, directions, concerns for 2022/23; contact Tina on 0457-903-957, in person, zoom or skype consultations; email: star-loom@hotmail.com Gift vouchers available.

### Astrology for Beginners, Part 1

A 7-week course, starting Thursday, September 1st - October 13th, 10.30am - 1.30pm at Lillifield Community Centre, 4505 Kyogle Road, Wadeville. Information and registration: 0457-903-957 or email: star-loom@hotmail.com

## Libra

When you set your intentions for the months to come, consider that Mercury will be retrograde from September 10 - October 2. This means that you cannot push ahead but rather allow things to develop. Remain flexible as there might be some corrections to plans and incentives as you move along.

## Scorpio

Not an easy Mercury retrograde period for relationships (Sept 10 - Oct 2). Lots is still in the dark which makes it difficult to plan anything with certainty. You might find this lack of control as stressful and unsettling. Try to be more flexible and take some time out for recuperation. Release and recharge your batteries. Fresh energy will soon be flowing in.

## Sagittarius

This Mercury retrograde period (Sept 10 - Oct 2) might be good for re-grouping and re-connecting with some good old friends but also with old dreams and visions. You might also find out who your real friends are, possibly leaving some connections behind. Take it as an important time of revision that assist you in realigning yourself with your true calling.

## Capricorn

This Mercury retrograde period (Sept 10 - Oct 2) can be helpful for reviewing your life direction, for re-orientation of career plans and for re-marketing your public image. Reflect on what you would like to achieve and whether you are on the right path. It is not a good period for making lasting decisions or signing important contracts.

## Aquarius

Make use of this Mercury retrograde period (Sept 10 - Oct 2) for re-examining your philosophy of living. Your beliefs about the world co-create your experiences. Take some time to re-visualise where and what you want to be, especially if you have forgotten some of your dreams along the way. It is time to re-imagine the future.

## Pisces

The Full Moon in your sun sign coincides with Mercury turning retrograde and may highlight the need for a friendly talk with your own demons - or your daimon! What is the difference? Demons are associated with your deepest fears while the daimon is the guardian angel leading you towards your calling. It might be one and the same as our biggest challenges are also our greatest helpers when it comes to following our destiny.

**Star-loom**  
Navigation by the Stars  
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### What matters for you in The End?



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and where you will  
pass away...*

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# Unravelling

by Marilyn Devlin

What a time... it's hard to find myself within it all, let alone make sense of anything. Well, I do keep excavating the well... the passion for healing and making things whole again can take you places you wouldn't volunteer for. You're never the same again.

It's Virgo time. For me the completion of yet another journey around the Sun. They never disappoint... their wildness and refusal to play by your rules. "What rules?" Life spits out. You open the box you get what you do. You want to know... you have to follow my lead. Yes, the treasure is there... will you continue? Are you ready to let go? Let it all fall away... and remain with what's left? That's where the treasure is buried.

The unravelling's been insistent. You say yes and the game is on. You don't get to pull out... half way through. That creates all kinds of dysfunctions. Dysfunctions we don't need... only the truth. Only what's real, steady... here for the long haul. You don't give your passion to just any old thing. It's a prize to be held in the highest holding.

We see all the pictures, we hear all the words... blah, blah, blah... the record repeats. We wanna get off, it's making us dizzy. The repeated loop of round and round. Where do we take a stand? Say no more.

Gently, gently... yes. We're not machines. We're not made of metal... raped from the Earth. We're created from holiness, wisps of tender... eternal knowing. Love incarnate. But we get lost and confused. We lose our way. We call out. We come to find our self. We're the master of our own terrain.

It's hard sometimes... and in a way that's OK... 'cause we get to feel all the feels. The more we can feel... the more we get in touch with what's really going on inside of us. It can be a mystery if we're living in our head. Our body holds the treasure... the deep buried secrets... the places you're too scared to go alone. She never abandons you... is with you for the long haul. You can trust her... even when things feel confusing. She'll never let you down. She loves you more than you know.

We've become erect and proud... tainted by waves of worldly stuff. Inside we rest... waiting, longing to be acknowledged... calling, pleading to be taken home. It's cold and lonely outside.

There's no place to run... only deeper places to be. We're powerless in some things... yet Masters of Sovereignty in others. We're irreplaceable... each and every one of us. It's worth it to keep trying... giving up is not an option. It's the absolute antithesis to Life's encouragement.

Everything we feel is okay. We need to feel it all. All of it. Yes it can feel like it's cutting you open... revealing tenderness you never knew was there. But strangely it feels good... that vulnerable place inside. The power of vulnerability... who would have thought. We've spent so long defending... armoured and ready to fight. We've needed to... but then it became who we are. There's another place to be.

It takes time to get acquainted. Living without that sword in your hand... can feel scary. You remember what happened before. But this is not before... this is now. And yes we're never in the exact same spot again. We're new in every moment. Everything's new every moment...

Gosh... if we could only capture that.

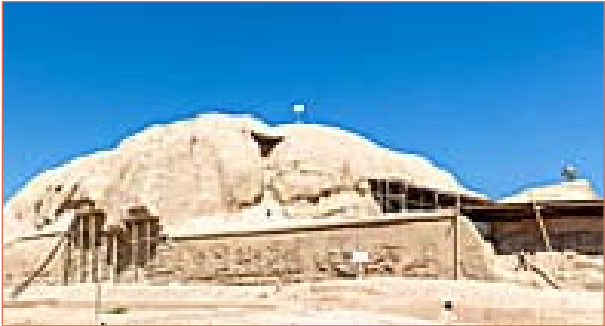
As 2022 opened... a word appeared... one that invited me to follow. It was new. So I set it up on the mantle... in its own frame and holding. Wanting to get familiar. That word was Integrity. I've no idea how much I really know about her. But I opened a door. I said yes. That's all we can do.

Travel well.

# Nimbin Trivia Time

by Eclectus

## Questions



1. This is Tepe Sialk, regarded by many experts as the oldest ziggurat (stepped pyramid) known to the modern world. Archaeologists postulate that it was built by people dubbed the Zayandeh River Culture who thrived 8,000 years ago, around the time of the Sumerian and Indus Valley civilisations. In what country is this construction and was it built 7,000, 5,000 or 3,000 years ago? (Photo: Diego Delso, courtesy wikimedia.org)
2. Calypso, Kensington Pride and R2E2 are all varieties of what?
3. Taiwan (Republic of China), much in the news of late, is home to around 24 million people while Australia's population is around 25.5 million. Is this island democracy roughly half the size of New South Wales, Tasmania or Victoria?
4. What things can be known collectively as a catch, draft, draught, drift, fry, haul, kettle, nest, school or shoal?
5. At this year's Commonwealth Games, Oliver Hoare won gold for Australia. He defeated a Kenyan and the world champion Scot in a sport boasting, perhaps, the strongest field of any event. What was the sport? Hint: The last Australian to win this event was Oliver's grandfather in 1958.
6. Which is which? Each of the words peridot, peripatus and periwinkle fits within animal, mineral or vegetable. Take a bonus point for naming which one fits two categories and what they are.
7. Italian cheeses Parmigino Reggiano and Grana Padano are in a constant regional tussle for preference. Are they made from the milk of cows, goats or sheep?
8. Two pieces of music written about 100 years apart (a waltz by Johann Strauss II in 1867 that became the second national anthem of Austria and a country pop song by Roy Orbison and Joe Melson in 1963 which became Linda Rondstat's signature tune) both refer to rivers. Can you name these pieces of music for a point each?
9. Which early 60s cartoon character just celebrated his 60th birthday on 31st July? Hint: wife will be Jane, daughter will be Judy and son will be Elroy.
10. In the second half of the 19th century, Texan, Samuel A. Maverick lent his name to what sort of animal?

Answers

1. Tepe Sialk was built in modern day Iran about 5,000 years ago

2. Mango. Tree ripened Kensington Pride are widely considered to have the best flavour.

3. Tasmania.

4. Fish.

5. Coming into the final straight in fourth place, Hoare powered on to the win the 1500m track event.

6. Animal is peripatus, a velvet worm (Peripatidae family). Mineral is peridot, a light green gem quality olive mineral. Vegetable is periwinkle, a herbaceous plant of genus Vinca or Catharanthus. Periwinkle is also a marine shellfish (Littorina littorea), so it also fits within animal.

7. Cows.

8. The Blue Danube and Blue Bayou.

9. George Jetson. He was more modern than tomorrow 60 years ago. More modern than our tomorrow as well.

10. More cows. Samuel A. Maverick (1803-70) did not brand his cattle so maverick came to mean an unbranded calf and grew to be synonymous with rebel.

Nimbin Crossword

2022-09

by Novata

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- Across
1. Bay at which music and writers' festivals abound (5)
4. Town with annual protestival, postponed to September this year (6)
8. Slope or hillside (4)
10. Hindi courtesy title, like Mister (4)l
12. Does Russia want Ukraine to return to the Eastern ? (4)
14. Terrestrial ferns, in family Polypodiaceae (12)
19. Internation organisation supports recovering alcoholics (init.) (2)
20. Abbreviation for tin (2)
22. Animal chemistry (12)
26. Life in poverty can be (12)
29. Basic unit of money in both Koreas (4)
30. Hurl or thrust violently (4)
32. Militant organisation of Irish nationalists (init.) (2)
33. Gone are the days of \_\_\_\_\_ politicians; those we can rely on? (7)
34. Island between Isle of Skye and Scottish mainland (6)
- Down
2. City2Surf: annual fun run; also a competitive (4)
3. Take special attention (init.) (2)
4. Midway between North and East (init.) (2)
5. Messianic leader who, according to popular Muslim belief, will appear before the end of the world and restore justice and religion (5)
6. Set of international examinations intended to qualify successful candidates for higher education in several countries (init.) (2)
7. Nil, naught, zilch (4)
9. Trendy clothes intended for exercise (and often for café meetups!) (10)
11. Being present, or seeming to be present everywhere at once (10)
13. Not divisible by two (3)
15. Extremely small (4)
16. Abbreviation for sodium (2)
17. Luminous cotton garment traditionally worn by Muslim women in Northern Africa and the Middle East (4)
18. Former southern African kingdom (8)
20. Dry white Italian wine from Verona (5)
21. Along with English, the official language of India (5)
23. Thanks! (2)
24. Systems of religious beliefs and rituals (5)
25. Organisation not part of the local, state or federal government (init.) (3)
26. Lots of this all over our cars at the moment! (4)
27. Burn slightly and superficially so as to affect colour (4)
28. Midway between North and West (init.) (2)
31. Personnel department of an organisation (init.) (2)
32. Card or badge used to identify the wearer (init.) (2)
- Solution: Page 33

Has your Hot Water System been checked lately?

Ever heard of a Sacrificial Anode?

A sacrificial anode is a vital part of your water system, and having it inspected can be the difference between an efficiently working system and a costly replacement.

Manufacturers recommend that you maintain the anode in your system in order to prevent damage from rust + corrosion. After its 5th birthday – warranty expires.

THE ANODE IN YOUR SYSTEM SHOULD NEVER BE ALLOWED TO CORRODE AWAY, WHATEVER TYPE OR BRAND OF SYSTEM YOU HAVE – Solar, electric, gas or heat pumps.

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Original Anode

Cutaway section of a typical electric hot water heater



# Kindergarten 2023 enrolments

by Fiona Campbell, Kindergarten teacher

If you are looking to introduce your child to kindergarten next year, make it a fun and positive experience! At Tuntable Falls Community School, your child will continue to be inspired by this wonderful world and the treasures it holds.

We are an Independent Community School, governed by an invested board of committee members and a wonderful school co-ordinator. Kindergarten classes are offered from Monday to Thursday, 9am to 3pm.

The class is open to just ten students each year. Starting school in a small class is reassuring for both children and parents. A small group allows children to make more independent choices. These genuine experiences can contribute to your child's confidence and help to develop a positive attitude towards learning and socialising.

Our students have opportunities for exploration, investigation and for self-directed learning through play. Learning through play is an important part of kindergarten, made all the more exciting by the beautiful forest setting out the back door of the classroom.

We integrate learning experiences into

the environment as one of the many ways to ensure all children have gained access to understanding new concepts.

Our specialised teachers model their passion and expertise in learning areas such as circus, sustainability and environmental education (SEE), and science, technology, engineering, art and mathematics (STEAM). Our educators believe in supporting students to gain knowledge through their interests, empowering them with self-confidence and independence.

Many adventures are delivered through our thoroughly engaging learning programs, extended beyond the classroom into the garden, the kitchen, the rest of the school grounds, and sometimes the wider community. We also provide our students with professional swimming lessons every year in term four. The students are involved with community events and celebrations, both at school and in our local Northern Rivers communities.

With the younger children in mind, the school's vegetable garden was designed so everyone would be able to participate in gardening, learning, playing and resting within the spaces. The children love the responsibility of their shared garden beds and our beloved



bantam chickens. It is delightful when they proudly munch on their own fresh produce.

The older children help them find all the right tools and take much pride in showing them their own beds of broccoli, carrots, celery and much more. Deliciously healthy vegetarian lunches are provided at school by our wonderful family volunteers.

The recent additions to our magical nature scape playground have been designed around providing children with even more opportunities and inspiration to create social games and improve physical abilities such as climbing and balancing. The children enjoy creative play in the sandpit and experiment with the water pump. There are decorated pathways, bridges, a tunnel, steppingstones and balancing beams winding up through the teepees to a huge pendulum swing.

The garden path is laden with scented herbs, flowers, colours and textures. There are some good climbing trees, as well as crystals, clay,



ochre, and crayfish in the creek.

Our school is small and therefore can be flexible to support individuals. The big warm homely heart of our school community fosters feelings of equality, safety, belonging and connectedness.

There is a bus service available to and from school, which link up to all major bus lines operating in the Nimbin area. Our school holidays align with most NSW primary schools. There is no uniform at the Primary School, although a wide brimmed school hat is provided to each student and necessary safety gear is supplied where required.

To find out more, visit: [www.tuntablefallsschool.nsw.edu.au](http://www.tuntablefallsschool.nsw.edu.au) Contact us on 049-466-619, or email: [tuntableschool@mail.com](mailto:tuntableschool@mail.com) to arrange a visit and collect a Kindergarten Pack to help you and your child prepare for this exciting change.

We hope to meet you soon.

## How to increase breastmilk supply



**Doula Wisdom**  
by Kirrah Stewart

In the early weeks after birth, frequent stimulation of the breasts is essential to establish an abundant milk supply.

If you feel that your supply may be on the low side, try the following recommendations from Lactation Education Resources.

### More breast stimulation

- Breastfeed more often, at least eight or more times per 24 hours;
- Delay the use of a pacifier/dummy;
- Offer both breasts at each feeding;
- Empty your breasts well by massaging/compressing the breast while the baby is feeding;
- Make sure baby is completely emptying your breasts at each feeding.

### Try a galactagogue

Try some breastfeeding safe herbal medicine to help increase supply – ask a herbalist or naturopath, or visit: [www.lowmilksupply.org/galactogues](http://www.lowmilksupply.org/galactogues) for some ideas.

### Manual or electric pump

- Use a hospital grade pump with a double kit;
- Pump after feedings or between feedings;



- Apply warmth and massage before beginning to pump;
- Try "power pumping". Try pumping 10 minutes, resting 10 minutes, pumping 10 minutes and so on, for one hour.

### Parent care

- Increase skin-to-skin time with your baby; relax together;
- Take a warm bath, read, meditate, and empty your mind of tasks that need to be done;
- Reduce stress and activity. Say yes to extra support/help;
- Eat nutritious meals and continue to take your supplements;
- Increase fluid intake – water, teas, hydration drinks
- Receive a massage to help you relax and boost oxytocin.

### Seek professional help

- Keep in touch with your lactation specialist or healthcare provider to

monitor your progress and modify your care as necessary;

- Reach out to the Australian Breastfeeding Association helpline: 1800-686-268;
- Find a local lactation counsellor or lactation consultant that can answer your questions and help with suggestions

### Rule out retained placenta

If you are not seeing improvement and you are still having vaginal bleeding after two weeks, discuss the possibility of retained placental fragments with your healthcare provider. Small bits of the placenta can secrete enough hormones to prevent the milk from coming in.

### Rule out low thyroid function

Have your healthcare provider check your thyroid levels. Low thyroid can affect milk supply.

### Milk supplementation for baby

- Determine the amount needed with your healthcare provider;
- Pump after the feeding;
- Offer the supplement in a way that won't interfere with breastfeeding such as SNS tube at the breast or a cup or spoon;
- Wean your baby off the supplements gradually.

### Other resources

- [www.lowmilksupply.org](http://www.lowmilksupply.org);
- *Making More Milk* book by Marasco and West.

Kirrah is a postpartum doula, masseuse and lactation counsellor supporting families in the Northern Rivers.

To download a FREE postpartum planner, head to: [www.doulawisdom.com/postpartum-planner](http://www.doulawisdom.com/postpartum-planner) This will help you feel more confident in the early days and weeks. Kirrah can also be reached via text message on 0429-308-851.

## Spring brings community renewal

by Marga Helms, principal

It has been two years of isolation. Finally, we can celebrate with families on our school site again. We have been continuing our healing educational task, but something very important has been missing - the community that gathers around a school.

The saying, that it takes a whole community to raise a child, holds so true.

At the Rainbow Ridge Spring Fair and Open Day on the 10th of September, we celebrate the wholeness of community where the virtues and skills of every individual is reflected.

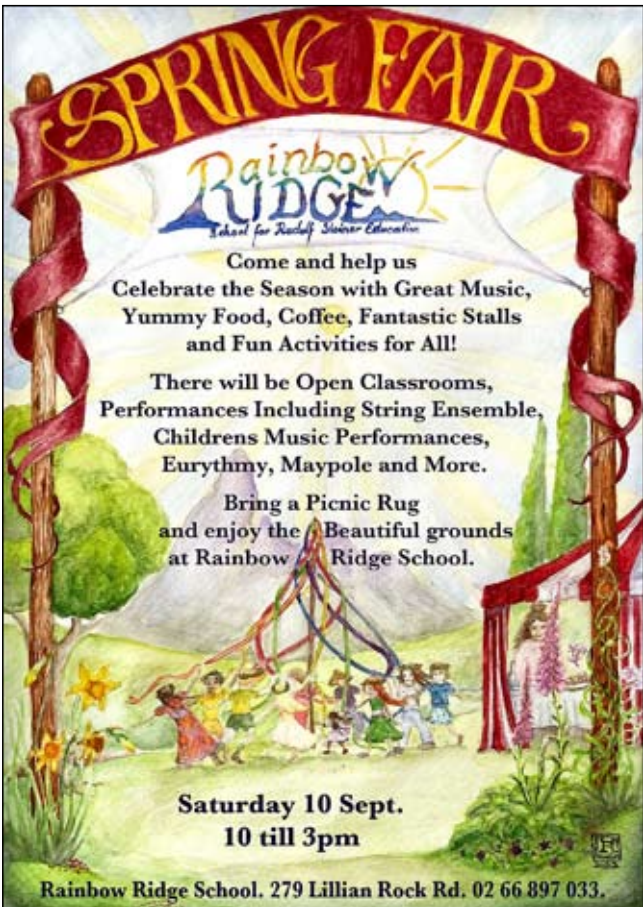
We will start with a Welcome to Country at 10am, followed at 10.15 by a

special treat of an Eurythmy performance by graduates of the Pacifica Eurythmy Program in Brisbane.

Our students will perform with their strings tutor, dance around the Maypole, classrooms are open to look at students' work, and there is time to connect, chat, stroll along stalls with handmade craft, plants, refreshments and enjoy yummy homemade food made by parents.

Please come along on Saturday, 10th September to celebrate the renewal of community at Rainbow Ridge School at 279 Lillian Rock Road.

The poster was drawn by one of our artistic parents, Sarah Stephens-Huddleston, who has been a Steiner School student.





# Nimbin Central School successes



**Bundjalung Day**  
It was with great pleasure and excitement that Nimbin Central School held our Bundjalung Celebration Day on Wednesday 3rd August. There were a variety of presentations and workshops all designed to engage and enrich students with an appreciation of the traditional custodians of the land on which we live, the Widjabul Wiyabal people of the Bundjalung nation. Local elder, Uncle Gilbert Laurie welcomed us with a smoking ceremony, after which we were privileged to hear a keynote speech from artist and winner of this year's Archibald Prize,

Blak Douglas, in which he outlined the process and meaning behind his winning artwork Moby Dickens. Throughout the day, students engaged in cultural workshops on art, movement, and the language and geography of the local area, facilitated by guests and teachers. We were also treated to kangaroo sliders and wattle seed shortbread for lunch. A massive thanks to all our guests and presenters for the day, especially Uncle Gilbert Laurie, Mitch King, the Casino West Dance Troupe and Blak Douglas. You made the day very special for our school community.



**Debating**  
Year 9/10 students had the opportunity to enter the Premiers Debating Challenge. Nimbin Central Team A – Eden Freeman (4th speaker), Jarrah Lumley (3rd speaker), Nevaeh Price (2nd speaker) and Sabyah Ryan-White debated against Nimbin Team B (Team A won), Kingscliff (won) and Byron Bay (Team A won). Nimbin Central B – Connor Hawkins (1st speaker), Obelia Paisson (4th speaker), Ava Robinson (3rd speaker) and Sara Prikulis (2nd speaker) debated against

Nimbin Central Team A (losing by a whisker), Kadina (who forfeited) and Evans Head (losing by 1 point). Students from both teams debated strongly in difficult conditions. In all the debates our Nimbin teams lost the toss and, in all debates, were given the negative position by the opposing team along with very challenging statements to argue against. They are to be congratulated for their equanimity and sportmanship while representing our school in the region.



**Central School Careers Expo**  
On 1st August, Nimbin Central School held its Bi-annual Careers Expo. The event featured a range of guest speakers with 25 stall holders being present. Stall holders included a range of local businesses, Year 5-6 students who had researched specific areas of employment and major



state and national employers such as the police force and defence force recruiting. During the event attendees had the opportunity to talk to stall holders, learn about their businesses and collect relevant materials. We would like to thank all participating businesses for taking the time to assist our students in learning about the world of employment.



Charlie Neenan, Felix Kraft, Daniel Frey and Mikayla Frey

**Students success at Zone Athletics Carnival**  
As both School and Zone Athletics carnivals were cancelled this year, all competitors for the regional carnival had to be nominated by their school with qualifying times and distances in order to compete. A small squad of five students from Nimbin Central School were selected to represent the Northern Rivers at the 47th Regional High School Track and Field Carnival at Walter Peate Oval in Kingscliff on 5th August. Brother and sister duo, Mikayla and Daniel Frey, Felix Kraft, Charlie Neenan and Cooper Levy prepared perfectly for the day of competition. After leading for most of the way, Charlie Neenan was pipped at the post in the 15 yrs 800 metre event. Felix had better luck in the 14yrs high jump with a PB of 1.55m and 2nd place. Cooper Levy went one better with

an outstanding PB jump of 1.75m and 1st place in the 16 yrs high jump. Trying not to let the team down Daniel took out first in the discus, first in the triple jump, second in the javelin and first in the shot put with a new regional record and was one point off age champion. Mikayla was certainly very impressive and was awarded the 13 yrs age champion with second in the 13 to 15 yrs triple jump, second in the long jump behind a new record holder, second in the 100m, first in the javelin and first in the 400m. Felix, Cooper, Mikayla and Daniel will now travel to Sydney to compete in the State Athletics Carnival against the best from across NSW. All five of our Regional athletes demonstrated what the young people from Nimbin Central are capable of, grit and determination, especially when faced with stiff competition.

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### Nimbin Crossword Solution

From Page 31

B	Y	R	O	N		N	I	M	B	I	N			
	A		B	R	A	E	A	B	A	B	U			
B	L	O	C		C		H		D		B			
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# What's not to love about football?



Headers Women's League 5  
Photo: Amete Baume

## Wrap up of the regular season

by Mark Wright

The end of the regular (point score) season is upon us. It has been another disrupted season with rain (not Covid) impacting the number of games played.

Most competitive teams had had the number of games played reduced, or have been playing games twice a week for the last month to make up for washouts.

This year, the Headers fielded two Miniroo teams, grade 8 and 9, two mixed junior competitive teams, grade 12 and 14, three senior mens teams, league 1, 3 and 5, and two womens teams, league 3 and 5.

The junior numbers were down on previous years due to football being a low priority for flood impacted families. This was across the board for all clubs participating in the Football Far North Coast region, seeing smaller numbers of teams in many grades and divisions.

For the Headers this means combining different age groups to field teams in Miniroos and Juniors. Many thanks to the parents and players for their understanding and making the most of the situation.

Despite the impacts of disaster and continuous wet weather, it has been a very successful year for the mighty Nimbin Headers. The Miniroos started with high energy and excitement and this continued through the season.

Training at the Nimbin Central School MPU in the early wet period added novelty and extra enjoyment to their play. It was great to see them buzz around in an indoor space, developing their game. This followed through to the games that were played with high intensity and joyfulness.

Both teams improved over the season, turning losses in the first round, into wins in the second. The grade 12 team was a combination of 10, 11 and 12 year olds and there was a massive 17 players in the



Juniors mixed grade 14

team. This meant a big jump for the 10 and 11 year olds, missing their crucial final year in Miniroos, where they get prepared to full field soccer, with penalty areas and additional rules such as offside.

They coped amazingly well and adapted quickly, starting the season with a win that set them up to play with confidence for the rest of the season. We are so proud of these kids, who have made the semi-finals in their first year of competitive football. Well done Grade 12, you're a lovely bunch that play with respect and by putting in the effort, you have been duly rewarded.

The grade 14's was a combination of 13, 14 and 15-year olds, and found themselves in a super competitive and even competition, with five teams capable of winning the division. They have taken their football to another level this year, as individuals and as a team, passing the ball around opposition teams and beating players one-on-one at will to set up multiple scoring opportunities and converting these to goals in every game.

Averaging over four goals per game and only suffering one defeat, has landed the 14's in 3rd place and for the first time a place in the semi-finals, with a realistic chance of taking out the title.

The senior men fought hard for any victories this season. The league 5 men landed in a division with

by Lishia O'Reilly

We are busy women – partners, daughters, sisters, mothers, aunties – from all walks of life and in all our glorious shapes and sizes.

But come Friday night or Sunday midday we all have one crucial thing in common: a love for our precious game of football!

Those local to Nimbin know that there's not much on offer by way of organised sport in our town. We make do with what we've got: a tennis court and community pool, a skate park and lawn bowls. Pretty good really.

And for most of us with the physical demands of living on a property, that's actually OK.

Playing soccer meets something in all of us: the need for regular exercise, a chance to hang with mates, a rare time out from work and family, and then just simply the joy of kicking ball in the great outdoors!

Sometimes our drive is tested when we have to play on a cold dark, miserably wet night, then make an exhausted schlep over an hour home! But these challenges are what pull us together as a team.

We support jolly and joke so that even the hard times are fun! Then when we get to play a home game

in the sun with all our supporters around, well, life is pretty damn good and we all feel ecstatic just to be playing football.

Both Headers women's teams this year look set to enter the finals in fine form, despite the very sloppy start (almost all our games in the first few months were washed out!) and the challenge of sudden and serious injuries (heartache for those on and off the field).

But true to our gutsy fair play reputation, the Headers spirit is strong and steadfast. Each moment out on the pitch is so treasured, we give it our all, we have so much to love about football!



Juniors mixed grade 12



Miniroos grade 9

some very strong teams at the top and managed to get some wins and draws against the lower and more equally matched sides.

As always, this group plays with the perfect mix of competitiveness and enjoyment regardless of the score, and continue to be a credit to our club.

Our league 3 men have improved as the season progressed. A new team made up predominantly of the Levy and Cox related family, with fathers, sons, cousins, uncles and nephews and a few mates. I've never heard of such a set-up and it has been a bold and successful experiment that perhaps could only happen in Nimbin.

League 1 men had to adapt to losing some key players in the off-season. They have worked hard at training to gel as a team over the season and are finishing strongly, beating the top two teams on successive weekends to give themselves a shot at the semis.



Headers Women's League 3

Currently in third spot, they only need to win their last game to be part of the finals.

Our women have led the way in senior football this year. The league 5 team consistently produced winning performances, to be in 4th place with a game to play, and a real shot at semi-finals football.

The league 3 women have been outstanding, surviving a mid-season slump, brought on by a wave of injuries to key players, to be in 3rd spot with one game to go. Semi-finals are assured, and having

beaten top-placed Mullumbimby in the last two outings, they are finishing the regular season in style and could well take out the title.

With possibly five out of seven of our competitive teams in semi-finals, it would be great if the local community could come and support the teams in their finals football.

Congratulations to all the players, supporters, parents, guardians, volunteers, coaches, managers, match officials and the committee for making 2022 a terrific and successful season.



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<p>\$1,250,000</p>  <p>222 BISHOPS CREEK RD, COFFEE CAMP 4 BED   1 BATH   176 ACRES</p>	<p>\$1,550,000 - \$1,650,000</p>  <p>574 BLUE KNOB ROAD, NIMBIN 6 BED   3 BATH   70.3 ACRES</p>	<p>UNDER OFFER</p>  <p>16 WEISMANTEL ROAD, NIMBIN 5 BED   3 BATH   92.4 ACRES UNDER OFFER</p>	<p>UNDER OFFER</p>  <p>977 JIGGI ROAD, JIGGI 3 BED   1 BATH   92.6 ACRES UNDER OFFER</p>

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AGENCY OF THE YEAR  
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2/229 Lillian Rock Rd  
Lillian Rock 8093sqm  
\$595,000 Agent: Jacqui



**SOLD**  
1117 Tuntable Creek Rd,  
Nimbin 3990sqm  
Contact Agent Agent: John and Sundai



**NEW**  
4 Hillside Drive  
Nimbin  
\$565,000 Agent: Jacqui



**NEW**  
4 Evelyn Way  
Nimbin 4490 sqm  
\$339,000 Agent: Sam



**NEW**  
32/265 Martin Rd,  
Larnook 8093sqm  
\$765,000 Agent: Jacqui



**NEW**  
950 Terania Creek Rd  
Terania Creek 100 acres  
\$1,100,000 Agent: Sam



**NEW**  
112 Homeleigh Road,  
Homeleigh 27acres  
\$1,300,000 Agent: Jacqui



**NEW**  
138 Gungas Rd,  
Nimbin 10acres  
\$980,000 Agent: Sam



**SOLD**  
8/165B Cawongla Rd,  
Rock Valley 2.9 acres  
Contact agent Agent: Jacqui



**SOLD**  
179 Faraway Rd,  
Cawongla 111 acres  
Contact agent Agent: Jacqui



**SOLD**  
38 Cooloon St,  
Kunghur 803 sqm  
Contact Agent Agent: Jacqui



**SOLD**  
15 Cecil St, Nimbin  
\$ Contact agent 2.8 acres  
Agent: John

## FEATURED PROPERTIES



**NEW**



23/1157 Stony Chute Rd, NIMBIN- 2.4 acres  
Price - \$795,000 Agent Jacqui Smith

Overlooking a 90 degree bend in Websters creek, with daring verandahs and tall trees, this home is wild, with style. Over time, past owners have added their distinct touches to the original weatherboard home and the current owner has married them all with his design mastery. No expense has been spared in giving this charming old dame a new lease of life and securing her longevity with the finest of renovations, both structurally and cosmetically



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